



Middle Atlantic Conference

2023-2024

Fact Book

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## ARTICLES OF INCORPORATION

### MIDDLE ATLANTIC CONFERENCES, INC.

(A non-profit corporation organized and existing under the laws of the Commonwealth of Pennsylvania)

In compliance with the requirements of the Pennsylvania Nonprofit Corporation Law of 1988, as amended ("Nonprofit Act"), the undersigned, desiring to form a Corporation for the purposes hereinafter stated, does hereby certify as follows:

#### ARTICLE I

The name of the Corporation shall be the Middle Atlantic Conferences, Inc.

#### ARTICLE II

The Corporation shall be its own register agent and its registered office shall be located at 10 West Road #1013, Newtown, PA 18940. Said Corporation is organized exclusively for charitable, educational, religious, or scientific purposes within the meaning of section 501(c) (3) of the Internal Revenue Code of 1986 (or corresponding section of any future Federal tax code).

#### ARTICLE III

The Corporation is incorporated as a nonprofit corporation under the Nonprofit Act for the following purposes:

- A. To operate as an athletic conference governed by the Presidents of the member institutions, who shall establish and enforce all policies of the Conference.
- B. To stimulate, foster, and promote intercollegiate student athletics as an integral part of the total educational and academic programs offered by the member institutions, thereby enhancing individual and social development as well as academic enrichment.
- C. To legislate, through Bylaws, regulations and resolutions, on all areas of concern to the members in the conduct of intercollegiate athletics under Conference auspices.
- D. To establish Conference championships via playoffs in team sports, and meets and tournaments in individual sports; and to conduct those events under NCAA Rules, and such other rules as the Conference may legislate.
- E. To enable members to fill their scheduling needs through the creation of Conferences, and to legislate the requirements for competition in those Conferences and eligibility championships.
- F. To work together within the NCAA, ECAC, and any other umbrella organizations to which the majority of Conference members might belong whenever there is Conference-wide agreement on issues.
- G. To develop harmony and uniformity of practice in intercollegiate athletics among the member institutions.
- H. To foster and uphold the highest standards of ethical athletic competition.



## ARTICLES OF INCORPORATION

- I. No substantial part of the activities of the Corporation shall be the carrying on of propaganda or otherwise attempting to influence legislation, and the Corporation shall not participate in or intervene in (including the publishing or distribution of statements) any political campaign on behalf of, or in opposition to, any candidate for public office.
- J. Notwithstanding any other provision of these articles, the Corporation shall not carry on any activities not permitted to be carried on by a corporation exempt from Federal income tax under 501(c)(3) of the Internal Revenue Code of 1986 (or corresponding section of any future Federal tax code).

### ARTICLE IV

The Corporation and its members shall abide by the following principles:

- A. Principle of Education. The intercollegiate athletic programs of the members are designed to be a vital and essential component of their general education programs. The academic, safety, and character aspects of the student participants must be considered paramount. The emphasis and style of the athletic programs at each member institution, and on a Conference-wide basis, should be in harmony with the educational standards of the member institutions.
- B. Principle of Amateurism. An amateur student-athlete is one who meets the definitions proscribed by the NCAA, and any other limitations added through the legislative processes of this Conference.
- C. Principle of Institutional Control and Responsibility. The control and responsibility for the conduct of intercollegiate athletics shall be exercised by the member institution itself, through each member institution's President, subject to such guidelines and regulations as may be adopted through the appropriate legislative processes of the Conference. Membership is granted on this basis, and may be continued so long as these principles are adhered to.

### ARTICLE V

The Corporation shall not have the authority to issue capital stock. The Corporation shall be a member corporation, with its initial membership comprised of the following\*: Albright College, Delaware Valley College (now Delaware Valley University), Drew University, Elizabethtown College, Fairleigh Dickinson University-Florham Campus, Juniata College, King's College, Lebanon Valley College, Lycoming College, Messiah College (now Messiah University), Moravian College, University of Scranton, Susquehanna University, Upsala College, Widener University and Wilkes University. Eligibility for membership and the rights, powers and duties thereof shall be set forth in the Bylaws.

\*Note: Upsala College withdrew membership in 1995-1996. Allentown College (now DeSales University) became a member in 1997-1998. Drew University, Juniata College, Moravian College, The University of Scranton, and Susquehanna University withdrew membership in June 2007. Manhattanville College and Arcadia University became members in July 2007; Misericordia University, Eastern University, and Alvernia University became members in July 2008. Hood College and Stevenson University were added as members in May 2011. Elizabethtown College withdrew membership in June 2014. Manhattanville College withdrew membership in June 2019. Stevens Institute of Technology was added as a member in July 2019. York College (Pa.) was added as a member in July 2020. Lycoming College withdrew in July 2023. Wilkes University withdrew in July 2023.

### ARTICLE VI



## ARTICLES OF INCORPORATION

The Corporation is not organized for profit and does not contemplate pecuniary gain or profit, incidental or otherwise.

### ARTICLE VII

The Corporation shall have perpetual existence. Upon dissolution of this Corporation, assets shall be distributed for one or more exempt purposes within the meaning of section 510(c) (3) of the Internal Revenue Code (or corresponding section of any future Federal tax code) or shall be distributed to the Federal, State, or Local Government for a public purpose.

### ARTICLE VIII

The Corporation shall be governed by a Board of Directors ("Board", "Directors" or "Members of the Board"), which shall be a self-perpetuating body concerned with fulfilling the purposes of the Corporation as provided in these Articles. As such, in connection with any matter requiring notice to, the presence of or the vote, consent or other action by members of the Corporation, such requirements shall be satisfied by notice to, the presence of, or the vote, consent or other action of the Board. The Board of Directors shall be comprised of the Presidents of each of the members or any acting or temporary President of a member institution. One-half of the Board shall constitute a quorum. The Board of Directors shall appoint as officers of the Board a Chair, one or more Vice Chairs, a Secretary of the Board, and such other officers of the Board as the Board may deem proper.

No Director of the Corporation shall be personally liable to the Corporation for monetary damages for breach of a fiduciary duty as a director, provided that such provision shall not eliminate or limit the liability of a Director if the Director has breached or failed to perform the duties of his/her office under Subchapter B of the Nonprofit Act and the breach of failure to perform constitutes self-dealing, willful misconduct or recklessness.

The Board of Directors of the Corporation is authorized and empowered to adopt such Bylaws or other governing laws, rules, or regulations of the Corporation as may be necessary to effectuate and implement the provisions of this Article and for the management of the business and the conduct of the affairs of the Corporation, and the Board of Directors may repeal, amend, or modify same from time to time as it sees fit; provided that the same be not contrary to the Constitution and laws of the Commonwealth of Pennsylvania or of the United States. The Board of Directors shall have the power to fix and determine the use and disposition of the funds of the Corporation and to authorize and cause to be executed and delivered contracts, leases, deeds, mortgages, and liens upon the real and personal property of the Corporation.

### ARTICLE IX

No part of the net earnings of the Corporation shall inure to the benefit of, or be distributable to, the Directors or officers of the Corporation, or other private persons, except that the Corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in Article III hereof.

### ARTICLE X

In furtherance and not in limitation of the powers conferred by statute, the Corporation is expressly authorized to carry on its business, hold its meetings in any of the states, colonies or dependencies of the United States, have one or more offices therein, and therein to hold, purchase, lease, mortgage, and convey real and personal property; and to keep the books of the Corporation within or without the Commonwealth of Pennsylvania at such places as may from time to time be designated by the Board of Directors.



## ARTICLES OF INCORPORATION

### ARTICLE XI

The name and address of the incorporator is:

Name: Rocco P. Imperatrice, III, Esq.

Address: Imperatrice & Amarant  
3720 West Chester Pike  
Newtown Square, PA 19073

### ARTICLE XII

These Articles may be amended only by an affirmative majority vote of the members of each of the constituent Conferences of the Corporation. IN WITNESS WHEREOF, the undersigned has hereunto subscribed his name this day of May 3, 1993.



## ADMINISTRATION AND COMMITTEES

### MAILING ADDRESS

10 West Road #1013  
Newtown, PA 18940

### EXECUTIVE DIRECTOR

Megan Morrison  
267-392-6400

[morrison@gomacsports.com](mailto:morrison@gomacsports.com)

### ASSOCIATE EXECUTIVE DIRECTOR FOR CHAMPIONSHIPS AND SPORT ADMINISTRATION

Bryton Curtis  
267-525-6008

[curtis@gomacsports.com](mailto:curtis@gomacsports.com)

### ASSOCIATE EXECUTIVE DIRECTOR FOR COMMUNICATIONS

Jalon Avent  
267-755-9907

[avent@gomacsports.com](mailto:avent@gomacsports.com)

### ASSISTANT DIRECTOR, SPORTS INFORMATION AND STRATEGIC INITIATIVES

Jenna Dickey  
267-525-6070

[dickey@gomacsports.com](mailto:dickey@gomacsports.com)

## ADMINISTRATION AND COMMITTEES

### GOVERNANCE

#### EXECUTIVE COMMITTEE

Fr. James Greenfield, DeSales, Chair  
Ajay Nair, Arcadia, Vice-Chair  
Jaque Fetrow, Albright, Secretary  
Elliot Hirshman, Stevenson, Treasurer

#### ATHLETICS DIRECTORS BOARD

Jack Shafer, Widener, Past Chair  
Sue Kolb, Hood, Chair  
Russ Rogers, Stevens Institute of Technology, Chair Elect

#### MAC SAAC EXECUTIVE COMMITTEE

President - Lola Mejias, Albright  
Vice President - Jaiheem Henderson, Stevenson  
Vice President - Joshua Otto, Lebanon Valley

## ADMINISTRATION AND COMMITTEES

### CONFERENCE COMMITTEES

#### ATHLETIC TRAINERS

Paul Saikia, York, Liaison (2020-21)  
Rick Partsch, Albright, Chair (3)

#### AWARDS

Chuck Edkins, Chair, Misericordia (2016-17)  
Matthew Fenton, Messiah  
Larissa Gillespie, Widener  
Brian Granata, Arcadia  
Janice Luck, Albright  
Dan Mouw, Eastern  
Gracia Perilli, DeSales

#### HALL OF FAME

Geoff Goyne, Hood  
Cheryl Ish, King's  
Gracia Perilli, DeSales  
Stacey Hollinger, LVC

#### SPORTS INFORMATION DIRECTORS

Liaison - TBD  
Matt Fenton, Messiah, Chair (2021-22)  
Marisa Lombardo, Alvernia  
Max Berkowitz, FDU  
BJ Spigelmyer, DeSales

## ADMINISTRATION AND COMMITTEES

### SPORT COMMITTEES

#### BASEBALL

NCAA Regional Advisory Committee: Dave Gage (2024), Michael Scappa (2024); BJ Spigelmyer, DeSales (2025)  
Bill Stiles, Alvernia, Liaison (2017-18)  
Bryan Torresani, Chair (2)  
Kristaps Aldins, Stevens  
Dave Gage, Stevenson  
Jonas Fester, Lebanon Valley

#### MEN'S BASKETBALL

NCAA Regional Advisory Committee: Dan Preussner, Eastern (2025); TBD - Freedom  
Eric McNelley, Eastern, Liaison (2018-19)  
TBD, Chair  
Chris Carideo, Widener  
Willie Chandler, Misericordia  
Rick Ferry, Albright

#### WOMEN'S BASKETBALL

NCAA Regional Advisory Committee: TBD - Commonwealth; TBD - Freedom  
Scott Coval, DeSales, Liaison (2018-19)  
Caitlin Hadzimichalis, Chair (1)  
Megan Haughey, Stevens  
Laura Hogan, Delaware Valley  
Alisa Kintner, Widener

#### MEN'S & WOMEN'S CROSS COUNTRY

Gracia Perilli, DeSales, Liaison (2015-16)  
Chris Wadas, Misericordia, Chair (1)  
Stephen LoBianco, York  
James O'Brien, Lebanon Valley  
Al Weiner, DeSales  
Dale Fogelsanger, Messiah

#### FIELD HOCKEY

NCAA Regional Advisory Committee: Carley Shannon, Hood (2025); Maura Johnston, FDU (2025)  
Cheryl Ish, King's, Liaison (2015-16)  
Meredith Spencer-Blaetz, Stevens (1)  
Robyn Fedor Stahovic, Misericordia  
Katie Fost, York  
Erin Livingston, Arcadia

#### FOOTBALL

NCAA Regional Advisory Committee: Ed Hottle, Stevenson (2026)  
Jack Shafer, Widener, Liaison (2023-24)  
Isaac Collins, Albright, Chair (2)  
Anthony Van Curen, FDU  
Skyler Fultz, King's  
J.R. Drake, Lebanon Valley

## ADMINISTRATION AND COMMITTEES

### MEN'S GOLF

NCAA Regional Advisory Committee: David Boslough, York (2024); Charles Papendick, Stevens (2024)  
Dave Duda, Delaware Valley, Liaison (2022-23)  
Charles Papendick, Stevens, Chair (3)  
Jim Booros, DeSales  
Eric Lamm, Albright  
Thomas Chatfield

### WOMEN'S GOLF

NCAA Regional Advisory Committee: Megan Morrison, MAC (2024)  
Matt Day, York, Liaison (2022-23)  
TBD, Chair (1)  
Darcy Brodmerkel, Misericordia  
Tom O'Connell, Alvernia  
Chris Ramer, Stevenson

### MEN'S ICE HOCKEY

Brett Adams, Stevenson, Liaison (2017-18)  
TBD, Chair (1)  
Dominick Dawes, Stevenson  
Andrew Burke, Alvernia

### WOMEN'S ICE HOCKEY

Brett Adams, Stevenson, Liaison (2018-19)  
Matt Yingst, Lebanon Valley, Chair (4)  
Josh Brandwene, Alvernia  
TBD

### MEN'S LACROSSE

NCAA Regional Advisory Committee: Matthew Brancaccio, DeSales (2025); TBD - Commonwealth  
Jack Shafer, Liaison (2021-2022)  
Matthew Brancaccio, DeSales (3)  
Brad Barber, Hood  
Paul Cantabene, Stevenson  
Pat Scarpello, FDU-Florham

### WOMEN'S LACROSSE

NCAA Regional Advisory Committee: Jen Muston, York (2026); Katy Higinbotham, King's (2026)  
Larissa Gillespie, Widener, Liaison (2016-17)  
Jen Muston, York, Chair (1)  
Rachel Perla, LVC  
Karen Shaddock, Stevens  
Emily Barber, Hood

### MEN'S SOCCER

NCAA Regional Advisory Committee: TBD - Freedom; TBD - Commonwealth  
Chuck Edkins, Misericordia, Liaison (2015-16)  
Graeme Miller, Stevenson, Chair (3)  
Charlie Grimes, Lebanon Valley  
Kyle Bulgarelli, Hood  
TBD

## ADMINISTRATION AND COMMITTEES

### WOMEN'S SOCCER

NCAA Regional Advisory Committee: Kelly Wakemen, York (2025); Mark Stauffer, Misericordia (2024)  
Sue Kolb, Hood, Liaison (2022-23)  
Rick Brownell, Arcadia, Chair (3)  
Frank Carrozza, LVC  
Scott Frey, Messiah  
Mark Stauffer, Misericordia

### SOFTBALL

NCAA Regional Advisory Committee: Lisa Gigliello, King's (2025); Terry Burdette, Hood (2024)  
Stacey Hollinger, Lebanon Valley, Liaison (2015-16)  
Rachel Tursocy, DeSales, Chair (2)  
Terri Adams, Eastern  
Lisa Gigliello, King's  
TBD

### MEN'S & WOMEN'S SWIMMING

Janice Luck, Albright, Liaison (2015-16)  
Mark Yankovich, Widener, Chair (1)  
Chris Gibeau, Hood  
Richard Palm, FDU-Florham  
Alexander Taylor, Misericordia

### MEN'S TENNIS

NCAA Regional Advisory Committee: Evan Clifton, Stevenson (2024); Steve Gachko, Stevens (2024)  
Sue Kolb, Hood, Liaison (2023-24)  
Evan Clifton, Stevenson, Chair (4)  
AJ Culver, Arcadia  
Jon Arosell, Messiah

### WOMEN'S TENNIS

NCAA Regional Advisory Committee: Sue Kolb, Hood (2024); Arik Zeevy, Stevens (2025)  
Sue Kolb, Hood, Liaison (2023-24)  
Arik Zeevy, Stevens, Chair (3)  
Bill Eydler, King's  
TBD  
TBD

### MEN'S & WOMEN'S TRACK & FIELD

Sarah Gustin-Hamrock, Messiah, Liaison (2021-22)  
Logan Stroman, Widener, Chair (2)  
Dale Fogelsanger, Messiah  
Jordan Smith, Alvernia  
Stephen LoBianco, York  
Chris Wadas, Misericordia

## ADMINISTRATION AND COMMITTEES

### MEN'S VOLLEYBALL

NCAA Regional Advisory Committee: TBD

Heidi Birtwistle, Eastern, Liaison (2017-18)

Rob Wingert, Misericordia, Chair (3)

Aldis Berzins, Stevenson

Adam Hamad, Arcadia

Justin Beachy, Messiah

### WOMEN'S VOLLEYBALL

NCAA Regional Advisory Committee: Dan Mickel, York (2025); Max Berkowitz, FDU (2024)

Brian Granata, Arcadia, Liaison (2017-18)

Jason Madsen, FDU, Chair (3)

Mark Birtwistle, Eastern

Bernie Kachinko, King's

Dan Mickle, York

### WRESTLING

Russ Rogers, Stevens, Liaison (2019-20)

Kriss Bellanca, Alvernia, Chair (1)

Joe Favia, Stevens

Josh Roosa, King's

Duane Bastress, York

(#) Years of Service as Chair  
(year) NCAA Term Expiration for RAC



## BYLAWS

### ARTICLE I

#### DESIGNATION

The name of the corporation shall be Middle Atlantic Conferences, Inc. (hereinafter "Corporation"). The Corporation is a non-profit corporation organized and existing under the laws of the Commonwealth of Pennsylvania. Its current registered office is 10 West Road #1310, Newtown, PA 18940. The Corporation shall be a member corporation, with its initial membership comprised of the following: Albright College, Delaware Valley College, Drew University, Elizabethtown College, Fairleigh Dickinson University, Juniata College, King's College, Lebanon Valley College, Lycoming College, Messiah College (now Messiah University), Moravian College, University of Scranton, Susquehanna University, Upsala College, Widener University and Wilkes University.

\*Note: Upsala College withdrew membership in 1995-1996. Allentown College (now DeSales University) became a member in 1997-1998. Drew University, Juniata College, Moravian College, The University of Scranton, and Susquehanna University withdrew membership in June 2007. Manhattanville College and Arcadia University became members in July 2007; Misericordia University, Eastern University, and Alvernia University became members in July 2008. Hood College and Stevenson University were granted membership in May 2011. Elizabethtown College terminated their membership in June 2014. Manhattanville College withdrew membership in June 2019. Stevens Institute of Technology was added as a member in July 2019. York College (Pa.) was added as a member in July 2020. Lycoming College withdrew membership in July 2023. Wilkes University withdrew membership in July 2023.

The Directors of the Corporation (hereinafter referred to as "Directors" or "Board Members"); organized and functioning as a Board of Directors (hereinafter referred to as the "Board" or "Board of Directors") shall be a self-perpetuating body concerned with fulfilling the purposes of the Corporation as provided in the Corporation's Articles of Incorporation. As such, and in connection with any matter requiring notice to, the presence of, or the vote, consent or other action by members of the Corporation, such requirements shall be satisfied by notice to, the presence of or the vote, consent or other action of the Board.

### ARTICLE II

#### PURPOSE

The Corporation is incorporated as a nonprofit corporation under the Nonprofit Act for the following purposes:

- A. To operate as athletic conferences governed by the Presidents of the member institutions, who shall establish and enforce all policies of the Conferences.
- B. To stimulate, foster, and promote intercollegiate student athletics as an integral part of the total educational and academic programs offered by the member institutions, thereby enhancing individual and social development as well as academic enrichment.
- C. To legislate, through Bylaws, regulations and resolutions, upon any subject of concern to the members in the conduct of intercollegiate athletics under Corporation auspices.
- D. To create Conference championships via playoffs in team sports, and meets and tournaments in individual sports, and to conduct those events under NCAA Rules, and such other rules as the Corporation may legislate.
- E. To enable members to fill their scheduling needs through the creation of Conferences, and to legislate the requirements for competition in those Conferences and eligibility for championships.

## BYLAWS

- F. To work together within the NCAA, ECAC, and any other umbrella organizations to which the majority of Corporation members might belong whenever there is Corporation-wide agreement on issues.
- G. To develop harmony and uniformity of practice in intercollegiate athletics among the member institutions.
- H. To foster and uphold the highest standards of ethical athletic competition.

### ARTICLE III

#### BOARD OF DIRECTORS

The Board shall be comprised of the Presidents of each of the Primary Members or any acting or temporary President of a Primary Member institution.

### ARTICLE IV

#### BOARD FUNCTIONS

Except as otherwise provided by law or these Bylaws, all business of the Corporation shall be exercised by, or under, the authority of the Board. The Board shall have full responsibility for and jurisdiction over the policies, personnel, operations, administration, and management of the Corporation and its affairs. Inclusive of these powers shall be authority for the purchase, acquisition, sale, disposition, and allocation and use of any Corporation properties and assets, as well as authority to incur obligations of the Corporation. The Board shall have responsibility for the financial condition and resources of the Corporation. The Board shall decide the nature, extent, and organization of the Corporation's programs. The Board shall appoint the President (who may also be referred to as the Executive Director) of the Corporation, who shall conduct the affairs of the Corporation within the guidelines designated by the Board, as well as all other officers of the Corporation and of the Board.

### ARTICLE V

#### BOARD MEETINGS

The full Board shall meet at least twice per year, with the May meeting as the Annual Meeting. All meetings may be held at such places and at such times as may be designated in a notice provided to the board or those Board Members requiring notice. Agendas shall include, without limitation, the approval of minutes of Board Meetings, consideration of actions by committees, committee reports, old and new business, nominations, appointments and elections, and adjournment.

Special Meetings may be held on two weeks prior written notice to the Board. The notice shall specify the time, place, and purpose of the Meeting. A Special Meeting may be called by the Board Chair, and shall be called by the Board Chair upon written request of a majority of Board Members.

One-half of the Board Members shall constitute a quorum for any Board Meeting, and once a quorum has been established at any Board Meeting, it cannot be destroyed by the departure of any Member or Members of the Board, unless less than one-third of the Board Members remain, in which case the meeting shall be adjourned. The vote of a majority of the Directors present at the time a vote is taken at any Meeting shall be the act of the Board. Although Board Members are expected to be present at all Board Meetings, in the event of the inability of a Board Member to attend,



## BYLAWS

the institution may be represented by a senior administrator other than an Athletics Director ("Designated Representative"). Such a Designated Representative will not contribute to the establishment of a quorum and may not vote on matters brought to the Board during the course of the meeting, nor upon amendments to matters previously submitted to the Board. A Designated Representative may deliver the proxy vote for the institutional President only on those proposals, which have been distributed seven (7) days prior to the Board meeting. The appointment of a proxy must be made by the Board Member in writing and must be delivered to the Chair prior to the meeting.

### ARTICLE VI

#### MEMBERSHIP

Colleges and universities which are empowered to grant the baccalaureate degree, are fully accredited by a regional accrediting body, are classified Division III by the NCAA, and agree to accept and observe the principles set forth in the Articles, Bylaws, regulations, rules and policies of the corporation are eligible for membership.

There are two types of membership: Primary and Associate. Primary Members compete in a minimum of 16 sports in the Conferences, and their principal athletic affiliation is with either the MAC Commonwealth or the MAC Freedom. Associate Members are affiliated with one of the MAC conferences for competition only in specific individual sports. Associate Members may only compete in the conference to which they are admitted. Associate Members are not eligible for membership on the Board of Directors.

With a two-thirds affirmative majority vote of the MAC Board, Primary Members may affiliate with other conferences for individual sports beyond 16, so long as that external affiliation does not cause the conference to lose automatic qualification for NCAA competition in that sport. Primary Members may not move between the MAC Commonwealth and MAC Freedom unless that realignment is approved by a two-thirds affirmative vote of the Board of Directors.

Additional institutions may be added to either the MAC Commonwealth or the MAC Freedom upon submission of written application for membership and an affirmative vote of two-thirds of the Primary Members. To qualify for membership, the applicant institution must meet the eligibility requirements set forth above and have completed the requirements set forth in the Operating Procedures of the Corporation.

Any institution admitted to the MAC Commonwealth or the MAC Freedom as a Primary Member will automatically be eligible to compete in the Middle Atlantic Conference.

All members must pay to the Corporation annual membership dues, which shall be established annually by the Board. Failure to pay such dues may result in suspension or termination of membership and/or such other disciplinary action or penalties as may be prescribed by the Board or regulation.

All Members shall work together within the NCAA and any other umbrella organizations to which the majority of Corporation members might belong whenever there is Corporation-wide agreement on issues.

### ARTICLE VII

#### CONFERENCE ORGANIZATION

The Corporation shall be divided into three Conferences known as the MAC Commonwealth, MAC Freedom, and Middle Atlantic. The membership of each conference shall be specified as an addendum to these Bylaws. Each conference shall have a minimum of seven Primary Members and a maximum of ten, except in transitional situations as provided by the NCAA. The Corporation shall have the power and authority to create such new Conferences as shall be deemed appropriate by a two-thirds vote of the Board.

## BYLAWS

### Middle Atlantic Conference

Albright College  
 Alvernia University  
 Arcadia University  
 Delaware Valley University  
 DeSales University  
 Eastern University  
 Fairleigh Dickinson  
     University-Florham Campus  
 Hood College  
 King's College (Pa.)  
 Lebanon Valley College  
 Messiah University  
 Misericordia University  
 Stevens Institute of Technology  
 Stevenson University  
 Widener University  
 York College (Pa.)

### MAC Commonwealth

Albright College  
 Alvernia University  
 Eastern University  
 Hood College  
 Messiah University  
 Stevenson University  
 Widener University  
 York College (Pa.)

### MAC Freedom

Arcadia University  
 Delaware Valley University  
 DeSales University  
 Fairleigh Dickinson  
     University-Florham Campus  
 King's College (Pa.)  
 Lebanon Valley College  
 Misericordia University  
 Stevens Institute of Technology

## ARTICLE VIII

### OFFICERS

Officers of the Board shall consist of a Chair, one Vice-Chair or more, a Secretary of the Board, and such other officers of the Board, as the Board may deem proper. Officers of the Corporation shall consist of an Executive Director, a Secretary and a Treasurer, and such other officers of the Corporation, as the Board may deem proper. Officers other than the Executive Director shall be appointed to two-year terms at the Annual Meeting in alternate years. The Executive Director shall be appointed annually and shall serve a one-year term at the pleasure of the Board, commencing on July 1 of the year of election and ending on the succeeding June 30. In the event an Officer dies, resigns, is removed, or otherwise becomes unable to perform his/her duties, the vacancy may be filled at the next meeting of the Board upon proper notice.

## ARTICLE IX

### CHAIR

The Chair shall be the Chair of the Executive Committee, the convener of the Board, and its official spokesperson. S/he shall preside at all Board meetings and all meetings of the members of the Corporation or their representatives.

## ARTICLE X

### VICE-CHAIR



## BYLAWS

In the event of absence, resignation, removal, death, or incapacity of the Chair, a Vice-Chair shall perform the functions of the Chair. In addition, the Vice-Chair shall perform any other duties assigned by the Chair.

### ARTICLE XI

#### EXECUTIVE DIRECTOR

The Executive Director shall be the chief operating officer of the Conferences, and an ex-officio member of all Committees of the Board. They shall report to the Executive Committee as directed. They shall discharge all duties pertaining to this office. They shall have overall responsibility, subject to the Board, for the operation of the Corporation, to include, without limitation, its programs, finance and budget, planning, marketing, public relations, and development. They shall be responsible for the actions of all other persons to whom the execution of Corporation policy may be delegated. They shall approve and authorize expenditures for all funds and checks drawn on the accounts of the Corporation, and receive all funds due and owing to the Corporation. They shall coordinate all Corporation activities, supervise all non-Board committee chairs in the performance of their responsibilities, and act as the central agent for all matters of publicity, which concern the Corporation. They shall serve as the official voting delegate and Corporation representative to the NCAA and similar organizations, issue interpretations of NCAA and Corporation rules and regulations, implement all tie-breaking procedures, set admission fees for all playoff and championship events and oversee such events, coordinate all inter-conference relationships, and acquire and distribute all awards.

### ARTICLE XII

#### TREASURER

The Treasurer and the Treasurer of the Board may, but need not be, the same person. The Treasurer of the Executive Committee shall also serve as the Treasurer of the Board. The Treasurer shall be custodian of the funds of the Corporation. S/he shall cause to be prepared for the Board data and documents relative to financial matters of the Corporation. S/he shall account for the financial resources of the Corporation. The Board may appoint assistant treasurers to act in the above capacities under the Treasurer's supervision. The Treasurer shall prepare a detailed financial budget for presentation to the Board at the Annual Meeting and summary reports of the Corporation's financial situation at all other Board meetings.

### ARTICLE XIII

#### SECRETARY OF THE BOARD AND SECRETARY OF THE CORPORATION

The Secretary of the Board and the Secretary of the Corporation may, but need not be, the same person. The Secretary of The Executive Committee shall also serve as The Secretary of the Board. S/he shall be responsible for the making and keeping of the minutes of all meetings of the Board and committees thereof and for the distribution of all notices and reports of such meetings and any other official Board correspondence.

The Secretary of the Corporation shall be custodian of the seal of the Corporation and shall be responsible for the maintenance of all records of the Corporation and the issuance of all notices and reports of the Corporation other than those for which responsibility has been assigned to the Secretary of the Board. The Secretary of the Corporation shall perform all other duties ordinarily incident to the office of Secretary.

### ARTICLE XIV

#### COMMITTEES OF THE BOARD

## BYLAWS

General Power – The Board shall have the authority by resolution to create standing or other committees of the Board, as it deems appropriate for the operations of the Corporation in accordance with applicable law. Actions of any committee of the Board other than the duly constituted and appointed Executive Committee shall require the ratification of the Board of Directors or such Executive Committee.

Standing Committees – The following Standing Committees of the Board shall be established, each of which shall perform its assigned functions under the supervision of its Chair:

Executive Committee – This Committee, which may be convened at any time at the call of its Chair, either in person or by conference telephone, shall have and exercise authority of the Board in the management of its affairs, to the extent permitted by the Pennsylvania Corporation Not-for-Profit Code, except that the Executive Committee shall not have authority to:

1. Fill vacancies in the Board of Directors;
2. Adopt, amend, or repeal the Bylaws;
3. Amend or repeal any resolution of the Board;
4. Take any action on matters committed by the Bylaws or resolution of the Board of Directors to another committee of the Board;
5. Amend the Articles of Incorporation;
6. Adopt an agreement of merger or consolidation;
7. Recommend the sale, lease or exchange of all or substantially all of the Corporation's property;
8. Recommend a dissolution of the Corporation; or
9. Revoke dissolution of the Corporation.

The Executive Committee shall be comprised of four Directors, two of whom shall be elected from the Members of the Board representing the institutions in the MAC Commonwealth and two of whom shall be elected from the Members of the Board representing the institutions in the MAC Freedom. The Conference shall hold an Executive Committee election in even numbered years:

1. Initial Year Executive Committee Elections:

In the initial year of operation, each Conference shall elect two (2) representatives from the members of the Board to serve on the Executive Committee and each Conference shall select from the two (2) Executive Committee representatives a member designated as "Conference Chair," Initially, the MAC Freedom "Conference Chair" shall serve a one-year term as the Chair of the Executive Committee, and the remaining MAC Freedom Executive Committee member shall serve a two-year term, the first as Secretary, and the second as Treasurer, and, the MAC Commonwealth "Conference Chair" shall serve a two-year term, the first as Vice Chair, and the second as Chair of the Executive Committee, and the remaining MAC Commonwealth Executive Committee member shall serve one year term as Treasurer.

2. Elections for Executive Committee service in academic years commencing in Even Numbers:

## BYLAWS

Beginning with elections for Executive Committee for service in the academic year 1994-95 and in each even academic year thereafter, the MAC Freedom shall elect one (1) representative from the members of the Board to serve on the Executive Committee (who shall also be Conference Chair) to a two-year term, the first as Vice-Chair, and the second as Chair of the Executive Committee; and, the MAC Commonwealth shall elect one (1) representative from the members of the Board to serve on the Executive Committee to a two-year term, the first as Secretary, and the second as Treasurer.

3. Elections for Executive Committee service in academic years commencing in Odd Numbers:

Beginning with elections for the Executive Committee for service in the academic year 1995-96 and in each odd academic year thereafter, the MAC Commonwealth shall elect one (1) representative from the members of the Board to serve on the Executive Committee (who shall also be Conference Chair) to a two-year term, the first as Vice-Chair, and the second as Chair of the Executive Committee, and, the MAC Freedom shall elect one (1) representative from the members of the Board to serve on the Executive Committee to a two-year term, the first as Secretary and the second as Treasurer.

4. Elections for Executive Committee service after 2004-05:

Beginning with elections for Executive Committee for service in the academic year 2004-05 the MAC Freedom shall elect one (1) representative from the members of the Board to serve as Executive Committee Chair and one (1) representative from the members of the Board to serve as Executive Committee Secretary for two-year terms; and, the MAC Commonwealth shall elect one (1) representative from the members of the Board to serve as Executive Committee Vice-Chair and one (1) representative from the members of the Board to serve as Executive Committee Treasurer for two-year terms. In each subsequent election, conference leadership positions will be reversed.

5. The Executive Committee Chair shall serve as Chair of the Corporation Board of Directors. Members of the Executive Committee shall represent the views of their respective Conferences in recommending policy and setting agenda items for the Conference. Executive Committee actions will be ratified by the full Board at the Annual Meeting. Three (3) Directors shall constitute a quorum of the Executive Committee. The Executive Committee will also serve as the Nominations Committee of the Board.

Status of Committee Action. Except as otherwise provided in these Bylaws, the term "Board of Directors" or "Board", when used in any provision of the Bylaws relating to the organization or procedures of or the manner of taking action by the Board of Directors, shall be construed to include and refer to all other committees of the Board of Directors. Any provision of these Bylaws relating or referring to action to be taken by the Board of Directors or the procedure required therefore shall be satisfied by the taking of corresponding action by a committee of the Board of Directors to the extent authority to take the action has been delegated to the committee pursuant to these Bylaws or by resolution.

All committees of the Board have the authority to adopt such internal bylaws, rules and procedures for their governance as they may deem appropriate, provided, however, that in the event of any conflict between such internal bylaws, rules and procedures and these Bylaws, these Bylaws shall govern.

## ARTICLE XV

### NON-BOARD COMMITTEES

In addition to all other powers granted to the Board under these Bylaws, the Board shall have the authority to establish such other committees as it may deem appropriate to serve the best interests of the Corporation. These other committees (hereinafter "Non-Board Committees") are to serve in an advisory capacity to the Board without fiduciary responsibility or policy-making authority. They shall have such powers and duties as shall be outlined and designated in

## BYLAWS

Operating Procedures adopted by the Board of the Corporation and shall have the authority to adopt such internal bylaws, rules or procedures for their respective governance as they may deem appropriate; provided, however, that to the extent any such internal bylaws, rules or procedures conflict with these Bylaws, these Bylaws shall govern.

Each Chair of a Non-Board Committee shall have full authority over all activities performed by the committee. However, such activities must at all times meet with the approval of the Board of Directors, and all actions of all Non-Board Committees shall be subject to ratification by the Board of Directors. The following Non-Board Committees are hereby created, without limitation, subject to the responsibilities as may be set forth in the Operating Procedures of the Corporation: Operations Committee, Sport Committees, and such other Non-Board Committees as the Board may in its sole discretion determine.

### ARTICLE XVI

#### TERMINATION OR RESIGNATION OF MEMBERSHIP

Disciplinary powers of the Corporation shall be exercised by the Board of Directors in accordance with these Bylaws and such other rules and regulations of the Corporation as may be adopted. Any member which fails to meet the conditions and obligations of membership may be terminated, suspended or otherwise disciplined by a two-thirds affirmative vote of all Board Members provided that notice of intent to invoke disciplinary action is made in writing to the affected member and all other members at least thirty (30) days prior to the date when the action is proposed to be taken. Grounds for disciplinary action shall include, without limitation, failure to pay dues or fines, failure to comply with Conference scheduling requirements, any action or inaction which constitutes a violation of the Corporation Articles, Bylaws or any other rule or regulation, and any action or inaction which reflects poorly upon the reputation and integrity of the Corporation. Any member may resign its membership at any time by written notice delivered to the Secretary of the Corporation, effective no earlier than one year from the close of the academic year in which the notice is delivered.

### ARTICLE XVII

#### INTERESTED DIRECTORS OR OFFICERS

No contract of transaction between the Corporation and one or more of its Directors or officers or between the Corporation and any other corporation, partnership, association, or other organization in which one or more of its Directors or officers are trustees, directors or officers, or have a financial interest, shall be void or voidable solely for such reason, or solely because the Director or officer is present at or participates in the meeting of the Board of Directors which authorizes the contract or transaction, or solely because his/her or their votes are counted for such purpose, if:

- (1) the material facts as to the relationship or interest and as to the contract or transaction are disclosed or are known to the Board of Directors and the Board in good faith authorizes the contract or transaction by the affirmative votes of a majority of the disinterested Directors even though the disinterested Directors are less than a quorum;
- (2) the material facts as to his/her relationship or interest and as to the contract or transaction are disclosed or are known to the Directors entitled to vote thereon, if any, and the contract or transaction is specifically approved in good faith by vote of such Directors; or
- (3) the contract or transaction is fair as to the Corporation as of the time it is authorized, approved or ratified by the Board of Directors.

Common or interested Directors may be counted in determining the presence of a quorum at a meeting of the Board, which authorizes a contract or transaction specified in this Article.

## BYLAWS

### ARTICLE XVIII

#### INDEMNIFICATION

A. Definitions

For purposes of this Article, "Member of the Administration" means a Director, officer of the Board, or officer of the Corporation.

"Proceeding" means any threatened or pending or completed action, suit or proceeding, whether civil, criminal, administrative or investigative.

"Expenses" includes, without limitation, attorneys' fees and any expenses of establishing a right to indemnification under this Article.

- B. The Corporation shall indemnify any Member of the Administration, or may indemnify any other person, by reason of the fact that s/he is or was an employee or agent of the Corporation, who was or is a party or is threatened to be made a party to any Proceeding (other than an action by or in the right of the Corporation) against Expenses, judgments, fines and amounts paid in settlement actually and reasonably incurred by him/her in connection with such Proceeding if he/she acted in good faith. The termination of any Proceeding by judgment, order, settlement, conviction, or upon a plea of non-contender or its equivalent, shall not, of itself, create a presumption that the person did not act in good faith and, with respect to any criminal Proceeding, had reasonable cause to believe that his/her conduct was unlawful.
- C. The Corporation shall indemnify any Member of the Administration, and may indemnify any other person, by reason of the fact that s/he is or was an employee or agent of the Corporation, who was or is a party or is threatened to be made a party to any Proceeding by or in the right of the Corporation to procure a judgment in its favor by reason of the fact that s/he is or was a Member of the Administration against expenses actually and reasonably incurred by him/her in connection with the defense or settlement of such Proceeding if s/he acted in good faith, except that no indemnification shall be made in respect of any claim, issue or matter as to which such person shall have been adjudged to be liable to the Corporation unless and only to the extent that the Court in which such Proceeding was brought shall determine upon application that, despite the adjudication of liability but in view of all the circumstances of the case, such person is fairly and reasonably entitled to indemnity for such Expenses which such Court shall deem proper.
- D. In addition to the right of indemnification provided in sub-section B and C of this Article, the Corporation shall, to the fullest and broadest extent permitted by applicable law, including, without limitation, Sections 5741 et seq. of the Pennsylvania Corporation Not-for-Profit Code, as they may be amended from time to time, indemnify all Members of the Administration whom it may indemnify pursuant thereto.
- E. To the extent that any Member of the Administration or any other employee or agent has been successful in the merits of otherwise in the defense of any Proceeding referred to in sub-sections B and C of this Article, or in defense of any claim, issue or matter therein, s/he shall be indemnified against Expenses actually and reasonably incurred by him/her in connection therewith.
- F. Any indemnification under sub-sections B and C of this Article (unless ordered by Court) shall be made by the Corporation only as authorized in the specific case upon a determination that the Member of the Administration or other person is proper in the circumstances because s/he has met the applicable standard of conduct set forth in sub-sections B and C of this Article, Such determination shall be made (1) by the Board of Directors by a majority vote of a quorum consisting of Directors who were not par-ties to such proceeding, or (2) if such a

## BYLAWS

quorum of the Board of Directors is not obtainable or if obtainable and a quorum of disinterested Directors so directs, by independent legal counsel in a written opinion.

- G. Expenses incurred by a Member of the Administration in defending a civil or criminal Proceeding may be paid by the Corporation in advance of final disposition of such Proceeding upon receipt of an undertaking by or on behalf of such person to repay such amount if it shall ultimately be determined that s/he is not entitled to be indemnified by the Corporation as authorized in the Article. Such Expenses incurred by other employees and agents may be so paid upon such terms and conditions, if any, as the Board of Directors deems appropriate.
- H. The indemnification and advancement of Expenses provided by or granted pursuant to other sub-sections of this Article, or any other provisions of law providing for indemnification or advancement of expenses applicable to this Corporation, shall not be deemed exclusive of any other rights to which those seeking indemnification or advancement of Expenses may be entitled under any bylaw, agreement, vote of disinterested Directors or otherwise, both as to action in his/her official capacity and as to action in another capacity while holding such office. Indemnification, pursuant to this sub-section H, or pursuant to any bylaw, agreement, vote of disinterested Directors or otherwise, may be granted for any action taken or any failure to take any action and may be made whether or not the Corporation would have the power to indemnify the person under any other provision of law except as provided in this sub-section H and whether or not the indemnified liability arises or arose from any threatened, pending or completed action by or in the right of the Corporation. However, indemnification shall not be made in any case where the act or failure to act giving rise to the claim for indemnification is determined by a court to have constituted willful misconduct or recklessness.
- I. The Corporation shall have the power to purchase and maintain insurance or create a fund of any nature or otherwise secure or insure in any manner its indemnification obligations on behalf of any person who is or was a Member of the Administration, employee or agent of the Corporation, or is or was serving at the request of the Corporation as a director, trustee, officer, employee, or agent of another corporation, partnership, joint venture, trust or other enterprise against any liability asserted against him/her and incurred by him/her in any such capacity, or arising out of his/her status as such, whether or not the Corporation would have the power to indemnify him against such liability under this Article.
- J. For purposes of this Article, references to the Corporation shall include any subsidiary corporation (whether for-profit or not-for-profit) and, in addition thereto, the resulting corporation and any constituent corporation (including any constituent of a constituent) absorbed in a consolidation or merger which, if its separate existence had continued, would have had power and authority to indemnify its directors, trustees, officers, and employees of agents, so that any person who is or was a director, trustee, officer, employee, or agent of such subsidiary or constituent corporation, or is or was serving at the request of such subsidiary or constituent corporation as a director, trustee, officer, employee, or agent of another corporation, partnership, joint venture, trust or other enterprise, shall stand in the same position under this Article with respect to the subsidiary, and if as to a resulting or surviving corporation, as s/he would have with respect to such subsidiary or constituent corporation of its separate existence had continued.
- K. For purposes of this Article, references to "other enterprises" shall include employee benefit plans; references to "fines" shall include any excise taxes assessed on a person with respect to any employee benefit plan; and references to "serving at the request of the Corporation" shall include any service as a director, trustee, officer, employee or agent of the corporation which imposes duties on, or involves services by, such director, trustee, officer, employee or agent with respect to an employee benefit plan, its participants or beneficiaries; and a person who acted in good faith.
- L. The indemnification and advancement of Expenses provided by or granted pursuant to this Article shall, unless otherwise provided when authorized or ratified, continue as to a person who has ceased to be a Member of the Administration, person serving at the request of the Corporation, employee or agent and shall inure to the benefit of the heirs, executors, and administrators of such person.

## BYLAWS

- M. For purposes of this Article, a person shall be deemed to have acted in "good faith": (1) if the person acted in a manner s/he reasonably believed to be in or not opposed to the best interests of the Corporation, (2) with respect to any criminal Proceeding, s/he had no reasonable cause to believe his/her conduct was unlawful, (3) if the conduct of the person did not fall substantially below the standards generally practiced and accepted in like circumstances by similar persons performing the same or similar duties; and (4) unless it is shown that the person did an act or omitted the doing of an act which the person was under a recognized duty to another to do, knowing or having reason to know that the act or omission created a substantial risk of actual harm to the person or property of another.

## ARTICLE XIX

### LIMITATION OF DIRECTOR LIABILITY

- A. No Director shall be personally liable for monetary damages as such for any action taken, or any failure to take any action, unless:
1. The Director has breached or failed to perform the duties of his/her office in good faith and in a manner the Director reasonably believes to be in the best interest of the Corporation, and with such care, including reasonable inquiry, skill and diligence, as a person of ordinary prudence would use under similar circumstances, and
  2. The breach or failure to perform constitutes self-dealing, willful misconduct or recklessness.
- B. The provisions of this Article shall not apply to:
1. the responsibility or liability of a Director pursuant to any criminal statute; or
  2. the liability of a Director for the payment of taxes pursuant to local, state, or federal law.
- C. For purposes of this Article, a Director shall be deemed to be acting in good faith if, in the performance of his/her duties, s/he relies in good faith on information, opinions, reports or statements, including financial statements and other financial data, in each case prepared or presented by any of the following:
1. One or more officers or employees of the Corporation whom the Director reasonably believes to be reliable and competent in the matters presented;
  2. Counsel, public accountants or other persons as to matters which the director reasonably believes to be within the professional or expert competence of such person; or
  3. A Committee of the Board upon which s/he does not serve, duly designated in accordance with law, as to matters within its designated authority, which Committee the Director reasonably believes to merit confidence.

Notwithstanding the aforesaid, a Director shall not be considered to be acting in good faith if s/he has knowledge concerning the matter in question that would cause his/her reliance to be unwarranted.

## ARTICLE XX

### AMENDMENTS



## BYLAWS

These Bylaws may be amended at any meeting of the Board, provided notice of such proposal and the nature of the proposed change shall have been given to every Member of the Board at least fifteen (15) days in advance of such meeting. Any amendment shall require a two-thirds affirmative vote of the Board of Directors.

### ARTICLE XXI

#### EFFECTIVE DATE

These Bylaws shall become effective on the 11th day of May 1993, and have been amended on the 16th day of May 2000, on the 9th of May 2006, on the 1st of July 2014, and July 1, 2015.

## EXECUTIVE REGULATIONS

### ARTICLE I

#### DUES AND ASSESSMENTS

All active members pay annual dues as voted by the presidents of Conference schools. All dues assessments are per annum (July 1 – June 30).

### ARTICLE II

#### AWARDS

- A. All awards funded by the Conference shall be described in the Fact Book.
- B. No award or trophy shall be presented, paid for, or otherwise sponsored by the Conference for any competition or other reason, without prior approval of the executive director.
- C. The executive director obtains all Conference-funded awards.
- D. All conference champions receive the appropriate championship plaque.
  - 1. The championship plaque information form should be completed within one week of the completion of the championship.
  - 2. Any member institution requiring a replacement plaque bears the cost of that plaque if the error(s) resulted from incorrect written information submitted by the institution. Similarly, any member institution desiring a replacement plaque for other reasons (vandalism, theft) must bear the replacement cost.
- E. Regular-season champions (all that are tied also) are recognized by the schools and may be publicized, but no conference awards are provided.
- F. Academic Honor Roll

The Conference recognizes academic honor rolls for fall, winter, and spring. Student athletes who complete the season in good standing with a 3.2 grade point in the semester of championship competition qualify, but must be nominated. The nomination includes name, school, sport, hometown, high school, and class. Fall honorees will be released as soon as candidates have grades for the fall semester. Winter and spring awardees will be disseminated as soon as spring semester grades are submitted. No GPA will be released publicly.
- G. Certificates are produced by the school, from digital templates provided by the Conference, and awarded for:
  - 1. All-conference recipients (first, second, and third team)
  - 2. MAC championship team recipients (if teams tie for championship, they are co-/tri-champions)
  - 3. Fall, Winter, and Spring academic honor roll recipients
  - 4. All-Sportsmanship team
  - 5. Academic All-MAC
  - 6. At the end of each year, institutions will be reimbursed 25¢ for each certificate produced.

## EXECUTIVE REGULATIONS

- H. Players (participants), coaches, and rookies of the year receive a plaque. Rookies are based on completion of their first year of NCAA eligibility in the particular sport.
- I. The Conference presents medals in these individual championship sports:
  - 1. Top three in each event in Swimming, Wrestling, and Track & Field; 10 in golf; and 30 in cross country.
- J. At the end of each team championship, the winning coach selects a championship most valuable player who is honored with an award prior to the presentation of the championship banner and t-shirts. Generic championship t-shirts will be sent to the championship site and counted to cover the largest roster of the final teams.
- K. Honorary Awards

- 1. The David B. Eavenson Award in Swimming

The David B. Eavenson Award in Swimming, was created in memory of David B. Eavenson, Sr. A plaque is presented to the outstanding male and female swimmer at the MAC championships, as voted on by the head coaches.

Eavenson served the MAC through his employment at Dickinson College. He was the Conference vice president from 1970-72, president for the 1972-73 academic year, secretary-treasurer from 1973-76, and executive director from 1976 until his death in 1988 at the age of 74.

- 2. The John Dorish Most Valuable Player Award in Baseball.

The John Dorish Award is given to the baseball MVP in the MAC Freedom. The award was created to honor the former director of athletics at King's College. He was a major component of the athletics department for 34 years. He served as an assistant basketball coach, athletic trainer, and was an Assistant Professor and Chair of the Physical Education Department. Dorish served on many NCAA and ECAC Committees and the MAC Executive Council. In 1980, Dorish became director of athletics at King's College just as King's became a member of the MAC. The college saw vast growth during his reign. It added the sports of football, field hockey, women's soccer, men's and women's lacrosse, men's and women's cross country, and men's and women's swimming. He was the driving force behind the construction of Robert L. Betzler Fields, King's 33-acre outdoor athletic complex.

- 3. The Lou Sorrentino Most Valuable Player Award in Men's Golf.

Lou Sorrentino served Lebanon Valley College as a student-athlete, coach, and athletic director for nearly 60 years, from 1950 until his passing in November of 2010. A member of the Lebanon Valley College, Central Pennsylvania, and Pennsylvania athletic halls of fame, Sorrentino began his involvement with LVC athletics as a star three-sport student-athlete, then as athletics director and coach for four different sports.

Sorrentino earned 12 varsity letters while starting all four years in basketball, football and baseball. In football, he was named first team All-State and second team Little All-America, and later had his #21 jersey retired (one of just six football numbers retired). He played in the Blue-Grey Senior All-Star game in Alabama, earning game MVP honors at quarterback. In basketball, Sorrentino was a starter on the legendary "Seven Dwarfs" team that played in the NCAA Tournament and upset Fordham to advance to the Sweet Sixteen.

He signed contracts with the Baltimore Orioles and Philadelphia Eagles, but returned to school to get his master's degree and coach high school football before returning to LVC as football coach in 1971. He also coached men's basketball and baseball along the way, and became athletic director in the early

## EXECUTIVE REGULATIONS

1980's, a position he held until his retirement in 2001. For the final 22 years of his life, he coached LVC's men's golf program.

4. The Lou Sorrentino Award for Athletic Administrators

This honor is presented to the Middle Atlantic Conference athletics administrator (current or retired) who has had a sustained and influential role in college athletics and embodies the NCAA Division III philosophy. In recognition of Lou's career, this award sets a high standard for participation and leadership in Division III sports. The MAC Awards Committee selects the winner of this award from institutional nominations. The nomination remains on file for five years.

See previous award for biography.

- L. In track & field, the coaches will present two outstanding performance awards (track events and field events) to the male and female who each had the best championship meet.

M. Senior Scholar-Athlete Award

As selected by the MAC Awards Committee, an award is given in each sport to a senior student-athlete, chosen from a pool of student-athletes submitted by athletic directors and sports information directors. Voting is based on 50% athletic prowess and 50% academic performance (service may be used as a tiebreaker). There are four ten-point scales (40 total points). To be nominated, a candidate must have at least 20 points; if no one meets that threshold, student-athletes with fewer points will be considered. Each awardee is recognized at the annual meeting. A student-athlete can be nominated again in another sport even if they have won an award earlier in the year.

N. Sportsmanship Award

Four sportsmanship awards (male and female, in MAC Commonwealth and MAC Freedom schools) are presented at the annual meeting awards luncheon. At the end of the season, each coach ranks three conference teams on sportsmanship and submits them to the MAC director of media relations.

O. Giant Steps Award

A Giant Steps Award is presented at the annual meeting awards luncheon to individuals who have overcome adversity while still succeeding in life, who use sports as a vehicle for positive social change, who break down barriers to provide opportunities to those who follow behind them, and individuals who inspire us to do great things using the positive aspects of sport. Nominations are to be submitted online. The MAC Student-Athlete Advisory Committee selects the winner/s.

P. Academic All-MAC

An award will be given to a "team" (10 in Golf, Basketball, Tennis, Wrestling, Cross Country, Volleyball, Baseball, Softball, Swimming, Track & Field (Indoor and Outdoor); 11 in Soccer, Field Hockey; 12 in Lacrosse; and 22 in Football) in each sport as nominated and chosen by the sports information directors from a pool of nominees who have at least a 3.2 GPA in the semester of championship competition. Voting is based on 50% athletic and 50% academic prowess.

Q. All-Sportsmanship Team

At the end of the season in each sport, the coach nominates one person from their team for the All-Sportsmanship Team who best exemplifies fair play, team leadership, and other aspects of sportsmanship.

R. Hall of Fame

## EXECUTIVE REGULATIONS

The MAC Hall of Fame is an honor to recognize student-athletes, coaches, administration, faculty, or staff from the Middle Atlantic Conference who have demonstrated success in athletics, academics, and in the community. Ten to 20 candidates are inducted from any of the current and former member schools each year.

### 1. Candidate Criteria

- a. Be an individual who has competed/coached/worked in the MAC – teams will not be considered. Associate membership does not entitle eligibility unless the institution/team competed in at least one sport in the conference. Despite not being a conference sport between 2007-13, wrestlers at MAC schools are eligible.
- b. Be a student-athlete who is a graduate of their institution at least ten years prior to induction – non-student-athlete candidates (coaches, administrators, faculty, staff, etc.) may still be an active member of their institution.
- c. Be a member of the institution's Hall of Fame (if applicable).
- d. Embody good character and strong academic standing.

### 2. Nomination Process and Timeline

- a. The MAC Hall of Fame Nomination Form will be made available via email notification to institutional sports information staff on October 1 of each year (or the following weekday). Nominations will be accepted only from the candidate's institution and will remain in the candidate pool until selected.
- b. Nominations are due no later than February 1 (or the following weekday), 5 p.m. EST.
- c. Inductees will be selected by April 1 and later announced at the MAC Annual Meeting (the first Tuesday in May).
- d. Recognition of MAC Hall of Fame inductees will take place on the inductee's campus the following academic year, at the discretion of the institution. Hall of Fame award plates will be shipped to schools in the summer - one for the institution and one to be awarded to the inductee.

S. Each head coach must be registered with the organization that recognizes All-America teams in their sport. They are to participate in all aspects of the All-America selection process. The conference regional All-America representative will ensure that all conference coaches vote for the slate of candidates.

T. The MAC Awards Committee consists of seven representatives (athletics administrators who represent different schools), two of whom are SIDs.

## ARTICLE III

### CONFERENCE TRANSFERS, SPORT ADDITIONS AND SCHEDULES

## EXECUTIVE REGULATIONS

- A. Requests for transfers from one Conference to another shall be made to the executive director and approved by the Board.
- B. A MAC member seeking to compete in a sport petitions the executive director and Voting Delegates for placement in the appropriate conference two years prior to the season in which it wants to begin conference play. This time can be shortened if there is no negative scheduling or championship impact.
- C. The executive director produces conference schedules in Football, Tennis, Soccer, Field Hockey, Lacrosse, Basketball, Volleyball, Baseball, and Softball. Changes in the conference schedule must be approved by both coaches and athletic directors from the participating teams.
- D. Conference schedules should alternate home sites each year, have a balance in home/away, place long trips on weekends, and not have more than two away trips in a row. Specific parameters are embedded in the sport code.

### ARTICLE IV

#### LOCATION AND CONDUCT OF CHAMPIONSHIPS

- A. The site of all championships and other MAC events shall be approved by the Voting Delegates. The facilities must meet NCAA minimum standards.
  - 1. Institutions wishing to host championship events should inform the sport committee that then recommends a site to the Voting Delegates.
  - 2. The Voting Delegates shall consider the adequacy of the site, accessibility to competing teams, and potential for financial success when selecting a site.
  - 3. The Voting Delegates develop at least a three-year rotation for championship sites.
- B. The host school is responsible for all contest expenses. (Amended 2022)
- C. Unless otherwise noted, the MAC Office arranges for all officials. All officials are to be present at the site of competition at least 30 minutes prior to the start of the contest. If possible, championship officials should not be assigned from chapters that represent the participating schools.
- D. For day-long events, the host institution should provide hospitality (not to exceed \$100 per day) for officials, coaches, and workers.
- E. The home team sets the starting time for championship contests (and practice times) in consultation with the visitors. If the visitors do not agree to the proposed time, the executive director works with both schools to set the time.
- F. T-shirts may be sold at championship sites or online. If T-shirts will be sold onsite, the host will receive them from the MAC office and is responsible for securing personnel to sell them. MAC Office will determine the sale price.
- G. Championship ticket policy: An admission fee for championship events is charged in all sports except golf, cross country, and tennis.
  - 1. Ticket income is enhanced by:
    - i. Host posts signs (available on MAC website) at championships indicating that all spectators must pay.

## EXECUTIVE REGULATIONS

- ii. The executive director reminds hosts of the policy in the championship participants conference call.
  - iii. An adult supervises all ticket operations.
2. Ticket prices for individual championships and multi-day events (e.g., baseball and softball) will be set by the executive director. For on-campus higher-seed-hosts tournaments:
- i. Single event admissions other than basketball tournament games:

Adults	\$5
Senior Citizens	\$4
Students (valid ID) and Children	\$2
Preschool (under 6) with adult	Free

- ii. Admission for basketball tournament games:

Adults	\$6
Senior Citizens	\$4
Students (valid ID) and Children	\$2
Preschool (under 6) with adult	Free

3. There are no complimentary passes for conference tournaments, however, the MAC pass issued to presidents, athletic administrators, direct reports, FAR's, and coaches of member institutions will be honored.
- i. Institutional season passes are not honored.
  - ii. Cheerleaders, dance teams, bands, and other sanctioned groups in uniform will be admitted free.
  - iii. For all sports, the traveling party includes participating student-athletes, coaches, athletic trainers, sports information directors, managers, scorers, statisticians, and video personnel. No others will be admitted without paying.

H. At the conclusion of each championship, the host arranges an awards presentation to recognize individuals and teams. If a member of the MAC Office is in attendance, have him/her present the awards when they are announced. The MAC Office will provide a script for the ceremony. Award winners must be in proper attire (only school-issued clothing and gear).

I. Special awards at MAC championships follow NCAA guidelines – the contest is not to be interrupted to make special presentations.

J. The conference covers these championship expenses:

Championship	Expenses
Baseball	Umpires
Cross Country	\$2,500 flat fee

## EXECUTIVE REGULATIONS

Men's Golf	Greens fees
Women's Golf	Greens fees
Softball	Umpires
Swimming	Rental, officials, athletic trainers, and video stream
Team Tennis	Officials and balls
Indoor Track & Field	Timers and officials if hosted by MAC institution
Outdoor Track & Field	Timers and officials
Wrestling	All expenses

- K. The losing team is expected to remain at the site of competition until the winning team is awarded the championship banner unless it takes more than a couple of minutes to start the ceremony.
- L. The conference office sends a championship survey to participating coaches. These are to be forwarded to all participants so the conference can evaluate the championship and make needed changes.
- M. For cross country, swimming, individual tennis, track & field, and wrestling championships the conference may produce a digital program. Schools are encouraged to do the same for the team championships they host.
- N. If a conference tournament is canceled, no team champion or all-conference team is named. "Of the Year" awards are determined after the NCAA championship.

## ARTICLE V

### GENERAL CHAMPIONSHIP ELIGIBILITY

- A. Institutions must be in full compliance with all NCAA and MAC rules to be eligible for MAC championships and have met all of their outstanding financial obligations to the Conference (dues, fines, etc.) in order to participate in a championship.
- B. Institutions not classified as NCAA Division III members in a sport are not eligible for conference play and/or MAC championships in that sport.
- C. Non-conference contests with other MAC schools do not count in conference standings.
- D. At least five members of a conference must sponsor a sport before the conference offers an official championship in that sport.
- E. Team championship access is based on a 50% ratio. When applicable, the number is rounded up to allow for greater participation.

## ARTICLE VI

### GENERAL REGULATIONS

- A. Forfeits of conference events follow NCAA rules with the following modifications.

## EXECUTIVE REGULATIONS

1. If an institution's team fails to appear for a regularly scheduled contracted Conference contest or championship event, such contest is entered as a loss in the official conference standings.
  2. In a tiebreaking situation that includes the results of a "no contest" or forfeit, all tied teams will use the same criteria (maximum points, goals, allowed by point differential tiebreaker).
  3. Unless the two teams agree, after the first date of competition in a sport, a team that changes the terms of the original contract (with the exception of weather-related, disaster, or Conference postponements) may be placed on probation.
  4. A team involved in a "no contest" or forfeit within the Conference is placed on probation for two subsequent seasons in that sport. If they do not meet contractual agreements in that sport during the probationary period:
    - a. The team receiving forfeit or "no contest" does not have to play the offender in the next year.
    - b. Offender is not eligible for MAC playoffs, championship, or awards in "offending" and subsequent year.
- B. Bribery: Any member institution whose player(s) is(are) involved in accepting or facilitating bribes, and/or manipulating the outcome of a contest, and/or shaving points to the advantage of gamblers, shall not be declared a conference champion.
1. The individual player(s) involved shall be suspended from conference play for up to three years.
  2. The institution may be suspended from conference play in that sport for up to three years.
  3. All allegations of bribery must be reported to the executive director immediately. The executive director is empowered to investigate all such incidents.
- C. Postponements
1. Without permission from the executive director, all teams must complete the conference schedule. Contracts with non-conference teams must stipulate that the conference schedule is to be completed and non-conference games may be canceled to accommodate that goal. Conference schools do not have to schedule two conference opponents in a row (in a two-day period), except in baseball where they don't have to schedule more than two different conference opponents in a two-day period.
  2. Prior to a contest, the home team is responsible for delaying or postponing the start. After the contest starts, halting the contest is at the discretion of the officials, with the exception of extraordinary circumstances (e.g., lightning).
  3. If a contest is postponed because of inclement weather or other exigency after a visiting team arrives, or while it is en-route, the visiting team is required to travel on the make-up date.
  4. Rescheduled contests are set for the next available date (exceptions: facility unplayable or weather forecast is unfavorable); on trips over 120 miles (one way) the first available weekend date is used.
  5. A delayed contest must be resumed in one hour (football in two hours), plus one-half hour after the lightning is not present. If the contest reaches a reasonable point of conclusion, it becomes an official contest; if it does not meet these criteria, it is a "no contest" and must be rescheduled.
  6. Maintaining the official conference schedule takes precedence over rescheduled conference contests.

## EXECUTIVE REGULATIONS

7. If a campus is closed (inclement weather, emergency, etc.), their teams do not have to compete on those days.
  8. Special pre-determined events on campus that impact rescheduling (ID camp, clinics, open houses, etc.) do not constitute an available date.
  9. If a team is delayed (broken down bus, traffic, etc.), immediately communicate the situation to the host. If possible, the visitors should have 40 minutes to prepare for the contest from arrival to contest start.
- D. Postponement dates: at least two days following the cutoff date shall be set aside for postponed contests for each sport. The cutoff date must be at least three days prior to the first day of the championship tournament – exception for a #5 vs. #4 first round game.
1. Any postponements that occur ten days or more prior to the cutoff date must be made up prior to the cutoff date.
  2. Any postponements that occur nine days or fewer prior to the cutoff date may be made up before the cutoff date, or during the two designated postponement dates.
  3. No games may be rescheduled past the cutoff date without the approval of the executive director and the sport committee chair for that sport.
- E. Dropping sports: If a member institution drops a sport prior to the start of the season, all of its scheduled conference contests are canceled, with no wins or losses recorded. If an institution terminates a sport in mid-season because of injury, illness, or other emergency, all contests played up to that point are expunged from the standings. Contests not played are canceled. If the team wishes to resume conference play in the subsequent season, they are placed on probation.
- F. Complimentary passes: the Conference does not honor complimentary passes for in-season competition between MAC schools as a general policy; however, if two schools mutually agree to complimentary passes for a specific contest, they have the authority to distribute them for that given date.
- G. Forms for conducting conference business are available on the MAC website. All reports are to be filed on these forms via email.
- H. Preseason polls are conducted in MAC sports that have a conference schedule and standings. If all coaches vote for one team except for that team's coach, the vote is unanimous. Pre-championship polls are conducted in sports without a conference schedule and standings.
- I. Institutions must use the MAC supervisor of officials for booking officials in every conference championship sport (minimally for conference contests). This person or agency must assign officials who are certified college officials.
- J. Each team is to submit their service hours to a designated person on each campus. At the end of the year, that person will tally the total number for all teams and submit to the conference office.
- K. During exam periods, a team is not required to travel for regular season conference competition.
- L. Inform the visiting team coach of senior recognition or other special presentations at least 24 hours prior to the contest.
- M. These vendors have balls agreements with the conference and must be used for all contests:

Baseball

Diamond

## EXECUTIVE REGULATIONS

Basketball	Rock
Softball	Rawlings
Volleyball	Molten

In tennis, the Wilson U.S. Open Extra Duty ball is used for all conference matches and tournaments.

### ARTICLE VII

#### SPORTSMANLIKE CONDUCT

- A. The Conference does not condone any unsportsmanlike conduct on the part of any student-athlete, coach, administrator, or any other individual associated with a member institution. All such persons will conduct themselves in such a manner to represent the highest level of honor, dignity, and fair play.
- B. The director of athletics is responsible for promoting and controlling sportsmanship at the contest site. He or she may appoint a site manager, but that person must have authority to make decisions and be familiar with conference and institutional guidelines. The site manager MAY NOT be involved in the competition (e.g., coach, athletic trainer, sports information director, etc.)
- C. The Conference will not tolerate poor sportsmanship and violators are referred to the executive director for action. The Voting Delegates are authorized to take jurisdiction over any case referred to it by the executive director. The following acts are among those considered unsportsmanlike:
  - 1. Verbal or physical abuse of an official, opposing coach or player, or Conference representative.
  - 2. Intentional incitement of participants or spectators to abusive or violent action.
  - 3. Use of obscene gestures, profanity, or unduly provocative language (including racist, sexist, and bigoted remarks) towards officials, opponents, or spectators.
  - 4. Criticism of any official, Conference official or personnel, another coach or team, or another institution and its personnel.
  - 5. Violation of the conference social media standards.
- D. Member institutions shall promptly notify the executive director and the athletics directors of any institutions involved of any action taken against any individual as a result of unsportsmanlike conduct. If a member institution believes that an individual from another institution should be disciplined for unsportsmanlike conduct, it shall notify the institution, identifying the name(s) and the details of the complaint. The recipient athletics director shall investigate the matter and notify the former institution and the executive director of the results of the investigation, including actions taken to discipline the individuals or the reason(s) why no action was taken.
- E. At the end of each season, each head coach is to send the names of all teams who did not display appropriate sportsmanship to the executive director. This information remains anonymous, but the executive director will contact a director of athletics who has a team that has significant or persistent sportsmanship violations.
- F. To ensure oversight of team sportsmanship and behavior, every Conference team that travels for the purpose of intercollegiate competition with another member school shall be accompanied by a coach, or a member of the faculty, staff, or administration of that institution.

## EXECUTIVE REGULATIONS

- G. All members of the athletics department should be familiar with the NCAA rules on alcoholic beverages, gambling, tobacco products, and performance enhancing substances as they relate to practice, competition, and promotional activities. Students who use illegal drugs, alcohol, or tobacco at the site of a MAC contest are immediately disqualified. At other times, the institution imposes sanctions and reports the infraction and penalty to the Voting Delegates, who may consider further action.
- H. Any concerns about the awarding of financial aid are to be communicated president-to-president.
- I. NCAA Secondary violations are submitted directly to the NCAA.
- J. For programs that do not follow film exchange guidelines: the first violation by a team will incur a \$100 fine; the second (or subsequent) violation and/or a violation occurring during the final week of conference play will incur a \$300 fine. Coaches are encouraged to communicate any issues with game film uploading/sharing prior to deadlines.
- K. No information about Conference teams may be shared with non-Conference teams. Unless specified in the sport code, MAC members may share information with each other about other Conference teams. Filming of a game by a third party (not a representative of one of the teams playing) is not allowed.
- L. Officials with direct connections to a host school (employee, graduate, or has son/daughter attending) may not be retained to referee contests with another MAC school.
- M. The executive director will contact all MAC supervisors of officials to have them emphasize the importance of sportsmanship to their officials. Officials working MAC games must pass background checks per NCAA championship guidelines.
- N. All persons associated with athletics at a conference school must sign-off on the conference sportsmanship expectations form (one for student-athletes, another for staff). Each person only needs to complete this form once, at their first eligibility meeting (student-athletes) or at time of employment (staff).
- O. Gameday the DIII Way recommendations serve as best practices for conducting all MAC contests. An annual survey of schools will measure compliance with the guidelines.
- P. A-frame signage with conference game site expectations must be located at venue entrances and other highly visible spots.
- Q. It is strongly recommended that the following statement become part of the job description of each institutional athletic coaching staff member: PROMOTE SPORTSMANLIKE AND ETHICAL CONDUCT

## ARTICLE VIII

### INTERPRETATIONS

- A. The Conference is not liable for injuries suffered by any student-athletes during any activities associated with a MAC event, including, but not limited to, warm-ups, practices, competition, travel, etc.
- B. The executive director is empowered to interpret the Constitution, Bylaws, Executive Regulations, Rules and Policies of the Conferences, subject to appeal to the Executive Committee.

## OPERATING PROCEDURES

### ARTICLE I

#### ATHLETICS DIRECTORS BOARD

- A. The Athletics Directors Board is comprised of three directors of athletics.
1. The Executive Director, as chief operating officer of the MAC, will serve as the chair of the committee.
  2. The associate Executive Director will serve as secretary for the Athletics Directors Board as a non-voting position.
  3. Of the three directors of athletics serving, two will be from one conference and one from the other. There are three positions: past chair, chair, and chair elect. When the past chair moves off the committee after a three-year term, the replacement is from the other conference. No institution shall have more than one member on the committee.
  4. The chair shall administer Athletics Directors Board and Voting Delegates meetings.
  5. Each sport committee (also sports information directors and athletic trainers) has an athletics administrator who serves as a liaison between each group and the voting delegates.
- B. The Athletics Directors Board, in collaboration with the Executive Director, will conduct business and administer the affairs of the Conferences conforming to the Operating Procedures, Bylaws, and Executive Regulations of the MAC. The duties of the Athletics Directors Board shall include, but not be limited to:
1. Review the annual MAC budget as prepared by the Executive Director for submission to the delegates and to the Board's Executive Committee.
  2. Periodically review the awards program of the Conference, as presented by the Awards Committee.
  3. Annually review with the Executive Director the Bylaws, Operation Procedures, and Executive Regulations in the Fact Book recommending changes to the Executive Committee where appropriate.
  4. Annually review existing and proposed NCAA legislation, and bring important items to the attention of the membership. Prepare proposed NCAA legislation and submit it to the delegates and Executive Committee for approval for submission to the NCAA.
  5. Report all proceedings, including the recommendations of the sports information directors, athletic trainers, and sport committees for approval by the voting delegates at each seasonal meeting. Agenda items that impact the budget and missed class time must be considered by all directors of athletics.
  6. Serve as the Nominations Committee for the group.
  7. Make resolutions for the Conference when appropriate.
  8. In collaboration with the Executive Director, recommend short- and long-term goals to the Executive Committee.
  9. Assist the Executive Committee in an annual performance review of the Executive Director.
- C. The Athletics Directors Board, with the approval of the Executive Director, has the authority to form sub-committees in areas (1) through (4). All sub-committees will have an Athletics Directors Board member as chair. The chair will choose one athletics director and one senior woman administrator from each Conference

## OPERATING PROCEDURES

(MAC Commonwealth and MAC Freedom), to fill out the five-member sub-committee. Committee appointments serve for the time the committee exists, but not longer than two years.

### ARTICLE II

#### SENIOR WOMAN ADMINISTRATORS

As mandated by the NCAA, each school must have a senior woman administrator (SWA), the highest-ranking female representative from each member institution who is selected by the president or his/her designee. SWAs should participate in all conference deliberations.

### ARTICLE III

#### SPORT COMMITTEES

- A. For each sport the conference officially sponsors, the Executive Director shall appoint a sports committee of up to five persons. The committee chair shall be selected from among the coaches. The Executive Director shall appoint similar committees for athletic trainers, and sports information directors, and shall be an ex-officio member of all sports committees. Club sport coaches are not eligible for committee service.
- B. General responsibilities of sport committees:
  - 1. To make recommendations to the Athletic Directors Board concerning rules, policies, and playing conditions governing their respective sports.
  - 2. To make recommendations to the Executive Director regarding the conduct and operation of the championships sponsored by the MAC.
  - 3. To work in concert with the Executive Director and host institutions in the conduct and operation of championships.
  - 4. To make recommendations to the membership through the Athletic Directors Board regarding proposed changes in MAC and NCAA legislation.
  - 5. To assist the Executive Director with specified duties, and to keep the Executive Director informed of all potential ties, problems, pairings, and the like.
  - 6. To make recommendations for sites of championships when such sites are not previously determined by the Fact Book.
  - 7. To become familiar with the appropriate sport section of the Fact Book, and review the Bylaws, Operating Procedures, and Executive Regulations of the MAC.
  - 8. Each sport has two scheduled meetings each year, before and after their season. All meetings are conducted via conference call unless an agenda warrants an in-person meeting. This is the only time they can initiate legislation. Coaches may meet at other times, but they cannot propose any legislation or be reimbursed with institutional funds.
- C. Specific Responsibilities of Sport Committee Chairs:
  - 1. To request agenda items from the coaches, their liaison, and the Executive Director for the annual coaches meeting.
  - 2. To send the established agenda to the MAC staff, liaison, and sport coaches.

## OPERATING PROCEDURES

3. To appoint a scribe to record minutes of each meeting on the official MAC template.
4. To conduct meetings according to Robert's Rules of Order.
5. To keep the Executive Director informed of all sport committee actions. The Executive Director must be notified at least one week in advance of all special meetings.
6. To send a copy of the minutes to the coaches of that sport, liaison, and to the MAC staff within three business days following meetings.
7. If the sport liaison is unable to participate in the meeting, communicate all action items with that person.
8. To ensure that all coaches are members of the appropriate All-America team organization.
9. The term of appointment for a sport committee chair is two years and can be renewed once. If possible, chairs rotate between conferences.

### ARTICLE IV

#### STUDENT-ATHLETE ADVISORY COMMITTEES

- A. Objectives
  1. To be advocates for student-athletes at the institutional, conference, and NCAA levels.
  2. To help student-athletes develop leadership skills and strategies.
- B. Campus
  1. Each team has at least one representative.
  2. The group is advised by a member of the athletics staff.
  3. The director of athletics and FAR should meet periodically with the group.
  4. The conference provides a general grant which may be used at the institution's discretion to fund SAAC activity.
  5. The group has bylaws, officers, and schedules regular meetings.
- C. Conference
  1. Each school is to have at least two representatives participate in each conference call and meeting. They should be selected by the advisor in consultation with the director or athletics and be of different genders, sports, and class years. A third institutional representative may be added, regardless of gender, class, or sport, if the student-athlete identifies as an ethnic minority (2020-21).
  2. An Executive Committee of four persons is elected each year. They are responsible for setting the agenda and conducting meetings.
  3. Conference representatives should report on action items, initiatives, and recent trends to their campus SAACs.

## OPERATING PROCEDURES

4. There are two in-person meetings (September and February) and two conference calls (October and April) each year.
5. The group determines positions on NCAA legislation and conference initiatives. Representatives are permitted one vote per institution on all matters.

### ARTICLE V

#### VOTING DELEGATES MEETING

Voting delegates meetings shall take place three times each year, following the fall, winter and spring sport programs (the fall and winter meetings start at 9:30 AM at a centrally located school). All athletics administrators from each member school may attend these meetings. If a school does not send a representative, they are to be fined (\$100 for first violation, \$200 for next, etc.) and reported to their president. Any business matters already filtered through the Athletics Directors Board will be addressed. Member schools are permitted one vote per institution.

### ARTICLE VI

#### BOARD MEETING

The Board meets three times each year and at the Annual Meeting where athletics administrators, athletics direct reports, and faculty athletics representatives are invited and expected to attend.

### ARTICLE VII

#### DISPUTE RESOLUTION

- A. The Athletics Directors Board ensures compliance with conference initiatives, regulations, rules, and expectations.
- B. Each sport committee directs questions about the conduct of their sport, official NCAA rules and regulations, eligibility issues, potential sponsors of championships, disciplinary matters, and any other ideas or problems to the Executive Director.
- C. Disputes regarding the rules and regulations of any particular sport must be resolved at the competition site. The referee's decisions are final. Also, there shall be no protests of judgment calls. Coaches are encouraged to have the Fact Book and the appropriate NCAA Rules at the site of competition.
- D. For any disputes of administration during a championship or conference contest, the following procedure has been adopted:
  1. The coaches, officials, and/or game site manager should first attempt to reach resolution at the site.
  2. An athletics administrator may bring the dispute to the MAC Executive Director, in writing, within three days following the championship or conference contest.
  3. The Executive Director will contact Athletics Directors Board members for investigation. A majority vote by the Athletics Directors Board is required for the appeal to be upheld.
  4. Decisions of the Athletics Directors Board may be appealed to the Executive Committee.

## OPERATING PROCEDURES

5. If the timing of the appeal does not permit contact with the three Athletic Directors Board members, the Executive Director, as chief operating officer of the MAC, is empowered to act immediately on the matter.
  6. Any reversal for an ejected player must occur prior to the opponent's last practice.
- E. For disputes unrelated to the rules and regulations of any particular sport, including but not limited to recruitment, fan behavior, and advertisement and promotion, the following procedure has been adopted:
1. Athletics directors of involved institutions should first attempt to reach resolution.
  2. Issues that cannot be resolved between athletics administrators at the institutional level will be considered by the Athletics Directors Board after the MAC Executive Director receives the dispute in writing.
  3. Presidents may bring any dispute to the MAC for resolution by contacting any member of the MAC Executive Committee. The Executive Committee member will then contact all other members of the Executive Committee. A majority vote of the Executive Committee is required for the complaint to be referred to the MAC Office for investigation. The results of the investigation shall be sent to the Executive Committee members for resolution. Decisions of the Executive Committee may be appealed to the Board of Directors.

## COMMITTEE LIAISONS

GROUP	NAME	SCHOOL	TERM APPOINTMENT
Athletic Training	Paul Saikia	York	2020
Baseball	Bill Stiles	Alvernia	2017
Men's Basketball	Eric McNelley	Eastern	2018
Women's Basketball	Scott Coval	DeSales	2018
Cross Country	Gracia Perilli	DeSales	2015
Field Hockey	Cheryl Ish	King's	2015
Football	Jack Shafer	Widener	2023
Men's Golf	Dave Duda	Delaware Valley	2022
Women's Golf	Matt Day	York	2022
Men's Ice Hockey	Brett Adams	Stevenson	2017
Women's Ice Hockey	Brett Adams	Stevenson	2017
Men's Lacrosse	TBD		
Women's Lacrosse	Larissa Gillespie	Widener	2016
Men's Soccer	Chuck Edkins	Misericordia	2015
Women's Soccer	Sue Kolb	Hood	2022
Softball	Stacey Hollinger	Lebanon Valley	2015
Sports Information	TBD		
Swimming	Janice Luck	Albright	2015
Men's Tennis	Sue Kolb	Hood	2023
Women's Tennis	Sue Kolb	Hood	2023
Track & Field	Sarah Gustin-Hamrock	Messiah	2021
Men's Volleyball	Heidi Birtwistle	Eastern	2017
Women's Volleyball	Brian Granata	Arcadia	2017
Wrestling	Russ Rogers	Stevens	2019

This handbook is a guide for MAC athletic trainers when hosting a conference event or visiting another conference institution. Any comments or suggestions regarding the contents should be brought to the attention of the Chair (see Committees/Chair section).

### Section I – Committee

- A. An athletic trainers committee, composed of four persons, is appointed by the MAC executive director.
- B. The chair conducts the annual business meeting on the third Monday in May.

### Section II – Professional Courtesy by Host Institution

- A. Prior to Event
  - 1. The host athletic trainer will extend professional courtesies to the visiting athletic trainer and/or duly authorized representative (member of the coaching staff) of the visiting team.
  - 2. In-person greeting by athletic training staff member or duly authorized representative, which may include a coach, with inquiry as to special requests or problems.
  - 3. An athletic trainer should be available at least an hour prior to game time.
- B. During an Event
  - 1. Provide adequate space and tables for taping.
  - 2. The host athletic trainer will accompany the event physician onto the playing area when requested by the visiting athletic trainer (injury of visiting team member). In case of serious injury, the host athletic trainer will coordinate any further emergency care.
  - 4. Supply ice for injury care.
  - 5. Water is to be available at the site of competition one hour prior to start time. A half-time refreshment may be provided at the discretion of the host school.
  - 6. Provide a doctor, certified athletic trainer, and/or first aid trained person at all traditional or non-traditional season contests.
  - 7. Provide an ambulance or the telephone number and telecommunications device to summon emergency medical help for the MAC event. For football games, an ambulance must be at the playing site.
  - 8. Make available splints, crutches, knee immobilizers, cervical collars, scoop, AED, and blankets.
- C. After an Event
  - 1. The host athletic trainer will arrange for the event physician to remain in the athletic training room for a brief period to evaluate all injuries sustained by either team. The host athletic trainer will personally check with the visiting team athletic trainer for any further needs.
  - 2. The host athletic trainer should contact the athletic trainer and/or the physician of an injured athlete regarding the injury evaluation when deemed necessary.

### Section III – Professional Courtesy – Visiting Athletic Trainer

- A. The visiting athletic trainer notifies the home athletic trainer at least 24 hours in advance of the contest if the visiting team requires the assistance of the host athletic trainer.
- B. If special medical care or equipment is needed for any student-athlete, the visiting athletic trainer contacts the host athletic trainer at least 24 hours in advance concerning special needs.
- C. Visiting teams are expected to supply their own taping supplies and medical kit.
- D. During the event, the visiting athletic trainer is responsible for requesting medical assistance from the host athletic trainer in case of serious injury to any athlete.
- E. After the event, the visiting athletic trainer keeps all injured athletes who s/he believes should be seen by the physician together so that medical evaluations can be made promptly and efficiently.

#### Section IV – Physicians

An attending physician's decision concerning an athlete's ability to participate cannot be overruled by a coach or a student-athlete.

#### Section V – Championship Events

- A. When hosting a MAC championship, the host athletic trainer is responsible for coordinating all athletic training and emergency services but is not responsible for site management. The athletic trainer may personally cover the event, have a staff member cover the event, arrange for coverage by the participating schools, or contract through a clinic.
- B. The MAC Office will compensate one athletic trainer for coverage of swimming, individual tennis, and indoor track & field championships at a rate of \$10/hour.
- C. Emergency Action Plans (EAP) at neutral sites will be posted on championship central pages on the MAC website.

#### Section VI – Other Guidelines

- A. Each institution follows Occupational Safety and Health Administration (OSHA) guidelines for bloodborne pathogens.
- B. Institutions should request hardship waivers for injured student-athletes at the end of the season.
- C. Athletic trainers are responsible for monitoring and enforcing the school's lightning policy. Supervisors of officials for MAC sports conducted outdoors will be contacted by the executive director annually about this policy; schools need to contact their assignors in track & field; coaches of golf and cross country must be familiar with the guidelines.
- D. No electrical modalities will be used to treat officials, but they will have access to tape, heat, and ice. Taping and manual stretching will be at the discretion of the institution and Certified Athletic Trainer.
- E. Athletic trainers are to enforce conference cold weather guidelines.

##### 1. General Principles

- a. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that

temperature needs to be considered as a major factor in the safety and well-being of all participants.

- b. These are minimal standards. Institutions may agree to use more stringent criteria, but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
- c. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
- d. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
- e. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
- f. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
- g. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.

## 2. Baseball and Softball

Games are to be played when the temperature is above 38° F or the wind chill is above 30° F. If the forecast for the home team's area indicates that conditions will not reach the above minimums by a half hour before game time and maintained throughout the competition, the games will be rescheduled.

## 3. Tennis

If for two of the four hours from match time start, the temperature (real or wind chill) does not exceed 40° F or the sustained wind will be in excess of 20 miles per hour, the match is to be rescheduled. For tournaments, these minimums must be employed for at least half of the projected playing time.

## 4. Golf

The temperature (real or wind chill) must be above 32° F for the duration of the round or be rescheduled.

## 5. Cross Country

If the temperature is below 0° F (real or wind chill) at the start of the competition, it is to be rescheduled. There must be a 15-minute break between races if the temperature is below 15° F so coaches and race personnel can warm up; if it is between 15-25° F, a break is recommended.

## 6. Field Hockey, Lacrosse, Soccer, Track & Field, and Other Sports

- a. If the temperature (real or wind chill) is below 25° F, competitors must be supplied apparel that protects as much skin as possible and have access to a warming area.
- b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
- c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## 7. Football

- a. If the temperature (real or wind chill) is below 25° F, competitors must be supplied apparel that protects as much skin as possible and have access to a warming area.
- b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes of outdoor exposure or space heaters need to be provided in the bench areas.
- c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

- F. Per NCAA mandate, each school must name an athletics healthcare administrator, a person who makes health care decisions without any responsibility to or oversight by coaches.

*LAST REVISED: AUGUST 15, 2015*

### GENERAL PRINCIPLES

Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.

These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.

The language in this document relates to competition, but the temperature criteria are also applicable to all practices.

Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.

The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.

These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.

The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.

### BASEBALL & SOFTBALL

Games are to be played when the temperature is above 38° F or the wind chill is above 30° F. If the forecast for the home team's area indicates that conditions will not reach the above minimums by a half hour before game time and maintained throughout the competition, the games will be rescheduled.

### TENNIS

If for two of the four hours from match time start, the temperature (real or wind chill) does not exceed 40° F or the sustained wind will be in excess of 20 miles per hour, the match is to be rescheduled. For tournaments, these minimums must be employed for at least half of the projected playing time.

### GOLF

The temperature (real or wind chill) must be above 32° F for the duration of the round or be rescheduled.

### CROSS COUNTRY

If the temperature is below 0° F (real or wind chill) at the start of the competition, it is to be rescheduled. There must be a 15-minute break between races if the temperature is below 15° F so coaches and race personnel can warm up; if it is between 15-25° F, a break is recommended.

### SOCCER, LACROSSE, FIELD HOCKEY, TRACK & FIELD, OTHER SPORTS

If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.

If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.

If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

### FOOTBALL

If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.

If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes of outdoor exposure or space heaters need to be provided in the bench areas.

If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

- A. Each team sport that conducts a conference schedule selects a first, second, and honorable mention all-conference team. (Baseball, Basketball, Field Hockey, Football, Ice Hockey, Lacrosse, Soccer, Softball, Tennis, and Volleyball)
- All-Conference recognizes the best performing players
- B. In sports that do not have a conference schedule or standings, place-finishers are awarded medals to recognize all-conference. (Swimming, Indoor/Outdoor Track & Field, Wrestling: 1st-3rd get medals | Cross Country 1st-30th get medals; Golf: 1st-10th get medals)
- In sports with individual events, first place will be first team, second place will be second team, and third place will be third team. Exceptions: in cross country, 1-10 is first team, 11-20 is 2nd team, and 21-30 in third team; in golf, 1-5 is first team, 6-10 is second team, no 3rd team or honorable mention in golf.
- C. An all-conference nominee must complete the season in order to be eligible for recognition.
- D. The size of the all-conference team is the same as the number of positions of the sport (e.g., five in basketball, 11 in soccer) and also includes positions designated on the regional All-America team. Any player who receives two or more votes and is not selected for all-conference is eligible for honorable mention. The honorable mention team does not exceed the number of spots on the first team of the all-conference allocation. (Amended, May 2022, Voting Delegates)

For Honorable Mention each nominated player receives the following points based on the ranked votes they received for all-conference:

Number Ranked	2 Points Awarded	1 Point Awarded
2	2	1
3	3, 2	1
4	4, 3	2, 1
5	5, 4, 3	2, 1
6	6, 5, 4	3, 2, 1
8	8, 7, 6, 5	4, 3, 2, 1
9	9, 8, 7, 6, 5	4, 3, 2, 1
10	10, 9, 8, 7, 6	5, 4, 3, 2, 1

- E. Each conference sport names a player, rookie (completed first year of eligibility), and coach of the year. Other OTY awards have to be approved by the awards committee.
- F. Procedure for all-conference voting (exceptions are listed in sport code):
1. All information is to be submitted online.
  2. Information will be sent out at least the week prior to the process beginning for conference-schedule sports, which is typically the week before the final week of regular-season contests.
  3. During the week prior to the last contest of the season, the all-conference process opens. Coaches submit their nominations and all information online. Coaches provide an overall ranking of their nominees and comments about their players to help the other coaches distinguish a team's top players.

4. The timeline / deadlines will be discussed and set up during preseason calls to align with regional/national timelines. They will also be listed on the MAC Awards Calendar by the start of the regular-season.
5. Coaches have the ability to request a pre-voting call to discuss all nominees before voting for the all-conference team. To date; only Football conducts this call between nominations and voting deadlines.
6. Each coach is to prioritize their selections based on this formula:

Number at position or on team	Coaches Rank
1	2
2	3
3	5
4	6
5	8
6	9

In basketball, coaches rank 10 players.

7. Ties in the all-conference voting are not broken (including honorable mention spots)
8. After the completion of the all-conference team, coaches will then conduct a major awards (of the year awards) zoom call to openly discuss potential candidates and then conduct votes via an online ballot. Voting results will be shown on the call following the completion of all voting. Based on the all-conference team, coaches can nominate up to one player per major award. Major award recipients must come from the first team, except for Rookie of the Year. Exceptions: Defensive Player of the Year for basketball and volleyball does not need to come from the first team. (Amended, May 2022, Voting Delegates)
9. To be eligible for Rookie of the Year consideration, a student-athlete must be using their first year of collegiate eligibility in the sport they are being nominated for the award.
10. Coaches may not vote for nominees from their own institution. The all-conference teams will be tallied and released to the MAC SID's as soon as all coaches have voted. They will be released at a time pre-determined.
11. If a coach submits information that lacks integrity, the MAC Office will contact his or her director of athletics.
12. The MAC Office will adjust the voting for major awards and all-conference if discrepancies occur.

This handbook is prepared for the use of sports information directors who are to be familiar with its contents. Any suggestions regarding the contents should be brought to the attention of the chair of the group.

#### Section I – Committee

- A. A sports information directors committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The Chair conducts the annual business meeting on the third Monday in May.

#### Section II – SID Responsibilities

- A. Game day services should be posted in the visiting team locker room.
- B. General Minimum Standards – Football
  - 1. Preparations for Game Day
    - a. Host SID should apprise visiting SID of press box services available (press credentials, seating details, sideline passes, statistics provided, etc.) well in advance of the game.
    - b. Live stats are required.
  - 2. Press Box Procedures
    - a. Provide game programs to media and statisticians noting number changes, starting line-ups, and other corrections.
    - b. Have the NCAA Football Statisticians Manual and Rule book handy.
    - c. At half-time and end of game, provide six statistics packages for visiting coaches.
    - d. The press box is a working area for professionals; cheering and excessive noise will not be tolerated. For those found continually violating the excessive noise policy, one warning will be issued by the home site authority. Continued unacceptable behavior may result in expulsion from the area.
    - e. Establish locker room and post-game interview policy for the media.
    - f. Host SID is responsible for contacting D3Football.com with the score.
- C. General Minimum Standards – Men's and Women's Basketball
  - 1. Host school must provide the visiting coach a complete NCAA box score, including minutes of play for both teams.
  - 2. Host SID is responsible for reporting scores to D3hoops.com immediately following the game.
  - 3. Live stats are required.
- D. General Minimum Standards

1. Provide all opponents with complete alphabetical roster listing number, name, class, position, height, hometown, and high school of each student-athlete. Include weight (men's basketball, football, men's lacrosse, and wrestling) and batting and throwing (baseball and softball).
2. Within a week of the first contest, submit the team roster in the appropriate format to the MAC Office.

### Section III – Conference Reporting and Statistics

#### A. Reporting – The SID, or a designate, uploads XML files in these time frames:

- 1.. Football: within a half hour of the game's end.
2. Regular season results: by next morning.
3. Last regular season contest and championships: within one hour of game's conclusion.
4. Schedule changes: when they occur.

#### B. Statistics

1. MAC statistics are based on all games played.
2. Statistical records are based on intercollegiate competition while a member of the MAC (since 1912). SIDs should inform the MAC Office of all statistical records.
3. The scorers for each team work together during the contest to complete a full box score. Discrepancies must be resolved at the site of competition. If no agreement can be reached, the home book is official.

#### C. Nominations

1. Nominations for academic honor roll, scholar-athlete, and academic all-MAC recognition are submitted to the MAC Office as requested
2. The MAC director of media relations picks players of the week for all sports. The timeline for players of the week:

Sport/s	Day	Deadline	Release
Other sports (including Football)	Sunday	10 p.m.	Monday
Tennis & Golf	Monday	10 p.m.	Tuesday

3. All rosters of awardees include (in this order): name, school, class, sport, position, hometown, and high school; include a picture.
4. When appropriate, GPAs and majors will be included with releases unless a school has a policy against this procedure. They will not be included on the academic honor roll.

## Section IV – Hosting Conference Championships

## A. Organization

1. For individual championships, the MAC Office will work with host SIDs on details, particularly the information letter.
2. For championships with higher seed hosts, be sure to be familiar with all the action items discussed on the participant call.
3. Keep the MAC FactBook available at all times. It contains the policies and procedures for the administration and conduct of championships.

## B. Communications

1. In cross country and outdoor track & field, the host works with the MAC office on an information letter that is sent to all eligible institutions (athletic director, coach, and SID). In golf, swimming, individual tennis, indoor track & field, and wrestling the MAC Office coordinates all championship responsibilities.
2. For higher seed hosts, if the cost to print a game program will exceed \$100, contact the MAC executive director for approval. Digital programs are encouraged.
3. Programs should include information on special awards, including biographical information on honoree.
4. The MAC Office will set up a championship central page for cross country, golf, swimming, individual tennis, track & field that includes: championship program, directions to venue, lodging and food options, psych sheets, heat sheets, photos, social media, and results.
5. Live stats are required for conference championships unless a school is hosting more than one event.

## C. Press Facilities and Service

1. Provide space for media with internet/WiFi access.
2. Prepare a press packet that includes useful information not contained in the championship program.

## D. Official Results &amp; Photos

At the conclusion of the championship, send the final results to the MAC Office, appropriate media outlets, and each participating school. If photographs were taken during the championship, inform each competing school of the procedure for obtaining copies. After each championship, send a picture of the championship team to the MAC Office to post on the website.

This handbook provides guidelines for MACtv (the conference digital network). (Adopted, Spring 2022)

## Section I – Requirements

- A. All MAC institutions are required to join MACtv powered by HudlTVI  
*(once current streaming contracts end; strongly encouraged to end contract sooner if feasible)*
  - a. Contact Mark Krug ([mark.krug@hudl.com](mailto:mark.krug@hudl.com)) to discuss membership options
- B. Streaming
  - a. Minimum Standards
    - i. Score Bug - provide at least the score, clock and/or quarter/half/inning
    - ii. MACtv Logo - place the network logo on your broadcast via the score bug or as a watermark on the stream (top right or top left of screen)
    - iii. Natural Sound - provide natural sound of contest if there are no play-by-play announcers.
  - b. Regular-Season Events
    - i. There is no mandate on streaming specific regular-season contests, however, it is strongly encouraged to stream all possible home contests given the availability of the institution's staff, equipment, power/internet for event(s).
  - c. Postseason Events
    - i. Schools that host MAC Championship events in the following sports must provide live streaming of all championship contests where permitted (baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball)
    - ii. Schools hosting MAC Championship events in the following sports are strongly encouraged to provide live coverage if possible (cross country, golf, indoor / outdoor track & field, tennis, wrestling)
    - iii. The MAC will work with its institutions and the Graham Aquatic Center to secure live video coverage of the MAC Swimming Championships.
- C. Archived Games
  - a. All contests streamed on MACtv will be available on demand following the completion of the contest (both regular-season and postseason)
  - b. Exception: Soccer - MAC office will take down all conference tournament games prior to NCAA selection show and the conference NCAA qualifiers have the flexibility to remove their film in preparation for NCAA opponents. Other conference schools are not required to take down their own film. (AD, March 2023)
- D. Clip Sharing
  - a. Institutions are permitted to make use of the video sharing to clip any parts of home or away games their teams compete in for their own promotional purposes.

This handbook is for the use of cross country coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport chair or administrative liaison.

### Section I – Sport Committee

- A. A cross country sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all in-season meets and the championship meets under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the cross country coach's conference call on the Monday after the NCAA championship at 6 PM (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Members

#### Middle Atlantic Conference

Albright

Alvernia

Arcadia

Delaware Valley

DeSales

Eastern

Fairleigh Dickinson-Florham

Hood

King's (Pa.)

Lebanon Valley

Messiah

Misericordia

Stevens

Stevenson

Widener

York (Pa.)

### Section III – Championships

- A. General Information (Executive Regulations, Article IV, page 5)
  - 1. A MAC championship for men and for women (distance of race based on NCAA standards) will be held at a predetermined site two weeks prior to the NCAA Division III Regional Championships.
  - 2. There are no sub-varsity runs at the MAC Championships.
  - 3. The championship races start at 11 AM and Noon. Awards are at 1:15 PM, or after the half hour protest period.

4. After results are posted, teams have 30 minutes to appeal results. Appeals are resolved by the sport committee. See NCAA Rules – 4.3.6-7.
5. Access to the championship course: the championship host will sponsor at least one meet during the regular season; with permission from the host school, a team may visit the course; and at the MAC championships, inspection occurs from 4-6 PM on Friday and 8-11 AM the day of the race.
6. A coach's conference call to review championship meet details occurs on the Friday night prior to the MAC meet at 8 PM.
7. The women's race will be conducted first in even-numbered years, and the men's race will be conducted first in odd-numbered years.
8. The host has \$2,400 to conduct the meet: Marc Logue of Pioneer Timing will provide timing services for \$1,000 plus travel costs.
9. A camera records the contestants crossing the finish line.
10. Future sites:

2023 Misericordia  
2024 Messiah  
2025 Delaware Valley  
2026 Stevenson

Full rotation: Misericordia, Messiah, Delaware Valley, Stevenson, Hood, DeSales, York, LVC. If a team is unable to host in their given year, that school will work in chronological order of the host list to find a year/school to switch with. The order of the host sites will NOT change when schools are unable to host. If a new school puts in a bid to host, they will go to the end of the current rotation of host sites.  
(Amended 22-23)

11. A team that experiences transportation problems should contact the MAC executive director at least an hour and a half prior to the race. The sport committee will adjust the start time accordingly.
- B. The MAC Office, in conjunction with the host school, sends an information letter to all conference schools at least one month in advance of the championships that contains:
1. Entry procedure through Direct Athletics by 11:59 PM the Monday prior to the MAC championships. A school is fined \$25 per student-athlete (\$100 maximum per team) for late entries. A school may enter up to fifteen entries, but only twelve starters are permitted. The final list of runners competing in the meet is due at least 15 minutes prior to race start.
  2. Indicate the names of the officials assigned to handle the meet.
  3. Provide information on locker rooms, parking, team camp location, registration site, awards area, and a contact list.
- D. Arrange contract for chip timing and online entries
- E. Registration Packets
1. Chip assigned to each competitor

2. Box assignments
  3. Course maps
- F. General Equipment for Meet (see NCAA Rule Book – Rule 8, Section 4)
1. Tables, chairs, and tents for hospitality, t-shirt sales, and awards
  2. Medals and plaques from MAC Office
  3. Public address system
  4. Bathroom facilities (at least 12 portable restrooms, with two near starting line for student-athletes)
  5. Finish line chute and camera
  6. Course markings
- G. Personnel to Run Meet (see NCAA Rule Book – Rule 8, section 5-6)
1. Athletic trainers and other emergency personnel
  2. Sport committee members
  3. Marshalls
  4. Parking attendants
  5. Finish line workers
  6. Mile split readers
  7. Marc Logue to produce results
  8. Starter
- H. Criteria in Section VI apply.

Section IV – Awards (Executive Regulations, Article II, page 1).

- A. Runner and rookie of the year are the top finishers in each race.
- B. Coaches vote on coach of the year.
- C. All-Conference finishers receive medals.

Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).

- A. Top ten finishers are first team all-conference.
- B. 11-20 finishers are second team all-conference.
- C. 21-30 finishers are third team all-conference.

Section VI – Regular Season

- A. NCAA rules apply.
- B. Cold Weather Policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - 8. If the temperature is below 0° F (real or wind chill) at the start of the competition, it is to be rescheduled. There must be a 15-minute break between races if the temperature is below 15° F so coaches and race personnel can warm up; if it is between 15-25° F, a break is recommended.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of field hockey coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A field hockey sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Wednesday after the conference championships (Operating Procedures, Article III, Part C, page 3).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  1. To be eligible for championship play, a team must play all conference teams (Executive Regulations, Article V, page 8). Standings in each conference are determined by single round robin play within the conference.
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) listed below are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Goal differential between and among the tied teams, with a maximum differential of 3 goals.
- iv. Tied teams' goal differential in conference contests starting with #1, then #2, etc. with a maximum differential of 3 goals.

**B. Conference Tournament (Executive Regulations, Articles IV and V, pages 5-9)**

1. The top four MAC Commonwealth teams qualify for the tournament: #4 vs. #1, and #3 vs. #2 are played on Wednesday after the cutoff date.
2. The top four MAC Freedom teams qualify for the tournament: #4 vs. #1, and #3 vs. #2 are played on Wednesday after the cutoff date.
3. The winners of the semifinal games meet on Saturday for the conference championship.
4. All games are at the site of the higher seed.
5. The winner of each conference championship receives an NCAA automatic qualifier bid.
6. During the week, championship games start at 2:30 PM unless the institution has lights.
7. Officials must hold at least a USA Field Hockey sectional rating and are provided a \$50 stipend.
8. For the championship game, a third official is hired for \$100 to help with substitutions, penalties, or other issues related to officiating.
9. A turf field must be used for tournament games.
10. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1)**

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)**

- A. The first team will consist of three forwards, three midfielders, three defenders, an at-large player, and a goalkeeper.
- B. The second team will be 10 players and a goalie.
- C. Honorable mention to include up to 11 players

- D. A defensive and offensive player of the year, rookie and coach of the year are named.
- E. The coaches will conduct a conference call to present their players and vote for major awards.

#### Section VI – Regular Season

- A. International Hockey Federation (FIH) rules with NCAA modifications apply unless superseded by MAC rules.
  - 1. An NCAA regulation length game must be played in order for the game to count in the standings.
  - 2. Conference games ending in ties are to be concluded according to the NCAA tiebreaker system.
- B. Game shirts worn by the designated home team must be predominately dark, and game shirts worn by the designated away team must be predominantly white or light.
- C. The host school must have a visible scoreboard and clock in order to host any MAC match, unless the game is on a non-institution owned, off-campus site.
- D. The 18-inch board in the goal cage must be painted a dark color.
- E. Lois Pinto assigns officials for all MAC contests through the 2023 season. (Executive Regulations, Article VI, Part I, page 11). Officials wear headsets to improve communication.
- F. The home team provides four trained ball runners.
- G. Per National Field Hockey Coaches Association (NFHCA) guidelines, the home team is responsible for providing 50 balls and 25 cones for the visitor's pre-game warm up. These must be of the same quality as those used by the home team.
- H. During pregame warmups teams shall stay on their designated side of the field for all warmup activities. Neither the home nor away team will cross the 50-yard area during pregame. (December 2022))
- H. Cold Weather Policy
  - 1. Because the duration of a contest, including warm-ups, varies, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.

6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - a. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
  - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
  - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## Section VII – Filming Policies

### A. General Guidelines

1. The person doing the filming must have enough training in order to provide quality control (proper scanning of the field, no commentary, and appropriate zoom to discern players and flow of play).
2. The home team is responsible for videotaping every game and uploading it into TeamXStream by 11 AM the day after the game is played. For weekend games, they must be available by 11 AM on the following Monday.
3. Per coaching organization, this is an open film exchange for participating members.
4. If the home team experiences technical problems and the away team has also filmed the game, the away team will upload the video.
5. Scrimmages do not have to be uploaded.
6. Conference tournament games must be loaded into the system by the normal deadline.
7. There is a \$100 fine for missing a deadline or not posting useable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

### B. Filming Procedures

1. Film from an elevated area (at least 10 feet above the playing surface) at midfield.
2. Begin recording when the starting lineups and officials are introduced.
3. Pause the recording only at half time, prior to overtime periods, or when any extenuating circumstances stop play (weather delay, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture as much of the field as possible, but zoom in to identify players when something significant is occurring around the ball – fouls, scoring, etc.
5. Following a goal, and prior to the restart of the match, focus the camera on the scoreboard to indicate time of goal and score of the match.

6. End recording after the teams have shaken hands and cleared the field. Be sure to focus the camera on the scoreboard to indicate the final score.

Section VIII – Statistics (Support Staff, Sports Information Directors, Section III, page 2).

Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of football coaches who are to be familiar with its contents. Any comments regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A football sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual football coach's conference call the second Monday after the last regular season game (Operating Procedures, Article III, Part C, page 3).

## Section II – Conference Organization

### Middle Atlantic Conference

Albright

Alvernia

Delaware Valley

Eastern University

Fairleigh Dickinson-Florham

King's (Pa.)

Lebanon Valley

Misericordia

Stevenson

Widener

## Section III – Championship

- A. The conference champion is determined by the best record in the eight conference games and is awarded the Automatic Qualifier. In case of a tie, the tied teams are co-champions. The following tiebreaking system, in descending priority order, is used to qualify team(s) for the NCAA automatic qualifier and Centennial-MAC Bowl Series.
  - 1. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure b). The progression through a procedure stops at any point where teams cannot be ranked.
  - 2. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
  - 3. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams. If that win/loss ranking can't be determined, and in the case of two tied teams, procedures (a) through (f) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- a. Head-to-head results between and among the tied teams in conference games.
  - b. Tied teams' won-loss records versus conference teams starting with #1, then #2, etc.
  - c. Conference winning percentage of teams beat in eight MAC games.
  - d. Point differential between and among the tied teams, with a maximum differential of 17 points.
  - e. Tied teams' point differential in conference games starting with #1, then #2, etc. with a maximum differential of 17 points.
  - f. Preseason draw to rank teams 1-11. This will be used to break ties that cannot be determined in any other way.
- B. The three teams with the best records not selected for the NCAA tournament, compete in bowl games with the Centennial Conference.
1. The top seed in each conference will host the second seed from the other conference. Regular season contests will have no bearing on seeding. (Amended May 2023)
  2. The Centennial Conference will host the third seed games in odd years and the MAC in even years (AD, Aug. 2021).
  3. If members, teams not selected for the NCAA tournament or MAC/Centennial bowl games are eligible for ECAC bowl games.
  4. Standard film exchange must occur between participating teams by 9 p.m. Sunday night. The opposing team has the choice of three games for film exchange.
  5. There is a participant call on Monday morning at 9 a.m.
  6. Eight officials are assigned for postseason contests.

#### Section IV – Awards (Executive Regulations, Article II, page 1).

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

#### Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)

- A. The team consists of an offense (quarterback, two running backs, fullback, tight end, three wide receivers, and five linemen) and a defense (four linemen, four linebackers, and four backs) plus a special team's player, punter, returner, and kicker.
- B. Honorable mention may include up to 29 players.
- C. An offensive and defensive player of the year, rookie and coach of the year are selected.
- D. The coaches conduct a conference call at 3 p.m. on the Sunday after the season to discuss their all-conference nominees. A separate conference call will take place after the all-conference team is determined to vote for major awards. (Amended, May 2023)

#### Section VI – Regular Season

- A. NCAA rules apply unless superseded by MAC rules.
- B. The home team wears its colors and the visiting team wears white.
- C. John Shigo assigns seven officials for all games through the 2023 season (Executive Regulations, Article VI, Part L, page 8).
- D. MAC games are played on Saturday starting at Noon or 1:00 p.m., unless the participating schools agree to a change.
- E. Security keeps the visiting team's sideline completely free of non-essential personnel. Fans are never permitted inside a fenced-off area.
- F. If a game cannot be resumed within two hours, and it hasn't reached the fourth quarter (at least one play in last period), it must be completed at a date convenient for both schools. A suspended game that is in the fourth quarter is an "official" game and will be recorded in the conference standings as such.
- G. For varsity games, an ambulance and physician are required.
- H. Cold Weather Policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
    - a. If the temperature (real or wind chill) is below 25° F, the school is to ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
    - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes of outdoor exposure or space heaters need to be provided in the bench areas.
    - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

- I. A maximum of four people shall be assigned to the chain gang with one ball person on the visiting team's sideline.
- J. The home team shall admit free of charge the immediate family of the opposing team's coaches.
- K. Regular Season Scheduling: The MAC football schedule will be a single round robin against all other MAC teams with week 5 as a bye. (Amended May 2023) (Executive Regulations, Article V, page 5). The conference schedule starts in week #2. The last game of the season is for rival games (Albright/Lebanon Valley and Delaware Valley/Widener).
- L. SID's will provide six copies of statistics for coaches at half-time.
- M. The tiebreaking procedure will "withdraw" games when a contest cannot be completed due to circumstances beyond the institution's control.
- N. If a player is disqualified in the first half, during the halftime intermission, an assistant coach will provide a video of the play in question to the referee for his review in the officials' private, secure location. The referee will review the video to determine whether to reverse the disqualification. The decision of the referee is final. The video source and the location of the review will be determined prior to the game through mutual agreement of the teams and the referee.

#### Section VII – Filming Policies

- A. Live scouting of conference opponents is not permitted. After the regular season, coaches may attend postseason contests.
- B. Out-of-season exchanges between conference members are permitted with the approval of all concerned parties.
- C. After week #4, all regular season games will be available for film exchange. Postseason games will not be shared unless two conference teams are matched up.
- D. Prior to week #4, all exchanges are on a 1-1, 2-2, 3-3 basis.
- E. Wide and tight copies must be filmed with a digital camera.
- F. The home team must upload the game film no later than 6 AM the morning after the game.
- G. Exchanges are full game intercut (O/D/K) in game order.
- H. If a school is unable to upload their film, they must hand deliver the film by 9 AM Sunday to the school that needs it.
- I. The home SID must have the game stats and play-by-play posted on their web site by 6 AM Sunday morning.
- J. The camera is to run for five minutes after the game, or until the field is cleared, to record post game incidents.
- K. Hudl is the vendor for film exchange.
- L. The following data are part of the exchange - down and distance, yard line, quarter, gain/loss, O/D/K.
- M. All end-zone copy of film must be unobstructed.

- N. There is a \$100 fine for missing a deadline or not posting useable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

Section IX - Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

The Code of Ethics of the American Football Coaches Association has been developed to protect and promote the best interests of the game of football and the coaching profession. This should be a guide to all coaches in the conduct of their football programs.

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of men's soccer coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A men's soccer sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the conference championships (Operating Procedures, Article III, Part C, page 2).
- D. The coaches meeting will take place at a different time than the women's soccer coaches meeting.

## Section II - Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  - 1. Standings in each Conference are determined on the basis of round-robin play (3 points for a win, 1 point for a tie, and 0 points for a loss). Each team must play all other teams in its Conference (Executive Regulations, Article V, page 8). Conference games ending in a tie must be concluded in accordance with NCAA in-season rules.
  - 2. The cutoff date for concluding conference play is two weeks prior to the first round of the NCAA championship tournament.
  - 3. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying

procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.

- b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
- c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures (i) through (v) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.
  - i. Head-to-head results between and among the tied teams in traditional season conference contests.
  - ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
  - iii. Goal differential between and among the tied teams, with a maximum differential of 3 goals.
  - iv. Tied teams' goal differential in conference contests starting with #1, then #2, etc. with a maximum differential of 3 goals.
  - v. Total goals scored in conference play with a maximum differential of three.

**B. Conference Tournament (Executive Regulations, Articles IV and V, pages 4-5).**

- 1. The top four teams qualify for the tournament: #4 vs. #1 and #3 vs. #2 are played on Tuesday (even years) or Wednesday (odd years). The winners of the semifinal games meet on Saturday for the conference championship.
- 2. Weekday games at sites without lights start at 2 PM.
- 3. All games are at the site of the higher seed.
- 4. The winner of the conference championship receives the NCAA automatic qualifier bid.
- 5. Tournament games are conducted according to the NCAA Championship Handbook. A tied game is decided in a manner consistent with a NCAA championship game.
- 6. At least four ball persons must work the sidelines and end lines.
- 7. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

The sport committee chair informs conference athletic directors of the dates for United Soccer Coaches registration, nominations, and voting; also, sends a reminder about the voting deadline and notification of those coaches who did not vote.

**Section V – All-Conference Selection**

- A. Each team consists of three forwards, three defenders, four midfielders and a goalkeeper.

- B. Honorable Mention may include up to 11 players. (Amended, May, 2022)
- C. A defensive and offensive player of the year, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards.

#### Section VI – Regular Season

- A. NCAA Rules prevail unless superseded by MAC Rules.
- B. The host school assures the following game management conditions:
  - 1. Three officials, assigned by Mark Garcia, for all MAC matches through the 2023 season (Executive Regulations, Article VI, Part I, page 11).
  - 2. A visible score clock unless the game is on an off-campus site, not owned by the institution.
  - 3. A qualified timer.
  - 4. A scorekeeper with an official scorebook (each team must have an official scorebook) who is accessible to both teams. All scorebook details must be rectified at the end of the game.
  - 5. At least two ball persons to work the sidelines. Ball persons are of at least college age and not bench players from either of the competing teams.
  - 6. A minimum of three balls of the same make and model. Each ball person should have a ball available at the same time another ball is in play.
- C. Respective coaches meet prior to the game to discuss any special or unforeseen problems that could affect normal contest conduct.
- D. All players must be listed in the scorebook at the beginning of the game. All MAC regular season and championship contests permit an unrestricted number of players to participate.
- E. If a game reaches the 70-minute mark, it is considered “official” for conference standings. A game that is suspended prior to 70 minutes is replayed in its entirety at another time.
- F. If possible, on the last Saturday of the regular season, football and soccer games will not be scheduled at home together.
- G. Cold Weather Policy
  - 1. Because the duration of a contest, including warmups, varies, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.

4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - a. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
  - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
  - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## Section VII – Filming Policies

### A. General Guidelines

1. The person doing the filming must have enough training to provide quality control (proper scanning of the field, no commentary, and appropriate zoom to discern players and flow of play).
2. The home team is responsible for videotaping all regular season games and uploading them into Hudl within 24 hours of the game's conclusion. For MAC championship tournament games, they must be uploaded by 11 PM the evening after they are played.
3. If the home team experiences technical problems and the away team has also filmed the game, the away team will upload the video.
4. All MAC members have access to every uploaded game.
5. Scrimmages do not have to be uploaded.
6. Game films may not be shared with teams outside of the MAC.
7. There is a \$100 fine for missing a deadline or not posting usable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

### B. Filming Procedures

1. Film from an elevated area (at least ten feet above pitch) at midfield.
2. Begin recording when the starting lineups and officials are introduced.

3. Pause the recording only at half time, prior to overtime periods, or when any extenuating circumstances stop play (weather delay, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture as much of the field as possible, but zoom in to identify players when something significant is occurring around the ball – fouls, scoring, etc.
5. Following a goal, and prior to the restart of the match, focus the camera on the scoreboard to indicate time of goal and score of the match.
6. End recording after the teams have shaken hands and cleared the field. Be sure to focus the camera on the scoreboard to indicate the final score.

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

If a contest is decided in sudden victory over time, it is officially recorded as a win or loss. If a game is decided by a penalty kick shoot-out, it is recorded as a tie in the team's won/lost record. The penalty kick shoot-out does not show in goals for or goals against; it is used for advancement purposes only.

Section IX - Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's soccer coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A women's soccer sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the conference championships (Operating Procedures, Article III, Part C, page 2).
- D. The coaches meeting will take place at a different time than the men's soccer coaches meeting.

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  - 1. Standings in each conference are determined on the basis of round-robin play (3 points for a win, 1 point for a tie, and 0 points for a loss). Each team must play all other teams in its conference (Executive Regulations, Article V, Parts A, page 8). Conference games ending in a tie must be concluded in accordance with NCAA in-season rules.
  - 2. The cut-off date for concluding conference play is two weeks prior to the first round of the NCAA championship tournament.
  - 3. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.

- b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
- c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures (i) through (v) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.
  - i. Head-to-head results between and among the tied teams in traditional season conference contests.
  - ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
  - iii. Goal differential between and among the tied teams, with a maximum differential of 3 goals.
  - iv. Tied teams' goal differential in conference contests starting with #1, then #2, etc. with a maximum differential of 3 goals.
  - v. Total goals scored in conference play with a maximum differential of three.

**B. Conference Tournament (Executive Regulations, Articles IV and V, pages 4-5).**

- 1. The top four teams qualify for the tournament: #4 vs. #1 and #3 vs. #2 are played on Tuesday (odd years) or Wednesday (even years) after the cutoff date. The winners of the semi-final games meet on Saturday for the conference championship.
- 2. Weekday games at sites without lights start at 2 PM.
- 3. All games are at the site of the higher seed.
- 4. The winner of the conference championship receives the NCAA automatic qualifier bid.
- 5. Tournament games are conducted according to the NCAA Championship Handbook. A tied game is decided in a manner consistent with a NCAA championship game.
- 6. At least four ball persons must work the sidelines and end lines.
- 7. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

The sport committee chair informs conference athletic directors of the dates for NSCAA registration, nominations, and voting; also, sends a reminder about the voting deadline and notification of those coaches who did not vote.

**Section V – All-Conference Selection**

- A. Each team consists of three forwards, three midfielders, three defenders, one at-large and a goalkeeper.
- B. Honorable Mention may include up to 11 players. (Amended, May 2022)

- C. A defensive and offensive player of the year, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards.

#### Section VI – Regular Season

- A. NCAA rules prevail unless otherwise superseded by MAC rules.
- B. The host school assures the following game management conditions:
  - 1. Three officials, assigned by Mark Garcia, for all MAC games through the 2023 season (Executive Regulations, Article VI, Part I, page 11).
  - 2. A qualified timer.
  - 3. At least two ball persons to work the sidelines. Ball persons must be of at least college age and not bench players from either of the competing teams.
  - 4. A scorekeeper with an official scorebook (each team must have an official scorebook) who is accessible to both teams. All scorebook details must be rectified at the end of the game.
  - 5. A minimum of three balls of the same make and model. Each ball person should have a ball available at the same time another ball is in play.
- C. All players are listed in the scorebook at the beginning of the game.
- D. Respective coaches meet prior to the game to discuss any special or unforeseen problems that could affect normal contest conduct.
- E. If a game reaches the 70-minute mark, it is considered “official” for conference standings. A game that is suspended prior to 70 minutes is replayed in its entirety on another date.
- F. If possible, on the last Saturday of the regular season, football and soccer games will not be scheduled at home together.
- G. Cold Weather Policy
  - 1. Because the duration of a contest, including warm-ups, varies, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be posted publicly), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.

6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - a. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
  - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
  - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## Section VII – Filming Policies

### A. General Guidelines

1. The person doing the filming must have enough training in order to provide quality control (proper scanning of the field, no commentary, and appropriate zoom to discern players and flow of play).
2. The home team is responsible for videotaping the last non-conference home game prior to the start of the conference schedule and all conference games and uploading them into Hudl within 24 hours of the game's conclusion. For MAC championship tournament games, they must be uploaded by 11 PM the evening after they are played.
3. If the home team experiences technical problems and the away team has also filmed the game, the away team will upload the video.
4. All MAC members have access to every uploaded game.
5. Scrimmages do not have to be uploaded.
6. Game films may not be shared with teams outside of the MAC.
7. There is a \$100 fine for missing a deadline or not posting usable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

### B. Filming Procedures

1. Film from an elevated area (at least ten feet above pitch) at midfield.
2. Begin recording when the starting lineups and officials are introduced.
3. Pause the recording only at half time, prior to overtime periods, or when any extenuating circumstances stop play (weather delay, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture as much of the field as possible, but zoom in to identify players when something significant is occurring around the ball – fouls, scoring, etc.

5. Following a goal, and prior to the restart of the match, focus the camera on the scoreboard to indicate time of goal and score of match.
6. End recording after the teams have shaken hands and cleared the field. Be sure to focus the camera on the scoreboard to indicate the final score.

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

If a contest is decided in sudden victory overtime, it is officially recorded as a win or loss. If a game is decided by a penalty kick shoot-out, it is recorded as a tie in the team's won/loss record. The penalty kick shoot-out does not show in goals for or goals against; it is used for advancement purposes only.

Section IX – Sportsmanlike Conduct (Executive Regulations Article VI, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's volleyball coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A women's volleyball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Wednesday after the conference championships (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  1. Standings in each conference are determined by single round-robin play. To be eligible for the conference championship, each team must play all other teams in its conference. (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If

that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures #1 through #4 are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

1. Head-to-head results between and among the tied teams in traditional season conference contests.
2. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
3. Differential between and among the tied teams will be compared in terms of the percentage of sets won (1st), and the percentage of points won (2nd).
4. Tied teams' differential in conference contests starting with #1, then #2, etc. in terms of the percentage of sets won (1st), and the percentage of points won (2nd).

**B. Conference Tournament (Executive Regulations, Articles IV and V, pages 4-5)**

1. The top four teams qualify for the tournament: , #4 vs. #1 and #3 vs. #2 are played on Wednesday after the cutoff date. The winners of the semifinal games meet on Saturday for the conference championship.
2. All matches are at the site of the higher seed.
3. The winner of each conference championship receives the NCAA automatic qualifier bid.
4. The host institution must provide the following:
  - a. An announcer to present team members and starting lineups. Announcing the entire match is not required.
  - b. Play the National Anthem prior to the first match.
  - c. Obtain and train the personnel performing the three ball-exchange system.
5. The MAC executive director through the Coordinator of Officials books certified officials as line judges.
6. When appropriate, criteria in Section VI also apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)**

- A. The first team consists of seven players with at least a libero, setter, and three hitters; second team has a libero and the next six players with the most votes. The libero vote is conducted separately from the rest of the players.
- B. Honorable mention may include up to seven players. (Amended, May 2022)
- C. Player, Defensive Player, Rookie and Coach of the Year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards.

**Section VI – Conference Match Regulations**

- A. The type of match to be played (dual, tri, quad) is stipulated in the contract. Dual matches are the standard league format. Any changes to triangular or quadrangular competition must be agreed to by all parties.
- B. All conference matches must be best of five sets; there is no point cap in any set.
- C. In the absence of a scoreboard, the home team provides visible scorecards; place them opposite the players' benches.
- D. Two officials must be rated by Professional Association of Volleyball Officials (PAVO) and are assigned by Rose and Scott Atkinson for all MAC matches through the 2025 season (Executive Regulations, Article VI, Part I, page 11). They also assign two line judges for each conference match.
- E. The Molten IV58L-N tri-color super touch is the official conference ball.
- F. The gym needs to be fully set up and available for play one hour prior to the match starting time (includes the 19-minute pre-match protocol).
- G. Unless superseded by MAC rules, NCAA and NAGWS standards and rules govern play.
- H. A three-ball playing system is recommended.
- I. In-game printed statistics are required for conference matches.

**Section VII – Filming Policies**

- A. General Guidelines
  - 1. The person doing the filming must have enough training to provide quality control (set camera for full view of court and no commentary).
  - 2. All home matches that a team is involved in must be recorded and uploaded into Hudl within 24 hours of the contest's conclusion. For MAC championship tournament matches, they must be uploaded by 11 PM the evening after they are played.
  - 3. If the home team experiences technical problems and the away team has also filmed the match, the away team will upload the video.
  - 4. All MAC members have access to every uploaded game.
  - 5. Scrimmages do not have to be uploaded.
  - 6. Match films may not be shared with teams outside of the MAC.
  - 7. There is a \$100 fine for missing a deadline or not posting useable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.
- B. Filming Procedures
  - 1. Film from an elevated area (at least ten feet above mid-court).
  - 2. Begin recording when the starting lineups and officials are introduced.

3. Pause the recording only between sets or when any extenuating circumstances stop play (power outage, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture the entire court for every point.
5. At the end of each set, focus the camera on scoreboard to indicate the score.
6. End recording after the teams have shaken hands and cleared the court. Be sure to focus camera on scoreboard to indicate the final score.

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

Use the NCAA box score forms in all conference matches. The home team is responsible for submitting a complete box score for all matches (excluding tournaments) to the MAC Office immediately after each match.

Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of men's basketball coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

### Section I – Sport Committee

- A. A men's basketball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the championship tournament (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

### Section III – Championships

- A. Conference Standings
  1. Conference standings are determined by a double round-robin (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Point differential between and among the tied teams, with a maximum differential of 15 points.
- iv. Tied teams' point differential in conference contests starting with #1, then #2, etc. with a maximum differential of 15 points.

**B. Conference Championship (Executive Regulations, Articles IV and V, pages 4-5)**

1. The top four teams qualify: #4 vs. #1 and #3 vs. #2 on Wednesday after the cutoff date. The winners of the semifinal games meet on Saturday for the conference championship. All games are at the site of the higher seed.
2. The winner of each conference championship receives an NCAA automatic qualifier bid.
3. If the higher seeded team cannot host a tournament game, the game then goes to the opponent's court. If neither school can host, then a neutral site is selected by the higher seeded team with the approval of the MAC executive director.
4. If an advance sale of tickets is conducted, each participating school has the right to purchase 1/3 of the seating capacity of the host facility. Unsold tickets must be returned to the host school 24 hours before game time. Participating schools have the right to buy any unsold tickets on game day. Note: This does not apply to a men's/women's doubleheader if more than two schools are involved.
5. The NCAA Handbook is the guide for conducting the tournament.
6. When presenting t-shirts at the championship, announce each player's name.
7. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. The first team and second team consists of five players and coaches will rank ten.
- B. Honorable Mention may include up to five players.
- C. A player, defensive player, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards. Rookie of the Year is voted on separately regardless of the outcome of the all-conference team.

**Section VI – Regular Season****A. Conference Schedule**

1. The conference schedule is a double round robin. Two games are scheduled each week. Games are scheduled at opposite sites on Wednesdays (i.e., men away/women home vs same opponent) and as doubleheaders (men and women both home/away) on Saturday (last week of season Tuesday/Saturday). Thursday of the last week of the regular season is for games that are postponed on the last Saturday or Tuesday of the season. (Amended 2022)
2. All single weekday games will start at 7:00 PM or 7:30 PM.
3. The January schedule starts after the first Saturday in the month.
4. The team with a bye week on the last day of the season will be rotated each season if applicable.

B. Visiting teams are provided seating near the scorer's table, and space must be reserved for the visiting team's scorer and SID at the scorer's table. Hosts are to reserve space behind the opponent's bench for visiting fans.

C. The home team provides a minimum of six conference balls to the visiting team to use for warm-ups. The BSN Sports (The Rock) MG-4000-SK is the official MAC basketball.

D. Three officials, assigned by Donnie Eppley through 2024, must be used in all MAC games (Executive Regulations, Article VI, Part I, page 11).

E. There is a 25-minute break between doubleheader games. Any team arriving late will be given thirty minutes to warm up.

F. The home team provides a completed NCAA box score to the visiting coach as specified prior to the contest.

**G. Film exchange policy with Synergy:**

1. All regular season basketball games are to be uploaded with audio.
2. No scrimmages are to be uploaded.
3. The MAC home team will upload all conference and non-conference games immediately after the contest.
4. Non-conference away games are to be uploaded by noon the day after the contest.
5. Tournament games are to be uploaded by noon the day after the last tournament contest.
6. After the last regular season basketball game, film must be uploaded by midnight that day.
7. For conference games: if there are technical problems with the home team's video, and the away team filmed the game, the away team will upload the better copy.
8. Non-conference games may be shared with non-conference schools as long as they do not impact other MAC schools.
9. A school that does not meet the above guidelines is fined according to MAC criteria (\$100 for first violation, and \$300 for each subsequent violation, during the last week of season, and during conference tournament).

10. Filming starts at the jump ball and continues through the horn signaling the end of the first half. Restart film when ball is thrown in for second half and run until five minutes after the final buzzer or until the teams have left the floor and returned to their respective locker rooms.
  11. Film the scoreboard with the score at each break in the action.
- H. Pre-game routine
1. Officials on the side of the court away from team benches (prevents "bumping" hands).
  2. Players line up on opposite ends of the court in front of their own bench.
  3. Read MAC Code of Conduct and play the anthem.
  4. Teams return to the bench.
  5. Visiting starting five introduced and shake hands with the opposing coach.
  6. Introduce home team starting five, and they shake hands with the opposing coach.
- I. NCAA Rules are used for MAC games.
- J. Only instruments played by band members are permitted.
- K. The MAC has a no-dunking policy during the pre-game period and half-time. The penalty for a player who dunks (after one warning for the team) is a Class B technical foul. The officials' jurisdiction begins at the 20 minute mark prior to the start of the game. Prior to this time, the teams must police themselves.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's basketball coaches who are to be familiar with its contents. Comments or suggestions regarding its contents should be directed to the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A women's basketball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the conference tournament (Operating Procedures, Article III, Part C, page 3).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Conference Standings
  1. Conference standings are determined by a double round-robin (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Point differential between and among the tied teams, with a maximum differential of 15 points.
- iv. Tied teams' point differential in conference contests starting with #1, then #2, etc. with a maximum differential of 15 points.

**B. Conference Championship (Executive Regulations, Articles IV and V, pages 4-5)**

1. The top four teams qualify: #4 vs. #1 and #3 at #2 on Wednesday. The winners of the semifinal games meet on Saturday for the conference championship. All games are at the site of the higher seed.
2. The winner of each conference championship receives an NCAA automatic qualifier bid.
3. If the higher seeded team cannot host a tournament game, the game then goes to the opponent's court. If neither school can host, then a neutral site is selected by the higher seeded team with the approval of the MAC executive director.
4. The NCAA Handbook is the guide for conducting the tournament.
5. When presenting championship t-shirts, announce each player's name.
6. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. The first team and second team consists of five players and coaches will rank ten.
- B. Honorable Mention may include up to five players.
- C. A player, defensive player, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards. Rookie of the Year is voted on separately regardless of the outcome of the all-conference team.

**Section VI – Regular Season**

**A. Conference Schedule**

1. The conference schedule is a double round robin. Two games are scheduled each week. Games are scheduled at opposite sites on Wednesdays (i.e., men away/women home vs same opponent) and doubleheaders (men and women both home/away) on Saturday (last week of season Tuesday/Saturday).

Thursday of the last week of the regular season is for games that are postponed on the last Saturday or Tuesday of the season. (Amended 2022)

2. All single weekday games will start at 7:00 PM or 7:30 PM.
  3. The January schedule starts on the first Wednesday.
  4. If applicable, the team with a bye week on the last day of the season will be rotated each season.
- B. The home team provides a minimum of six conference balls for the visiting team to use during warm-ups. The BSN Sports (The Rock) MG-4500-SK is the official MAC basketball.
- C. Film exchange policy with Synergy:
1. With the exception of tournament games, all regular season basketball games are to be uploaded with audio.
  2. No scrimmages are to be uploaded.
  3. The MAC home team will upload all conference and non-conference games immediately after the contest.
  4. Non-conference away games are to be uploaded by noon the day after the contest.
  5. After the last regular season basketball game, film must be uploaded by midnight that day.
  6. For conference games: if there are technical problems with the home team's video, and the away team filmed the game, the away team will upload the better copy.
  7. Non-conference games may be shared with non-conference schools as long as they do not impact other MAC schools.
  8. A school that does not meet the above guidelines is fined according to MAC criteria (\$100 for first violation, and \$300 for each subsequent violation, during the last week of season, and during conference tournament).
  9. Filming starts at the jump ball and continues through the horn signaling the end of the first half. Restart film when ball is thrown in for second half and run until five minutes after the final buzzer or until the teams have left the floor and returned to their respective locker rooms.
  10. Film the scoreboard with the score at each break in the action.
- D. There is a 25-minute break between doubleheader games. Any team arriving late will be given thirty minutes to warm up.
- E. Three officials are used in all MAC games. Michael Schmidt assigns all MAC games. (Executive Regulations, Article VI, Part I, page 11).
- F. NCAA Rules are used for MAC games except where superseded by MAC rules.
- G. Hosts are to reserve space behind the opponent's bench for visiting fans.
- H. The home team provides a completed NCAA box score at the end of the game.

- I. Pre-game routine (can be done in any order):
  - 1. Both teams line up across opposing free throw lines and shake hands with opponents across from them
  - 2. Anthem is played
  - 3. Introduce visiting players then home team
  - 4. Read MAC Code of Conduct
  - 5. No "bumping" of official's hands
- J. Only band instruments played by band members will be permitted.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of men's ice hockey coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

### Section I – Sport Committee

- A. A men's ice hockey sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the third Tuesday in March (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

#### Middle Atlantic Conference

Alvernia

Arcadia

King's (Pa.)

Lebanon Valley

Misericordia (2024-25)

Stevenson

### Section III – Championship

#### Standings

- A. Standings are determined on the basis of double round-robin play. To be eligible for the conference championship, each team must play all other teams twice. If UCHC scheduling does not suffice, the proper amount of MAC games must be scheduled. (Executive Regulations, Article V, page 5).
- B. When appropriate, criteria in Section IV also apply.

### Section IV – Regular Season

If facility agreement allows, teams have at least 50 minutes from bus arrival to puck drop.

### Section V – Awards (Executive Regulations, Article II, page 1).

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

### Section VI – All-Conference Selection

- A. The team consists of three forwards, two defensemen, and a goalie.
- B. Honorable mention may include up to six players. (Amended, May 2022)

- C. A defensive player, offensive player, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's ice hockey coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

### Section I – Sport Committee

- A. A women's ice hockey sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the Tuesday after the conference championship (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

#### Middle Atlantic Conference

Alvernia

Arcadia

Hood (2024-25)

King's (Pa.)

Lebanon Valley

Stevenson

### Section III – Championship

#### Standings

- A. Standings are determined on the basis of double round-robin play. To be eligible for the conference championship, each team must play all other teams twice. If UCHC scheduling does not suffice, the proper amount of MAC games must be scheduled. (Executive Regulations, Article V, page 5).
- B. When appropriate, criteria in Section IV also apply.

### Section IV – Regular Season

If facility agreement allows, teams have at least 50 minutes from bus arrival to puck drop.

### Section V – Awards (Executive Regulations, Article II, page 1).

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

### Section VI – All-Conference Selection

- A. The team consists of three forwards, two defensemen, and a goalie.
- B. Honorable mention may include up to six players. (Amended, May 2022)

- C. A defensive player, offensive player, rookie and coach of the year are named.
- D. The coaches will conduct a conference call to present their players and vote for major awards.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of swimming coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

### Section I – Sport Committee

- A. A swimming sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all in-season meets and the championship meet under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's business meeting on the fourth Tuesday in February (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

#### Middle Atlantic Conference

Albright

Arcadia

Fairleigh Dickinson-Florham

Hood

King's (Pa.)

Lebanon Valley

Messiah

Misericordia

Stevens

Stevenson

Widener

York (Pa.)

### Section III – Championships

- A. A conference championship in men's and women's swimming is held at the Graham Aquatic Center (York, Pa.). These schools are responsible for athletic training:
  - 2024 York
  - 2025 Messiah
  - 2026 Stevenson
- B. In order for a school to be eligible for the MAC championship meet, it must have contractual agreements against all other conference opponents, unless both schools agree not to compete. If both schools can't agree on competition, the executive director decides.
- C. Swimmers are prohibited from "shaving down" at the site of the swimming championships.

- D. There shall be two consolation finals in addition to the championship final. Points for first through eighth places are awarded to the "A" final; points for 9th through 16th places are awarded on the "B" final; and points for the "C" final go to 17th to 24th place.
- E. Official results are announced after the results are certified by referee.
1. Coaches and swimmers must be informed of a disqualification before the results of an event are announced.
  2. Once announced, the results are official unless changed by the sport committee.
  3. No swimmer is permitted to leave the meet until s/he has competed in, or scratched from, all events entered. Premature departure results in forfeiture of all events and medals involving that swimmer, including relays and events that are scheduled subsequent to that swimmer's departure. All of the points the swimmer earned are deducted from the team's total and s/he cannot return to compete in later events. The only exception is when a doctor orders a swimmer not to compete; if the doctor later pronounces the swimmer medically fit to resume competition, there is no penalty.
- F. Six officials are on the deck for finals, four for preliminary sessions.
- G. The MAC office sends a letter to each institution eligible to participate in the championship that includes:
1. Championship schedule.
  2. Time and place of meeting. The sport chair conducts this meeting in conjunction with the meet director, MAC executive director, and the meet referee.
  3. Hy-Tek team entry file and entry procedures.
  4. Other meet details – officials, admission, t-shirts, hospitality, athletic training, etc.
  5. Each school is to submit the names of two student-athletes to serve as workers/timers. Schools that do not meet this expectation are charged \$25 per session for each missing person.
- H. Each team may submit any swimmer who has a qualifying mark on its original entry file. At the first scratch deadline, that list must be set at 18 scorers. If the roster is not reduced, the team will be selected alphabetically. Teams are allowed no more than 18 contestants and no more than two teams in a relay event. Any swimmer over the roster size who achieves an "A" qualifying standard may be on the pool deck for the championship meet and swim up to three exhibition events. Each individual is permitted to compete in seven events; however, no more than three individual events per contestant. Swimmers from non-MAC schools are not eligible to swim in the conference championships.
- I. The entry file will be sent by February 1. Entries must be sent via Hy-Tek Team Manager to the meet manager by noon on the Thursday prior to the championships. Entry file will be posted at 2 p.m. that day. Entry changes are due by the next day, Friday, at noon. Psych sheets will be sent to the coaches at 2 p.m. that day. If entries are late, a letter of reprimand for the Coach in question, to the Athletic Director of said school, from the MAC office.
- J. Championship Starting Times:
- | Day      | Prelims   | Finals    |
|----------|-----------|-----------|
| Thursday | 9:30 a.m. | 5:30 p.m. |
| Friday   | 9:30 a.m. | 5:30 p.m. |

Saturday	9:30 a.m.	5:30 p.m.
Sunday	9:30 a.m.	5:30 p.m.

K. Scratch Deadlines

1. Scratches are due as soon as possible, but no later than one hour prior to the start of finals.
2. If scratches are not submitted on time, the swimmer must compete in that event. Scratches may be presented in person or emailed; no scratches will be accepted by phone.
3. Once a scratch or relay card is signed by the coach, it is official.

L. Heat sheets for Thursday's prelims will be available Wednesday night prior to the meet. After prelims, those results and heat sheets for finals will be copied. After finals, results of that session and heat sheets for next day prelims will be available. At the conclusion of the meet, final individual and team results will be available. If a heat is reseeded, the change will be physically distributed to head coaches.

M. Criteria in Section VI apply.

N. Qualifying standards are listed on the MAC website.

O. Relays

1. Each school may enter up to two relays for each event.
2. Relay cards are due at the time the four swimmers report to the blocks. Cards that are submitted early can still be changed up to the time of the event.

Section IV – Awards (Executive Regulations, Article II, page 1).

Awards for David B. Eavenson Award (Swimmer of the Year), Rookie of the Year and Coach of the Year will be determined by a coaches vote in a meeting prior to the final relay event.

Section V – All-Conference Selection

First- through third-place receive medals. Champions are First Team All-MAC, event runners-up are Second Team All-MAC, and third-place finishers are Third Team All-MAC.

Section VI – Regular Season

- A. NCAA rules apply unless superseded by MAC Rules. The order of events for men and women are the same, alternating events.
- B. Secure NCAA certified officials (minimum of two) to handle the meet.
- C. The home team must have a timing system and be able to record and send results.
- D. It is the responsibility of the host school to record times of all swimmers in each event with Meet Manager, including relay splits when they are being used as qualifying times. The Hy-Tek Meet Manager file is sent by the host institution to all MAC members and U.S. Swimming within 48 hours of the meet. Failure to produce times when challenged may be cause for disqualification.

- E. Per NCAA rules, if a school is not providing a backup timer for each lane, they must inform the visiting school or schools prior to the day of the event.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

The penalty for a student-athlete may be disqualification from that event and/or further competition in the meet. A coach who is disqualified shall leave the vicinity of the pool immediately and is prohibited from any further contact, direct or indirect, with the team for the remainder of the meet (dual) or session (championship).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of indoor track & field coaches who are to be familiar with its contents. Any comments or suggestions regarding the material should be brought to the attention of the track & field committee chair or administrative liaison.

### Section I – Sport Committee

- A. A track & field sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The track & field sport committee is responsible for conducting MAC track & field championship meets under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the Monday evening before Thanksgiving (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

#### Middle Atlantic Conference

Albright

Alvernia

Arcadia

Delaware Valley

DeSales

Eastern

FDU-Florham

Hood

King's (Pa.)

Lebanon Valley

Messiah

Misericordia

Stevens

Stevenson

Widener

York (Pa.)

### Section III – Championships (Executive Regulations, Article IV, page 5).

- A. The meet is conducted at Alvernia. Alvernia provides athletic training with assistance from other schools as necessary.
- B. Only NCAA varsity teams may compete in the MAC Indoor Track & Field Championships.
- C. Prior to the first Friday of February, the MAC office sends all schools the meet information for the MAC Indoor Track & Field Championships to include:
  - 1. Timeline for championships:

Friday		Saturday	
12:30 p.m.	Facility Opens	10 a.m.	Facility Opens Athletic Training Available
12:45 p.m.	Jury of Appeals and Sport Committee	10:15 a.m.	Coaches Meeting
1 p.m.	Coaches Meeting Athletic Training Available	10:30 a.m.	Student Worker Meeting
1:30 p.m.	Student Worker Meeting	12:20 p.m.	National Anthem
2:50 p.m.	National Anthem	5 p.m.	Coaches Meeting
		5:15 p.m.	Awards

## 2. Entries Timeline for MAC Indoor Track & Field Championships:

- a. Entries close at 5 PM on Tuesday prior to the meet via Direct Athletics. Absolutely no additions or changes will be accepted after this deadline.
- b. Seeding meeting is at 9 AM on Wednesday prior to the meet. Heat and flight sheets are then posted on the conference website.

3. The MAC championships are “No Scratch Meets”. If a student-athlete is scratched from an event, s/he may not compete in the remainder of the competition.

4. Available athletic training procedures and facilities.

5. All arrangements for lodging and food are the responsibility of the schools.

6. The time and location for implements inspection. All implements approved will be properly labeled. All implements that fail to qualify on first inspection will be impounded until after that event is conducted.

7. A list of officials working the meet.

8. Surface, lanes, and type of spikes to be used on track, circles, runways, pits, and other approaches.

D. Advance publicity is important to promote the meet—send publicity to each SID.

E. Meeting accommodations and hospitality (for coaches, workers, and officials) are organized by the MAC Office.

F. Ticket prices:

	All-Sessions	Friday	Saturday
Adults	\$10	\$5	\$7
Students	\$5	\$2	\$4

G. General equipment needed for the meet includes: awards podium with labels for each event; athletic training – water coolers, ice, tables, etc.; starting blocks for all sprint/hurdle lanes; scales for weighing implements; markers to place on implements which pass inspection; and two fully automatic, independent timing devices.

H. Meet Personnel

1. One athletic trainer and EMTs
2. Sport committee and Jury of Appeals
3. Certified officials: at least two judges assigned to each field event; two officials assigned to weigh and measure implements; referee/head field judge; clerk of course; seven timers, judges, umpires; two each for the multi-events; starter; and finish coordinator.
4. Announcer will be provided with preferred scripts for during event and awards announcements.
5. Every participating school is required to bring three student volunteers. Volunteers will be assigned to various roles, including: one runner from finish line to scorer's table; two helpers at finish line; three on each pit; two on shot and weight throw; 10-12 to move hurdles; two for t-shirt sales; one to monitor access to hospitality; two to distribute hip numbers; one in implement area; four on pole vault; two on high jump; and two on each multi-event.

I. Meet Scoring:

The top eight finishers in each event score. Points will be awarded as follows: 10-8-6-5-4-3-2-1. In field events, each contestant shall be allowed three preliminary trials. The best nine competitors at the completion of the preliminary round shall qualify for the finals. Each finalist receives three additional attempts, competing in reverse order of standing. All marks made in trials and finals will count in determining results.

- J. Indoor track & field championship events with qualifying standards are listed on the MAC website. These are based on an average of the qualifying times for the past three years.

Section IV – Awards (Executive Regulations, Article II, page 1).

Awards for Rookie, Track Athlete, Field Athlete, Assistant Coach and Coach of the Year will be determined by the coaches in a meeting immediately after the last event. (Amended, 2021-22)

Section V – All-Conference (Executive Regulations, Article II, Part E, page 1).

First- through third-place receive medals. Champions are First Team All-MAC, event runners-up are Second Team All-MAC, and third-place finishers are Third Team All-MAC.

Section VI – Statistics (Sports Information Directors, Section III, page 2).

Section VII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section VIII – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of wrestling coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A wrestling sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of the championship tournament under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the Tuesday after the NCAA Championship (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

### Middle Atlantic Conference

Alvernia

Delaware Valley

King's

Messiah

Stevens

York (Pa.)

## Section III – Championship

- A. A conference champion is determined by a tournament at a conference school on the third Saturday in January.
- B. An individual champion for each weight class is determined at the conference tournament.
- C. To host, a school must be able to provide four mats and clocks per NCAA guidelines, Trackwrestling tournament management software, and seating for about 250 spectators (bleachers at each mat). Future sites:

2024 Messiah/Alvernia

2025 Messiah/Alvernia

2026 King's

- D. The MAC office sends a letter to each institution eligible to participate in the championship that includes:

- 1. Championship schedule

Thursday

7:30 p.m.

Final entries due

Saturday

8:45 a.m.

Skin check

9 a.m.

Weigh-in

Friday

After weigh-in

Approved championship  
brackets released

9 a.m. Coaches seed tournament via conference call 10:30 a.m. Matches start and continue without breaks

2. Team entry file and entry procedures.
  - a. Each team may submit a maximum of two entries in each weight class.
  - b. Coaches seed six wrestlers at each weight class.
  - c. A wrestler who does not make weight or fails to pass the skin test is scratched from the program.
  - d. The brackets are finalized and released after skin check and weigh-in on the day of the championship.
3. Meet details on MAC website – parking, locker rooms, meals/lodging, and directions
4. Admission charged from 8:30 AM to 2:30 PM
 

Adults	\$6
Senior Citizens	\$4
Students	\$2
Under 6	Free
5. Employees
  - a. Each school provides three student volunteers who will be provided an event t-shirt and access to hospitality. If the host school wants to provide volunteers, they can as long as there is no cost to the conference.
  - b. Host school provides ticket takers, security, maintenance, announcer, and computer operator.
  - c. On the recommendation of the coaches, six officials are retained by the MAC Office in the spring prior to the championship.
6. Medical
  - a. Host provides two athletic trainers set up between mats.
  - b. Teams should bring their own athletic trainer and scales (to be tested to ensure accuracy).
7. Hospitality
  - a. The host provides refreshments for officials, coaches, and workers and will be reimbursed at the discretion of the conference.
  - b. The host runs a concession stand and retains the profits.
8. Sports Information
  - a. Interviews of winners take place after they win weight class.

- b. Pictures of all award winners.
- c. Coaches provide the announcer with biographies of their entries.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

- A. Championship bouts include the final six wrestlers in each weight class.
- B. The top three in each weight class are recognized with a medal at the end of each weight class championship competition.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. Tournament winners are 1st Team All-MAC; tournament runners-up are 2nd Team All-MAC; tournament third place is Third Team All-MAC.
- D. Wrestler, Rookie, and Coach of the Year are selected after the NCAA championship via an email vote.

**Section VI – Regular Season**

NCAA rules apply.

**Section VII – Statistics (Sports Information Directors, Section III, page 2).**

**Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).**

**Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).**

This handbook is for the use of baseball coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

### Section I – Sport Committee

- A. A baseball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the conference championships (Operating Procedures, Article III, Part C, page 3).

### Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

### Section III – Championships

- A. Conference Standings
  1. Conference standings are determined with a three-game round-robin (one nine inning game and a seven-inning doubleheader) to be completed by the cut-off date (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Run differential between and among the tied teams, with a maximum differential of five runs.
- iv. Tied teams' run differential in conference contests starting with #1, then #2, etc. with a maximum differential of five runs.

**B. Conference Championship (Executive Regulations, Articles IV and V, pages 5-8).**

1. The top four MAC Commonwealth teams qualify for the tournament. Semifinals Friday/Saturday #4 vs. winner of #1 and #3 vs. #2. Best of three series at the site of the higher seed. Game one on day 1, and game 2 and if necessary game on day 2. Finals the following Friday/Saturday at the site of the higher seed, best of three series, game one on day one and game two and if necessary game on day two (Presidents, June 2021).
2. The top four MAC Freedom teams qualify for the tournament. Semifinals Friday/Saturday #1 vs. #4 and #2 vs. #3. Best of three series at the site of the higher seed. Game one on day one, and game two and if necessary game on day two. Finals the following Friday/Saturday at the site of the higher seed, best of three series, game one on day one and game two and if necessary game on day two (Presidents, June 2021).
3. The MAC Commonwealth and MAC Freedom tournaments will take place the Friday/Saturday immediately prior to the AQ deadline (finals), and the weekend prior to that (semifinals).
4. The winner of each conference championship receives the NCAA automatic qualifier bid.
5. All championship games are nine innings. Championship games that cannot be completed are suspended and resumed until nine innings have been played. No game is to start after 9:30 PM.
6. The MAC Office books three umpires for each game with Dennis Helmstetter through 2024.
7. If the championship cannot be determined by the NCAA cutoff date, the following criteria will be used to determine the conference AQ:
  - a. The highest seed remaining in the tournament receives the conference AQ.
8. No team may play more than two official games (over five innings) in one day.
9. Criteria in Section VI apply.

Section IV – Awards (Executive Regulations, Article II, page 1).

Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).

- A. The team includes eight players (one catcher, one first baseman, one second baseman, one shortstop, one third baseman, three outfielders), three pitchers, two relief pitchers, a designated hitter, and a utility player, all of whom are voted by position. (Amended, 2022)
- B. A coach may only nominate a player for one position, except for a pitcher who can also be nominated as a field player (including utility); a utility player cannot be nominated as a field player.
- C. The honorable mention team may have up to 15 players.
- D. A player, pitcher, rookie and coach of the year are selected.
- E. The coaches will conduct a conference call to present their players and vote for major awards.

#### Section VI – Regular Season

- A. If a conference game (completed five innings) is tied and cannot be finished on the first date of play, it is completed either on Saturday prior to the doubleheader or on Sunday. Ties that have a bearing on the conference standings must be completed at the end of the season.
- B. A team that does not follow the postponement and rescheduling rules will be declared ineligible for the MAC tournament for that year and the next year. Use Sundays to make up games in that weekend's series. If another conference game has been rescheduled for Sunday, playing postponed games in the weekend series takes precedence.
- C. Any conference game that is not official (fewer than five full innings if home team is not ahead), and all tied games called for some reason that did not finish the fifth inning, must be replayed in their entirety.
- D. For rescheduled games, weekend dates should be used to make up doubleheaders. For example, a rained-out Friday game does not "bump" the Saturday doubleheader; or, a rained-out Saturday doubleheader is played on Sunday rather than a single make-up game.
- E. Each team follows these guidelines:
  - 1. Prior to the game/s (at least a week), the home coach will send the visiting coach the time frame for pre-game practice, field preparation, etc.
  - 2. The home team must complete its batting practice 60 minutes before game time. When the home team is finished, the visiting team may hit for 30 minutes.
  - 3. At the conclusion of batting practice, each team has 10 minutes of fielding practice (home team takes the field first).
  - 4. The umpires and coaches determine the amount of time between games of a doubleheader, not to exceed thirty minutes.
  - 5. No later than twenty minutes prior to game time, each team is to provide the other team's coach, the plate umpire, and the official scorer a line-up card.
- F. Use NCAA sanctioned bats for all conference games.
- G. No school is allowed to impose curfews on conference games to accommodate food service hours.
- H. All MAC doubleheaders start no later than 1 PM. Prior to Daylight Savings Time, weekday games must be scheduled at 3 PM and weekend doubleheaders at noon.

- I. If only one umpire shows up, the game is played and the single umpire works behind the plate. Additional umpire(s) may be supplied by either or both teams if they agree. Dennis Helmstetter assigns umpires for all conference games.
- J. The Diamond DI-CL is the official conference ball.
- K. With the exception of games postponed due to inclement weather, conference baseball games cannot be moved without consent of the MAC executive director.
- L. The conference schedules a three-game series round robin. Single nine inning game on Friday followed by a doubleheader on Saturday. All doubleheaders will be one 7 inning game followed by a 9-inning game. In the 9 inning game the run rule will be in effect. If the seven-inning game goes into extra innings, the second game becomes a 7 inning game (no run rule). A make-up game from a double header (7 inning games) that is played as a single game must be nine innings. (Amended, 2022; Amended AD, May 2023)
- M. If the home field is unplayable and the opponent's field is playable, the teams switch sites.
- N. Over Easter:
  - 1. DeSales, King's and Misericordia will be scheduled against each other.
  - 2. Games are to be completed between Thursday and Monday without missing class time or conflicting with a school's religious policies.
- O. Cold weather policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.

8. Games are to be played when the temperature is above 38° F or the wind chill is above 30° F. If the forecast for the home team's area indicates that conditions will not reach the above minimums by a half hour before game time and maintained throughout the competition, the games will be rescheduled.

P. A protested game that is upheld is to be played the next day.

#### Section VII – Statistics (Sports Information Directors, Section III, page 2).

If the home SID cannot score the game, and the visitor's SID is in attendance, the visiting SID becomes the official scorer.

#### Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

- A. Any blatant display of misbehavior will be grounds for game dismissal by the umpire.
- B. Friendly banter between players is allowed.
- C. Head coaches should emphasize that their base coaches must confine remarks to their own team. The "riding" of opposing players, and especially pitchers, is prohibited.

#### Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

#### Section X – Postponements

- A. Without permission from the executive director, all teams must complete the conference schedule. Contracts with non-conference teams must stipulate that the conference schedule is to be completed and non-conference games may be canceled to accommodate that goal. Conference schools do not have to schedule more than two different conference opponents in a row (in a two-day period).
- B. Prior to a contest, the home team is responsible for delaying or postponing the start. After the contest starts, halting the contest is at the discretion of the officials, with the exception of extraordinary circumstances (lightning).
- C. If a contest is postponed because of inclement weather or other exigency after a visiting team arrives, or while it is enroute, the visiting team is required to travel on the make-up date.
- D. Rescheduled contests are set for the next date; on trips over 120 miles (one way) the first available weekend date is used.
- E. A delayed conference contest due to lightning must be resumed in one hour plus the half hour of no activity on the meter. If the contest reaches a reasonable point of conclusion, it becomes an official contest; if it does not meet these criteria, it is a "no contest" and must be rescheduled.
- F. Postponement dates: at least two days following the cut-off date shall be set aside for postponed contests for each sport. The cut-off date must be at least four days prior to the first day of the championship.
  1. Any postponements that occur 10 days or more prior to the cut-off date must be made up prior to the cut-off date.
  2. Any postponements that occur nine days or fewer prior to the cut-off date may be made up before the cut-off date, or during the two designated postponement dates.
  3. No games may be rescheduled past the cut-off date without the approval of the executive director and the sport committee chair.

This handbook is for the use of softball coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

## Section I – Sport Committee

- A. A softball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the Tuesday after the last conference doubleheader (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Conference Standings
  1. Conference standings are determined on the basis of single round-robin doubleheader play to be completed by the cut-off date (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures (i) through (vii) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
  - ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
  - iii. Run differential between and among the tied teams, with a maximum differential of five runs.
  - iv. Tied teams' run differential in conference contests starting with #1, then #2, etc. with a maximum differential of five runs.
  - v. Fewest runs allowed in conference play.
  - vi. Most shutouts in conference play.
  - vii. Coin toss.
3. Each conference game is seven innings. Play all games to completion, including extra innings, if necessary.

**B. Conference Championship (Executive Regulations, Articles IV and V, pages 4-5).**

1. The MAC Commonwealth and Freedom Softball Championships will be played the second Thursday through Saturday prior to the AQ deadline. If the championship is rained out Friday, Saturday, and Sunday (i.e., no games are played), the championship may be moved to the following weekend. If the championship cannot be played, the top seeds from each conference are champions.
2. Each conference conducts a double elimination tournament at a predetermined site:

MAC Commonwealth		MAC Freedom	
2024	York	2024	King's
2025	Messiah	2025	Lebanon Valley

3. The tournament is to be played on the same field; it is to be dragged between each game.
4. Any equipment (cages, screens, etc.) that are on site must be available to each competing team on an equitable basis.
5. Competing teams have priority over bullpen practice, but other players may use them if they are available.
6. The home team bats last, occupies the 3<sup>rd</sup> base dugout, and takes infield first.
7. If inclement weather is likely, the MAC office and softball liaison will determine the need to postpone the tournament at least 24 hours prior to the scheduled start.
8. The top four teams from the MAC Commonwealth and MAC Freedom employ this tournament format:

Game	Day	Time	Teams
1	Thursday	1pm	#2 vs. #3
2	Thursday	3:30 pm	#1 vs. #4
3	Friday	12 p.m.	Winner Game #1 vs. Winner Game #2
4	Friday	2 p.m.	Loser Game #1 vs. Loser Game #2
5	Friday	4 pm	Loser Game #3 vs. Winner Game #4
6	Saturday	1 p.m.	Winner Game #3 vs. Winner Game #5
7	Saturday	3 p.m.	If necessary (same teams in game 6, home and away designations switched)

If game #6/7 cannot be played, the AQ will be given by following NCAA formula.

If rain prevents or interrupts play (if game is picked up, it starts at point of delay), the following schedule will be used:

- a. There will be a maximum of 4 games scheduled in one day.
- b. If the tournament can start with at least two games on Thursday and/or Friday, then games will continue as planned with a maximum of 4 games per day.
- c. If the tournament cannot start on Thursday or Friday, Saturday and Sunday will become a double elimination, four-team bracket.
- d. If no games are played Thursday, Friday, and Saturday, tournament becomes single elimination on Sunday.

Game	Day	Time	Teams
1	Sunday	10 a.m.	#4 vs. #1 – single elimination
2	Sunday	Noon	#3 vs. #2
3	Sunday	2 p.m.	Winner Game #1 vs. Winner Game #2 (championship game)

- f. If the tournament can't be completed in scenarios a-d listed above, then the AQ will be determined using the following:
  - i. If no games or games #1-3 are completed, the AQ will go to the #1 seed coming into the tournament regardless of game outcomes.
  - ii. If games #4-5 are completed but not game #6, the winner of game #3 will receive the AQ.

- iii. If game #6 is completed but not game #7, the AQ will be determined using the NCAA formula. The AQ will go to the winner of game #6 unless each team has one loss, then:
  - a) Head-to-head competition
  - b) Highest remaining seed
- 9. The winner of each conference championship receives the NCAA automatic qualifier bid.
- 10. There is a thirty-minute break between all championship games.
- 11. The international tiebreaker is not used in tournament games.
- 12. Denny Mader books three umpires for each game.
- 13. Criteria in Section VI apply.

#### Section IV – Awards (Executive Regulations, Article II, page 1).

#### Section V – All-Conference Selection

- A. The team includes two pitchers, three outfielders, four infielders, one catcher, a utility player (must have played two or more positions with no more than 60% of playing time at one position), and one designated player. A player can only be nominated for one position.
- B. Voting occurs by 3 PM on the Monday after the last regular season game. SIDs are to be reminded that all game files are to be posted by the preceding Sunday at 6 PM.
- C. Honorable Mention may include up to 12 players.(Amended, May 2022)
- D. A player, pitcher, rookie and coach of the year are selected.
- E. The coaches will conduct a conference call to present their players and vote for major awards.

#### Section VI – Regular Season

- A. The conference follows *NCAA Fast Pitch Rules*, except where the MAC enacts more restrictive rules.
- B. Two umpires for each game are booked by Denny Mader through 2022 and must have NCAA level certification to officiate MAC games (Executive Regulations, Article VI, Part I, page 11). If only one umpire shows up, s/he officiates the game from behind the plate.
- C. Rawlings is the official conference ball.
- D. Metal spikes may be worn.
- E. Batters, base runners, and catchers must wear protective helmets at all times.
- F. Any catcher warming-up a pitcher must wear a catcher's mask and helmet.
- G. Pre-game schedule for fielding: 10 minutes for each team. Home team may take the field 25 minutes before the starting time; visiting team takes the field 15 minutes before starting time. No pitchers may warm up on the game field at any time.

- H. All MAC weekday doubleheaders start at 2:30 PM prior to daylight savings time; after daylight savings time, weekday doubleheaders begin at 3:00 PM.
- I. The maximum time between games of a doubleheader is 20 minutes.
- J. Lineups become official when submitted to the umpire.
- K. If the score remains tied after nine complete innings, at the start of the top of the tenth inning (and each half-inning thereafter) the offensive team begins its turn at bat with the player who completed the last "at bat" in the previous inning placed at second base as a runner.
- L. Any conference game which is not regulation (fewer than five full innings if the home team is not ahead), and all tied games called for some reason that did not finish the 5th inning, must be replayed in their entirety. In addition, a tied regulation game that is called because of darkness or rain is replayed in its entirety at the same site.
- M. Games must be played on a field with an outfield fence meeting NCAA requirements.
- N. No later than 20 minutes prior to game time, each team is to provide the other team's coach, the plate umpire, and the official scorer a line-up card.
- O. No hard balls shall be hit on the game field during pre-game hitting warm up. However, if there is not warm up space beyond or around the game field teams will be allowed to hit hard balls into travel nets on the game field as long as they are in foul territory.
- P. Cold weather policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.

8. Games are to be played when the temperature is above 38° F or the wind chill is above 30° F. If the forecast for the home team's area indicates that conditions will not reach the above minimums by a half hour before game time and maintained throughout the competition, the games will be rescheduled.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

If the home SID cannot score the game, and the visitor's SID is in attendance, the visiting SID becomes the official scorer.

Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

Section XI – Postponements

- A. Without permission from the executive director, all teams must complete the conference schedule. Contracts with non-conference teams must stipulate that the conference schedule is to be completed and non-conference games may be canceled to accommodate that goal. Conference schools do not have to schedule two conference opponents in a row (in a two-day period).
- B. Prior to a contest, the home team is responsible for delaying or postponing the start. After the contest starts, halting the contest is at the discretion of the officials, with the exception of extraordinary circumstances (lightning).
- C. If a contest is postponed because of inclement weather or other exigency after a visiting team arrives, or while it is enroute, the visiting team is required to travel on the make-up date.
- D. Rescheduled contests are set for the next available date; on trips over 120 miles (one way) the first available weekend date is used.
- E. A delayed contest due to lightning must be resumed in one hour plus the half hour between meter reads. If the contest reaches a reasonable point of conclusion, it becomes an official contest; if it does not meet these criteria, it is a "no contest" and must be rescheduled.
- F. Maintaining the official conference schedule takes precedence over rescheduled conference contests.
- G. Postponement dates: at least two days following the cut-off date shall be set aside for postponed contests for each sport. The cut-off date must be at least four days prior to the first day of the championship.
  1. Any postponements that occur 10 days or more prior to the cut-off date must be made up prior to the cut-off date.
  2. Any postponements that occur 9 days or less prior to the cut-off date may be made up before the cut-off date, or during the 2 designated postponement dates.
  3. No games may be rescheduled past the cut-off date without the approval of the executive director and the sport committee chair for that sport.

This handbook is for the use of men's golf coaches who are to be familiar with the contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

## Section I – Sport Committee

- A. A men's golf sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference matches under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the championship meeting Friday night at the MAC tournament and a conference call to discuss sport business the Thursday after the championship (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Stevenson	King's (Pa.)
York (Pa.)	Lebanon Valley
	Misericordia
	Stevens

## Section III – Championships (Executive Regulations, Articles IV and V, pages 4-5).

- A. The 2023 MAC tournaments will be conducted at:

Conference	Site	Host
MAC Commonwealth	Golden Oaks	Albright/Alvernia
MAC Freedom)	Olde Homestead	DeSales

- B. The starters will be assigned by the MAC Office so each coach can follow their team.
- C. A team with fewer than four qualified players is not eligible for the team championship; however, qualified players from such a team may compete as individuals. Teams will be billed green fees for incomplete teams.
- D. The championship tournament shall be stroke play over 36 holes, 18 a day.

- E. Each team may enter five players no later than 8 PM on Wednesday night prior to the tournament. Once the tournament starts, the team line up is set and can't be altered. The team with the lowest aggregate score as determined by the best four-of-five scores for each 18-hole round shall be declared the champion. Each conference will declare a champion and NCAA AQ based on these scores. In the event of a tie, the NCAA tiebreaker will be used to determine a single conference champion (Appendix A of the NCAA Pre-Championship Handbook).
- If the 36-hole tournament cannot be completed due to inclement weather, the team champion and AQ will be based on 18 or 27 holes (the whole field must complete 18/27). Golf Stat will be used to determine a champion and the conference AQ if 18 holes cannot be completed. (AD, May 2023)
- F. The individual champion in each conference is determined on the basis of aggregate or gross score. In the event of a tie, a sudden death playoff is held at a starting point determined by the sport committee.
- G. It is the responsibility of the men's golf committee to oversee pairings, assign duties to all coaches for each day of the tournament, and any additional duties that may be necessary at a particular site.
- H. Players tee off on the first day based on the previous year's results (top three teams go first). On the second day, teams tee off based on day one results (best scores go last), but the players retain their original placement.
- I. Rules of Play
1. United States Golf Association Rules apply unless modified by the MAC men's golf committee to fit a specific situation in a tournament.
  2. The NCAA Division III Golf Championship Tournament format is followed.
  3. Rulings will be made by the course pro in collaboration with the sport committee.
    - a. Coaches do not make rulings.
    - b. Players must sign their scorecard after all scores have been confirmed, otherwise they will be disqualified.
  4. Players report to a separate scoring area upon completion of each round and submit their scorecard immediately upon leaving the scoring area. Once the score is entered, it is official unless a protest is filed prior to the awards ceremony.
  5. Players may use electronic devices only for checking live scoring or for USGA approved applications. (AD, May 2023)
  6. Spectators check in at the head table to sign-off on the rules and receive a wristband.
  7. Spectators must remain 15 yards from players and stay on cart paths and in roughs. There is no communication between spectators and players.
- J. Three weeks prior to the tournament, the MAC office sends a letter to member schools' athletic directors, sports information directors, and golf coaches with championship information.
- K. Coaches are required to attend an organizational meeting at 8:00 PM on the evening prior to the first day of competition. Coaches must be available for assignments to assist in the conduct of the tournament throughout the event.

- L. No players may use caddies or golf carts unless it is a requirement of the host golf course. An exception may be made for the use of a golf cart by a permanently disabled golfer. Push/pull carts can be used but must be arranged by the player.
- M. Scores must be recorded after each round, send them to conference SIDs, and post on the MAC website.
- N. Criteria in Section VI apply.

#### Section IV – Awards (Executive Regulations, Article II, page 1).

- A. An individual champion is determined by the best score in the conference championship.
- B. Awardees must remain on-site for the awards ceremony.
- C. Conference awards will not be given until all players have finished competition.
- D. Medals will be produced after the championship.

#### Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)

- A. Medals are awarded to the top ten finishers.
- B. First Team includes top five finishers; Second Team consists of 6-10 place finishers. There is no Honorable Mention or Third Team.

#### Section VI – Regular Season

- A. Line-up: the order of the line-up is according to ability, starting with the best golfer at number one. Teams exchange line-up cards before the start of the match. Five players may play with the lowest four counting for a gross stroke score. Coaches may play seven and count five, if all involved agree.
- B. The home team has sole authority to cancel a scheduled match due to weather, condition of the course, or any other factors.
- C. The host team decides the conditions of play regarding placement of the ball.
- D. The home team decides on which hole each twosome, threesome, or foursome starts the match.
- E. The coaches and/or the team captains familiarize the members of the team with the rules of golf and course etiquette.
- F. The pro at the host club settles differences concerning rule interpretations. Special rules affecting play at the home course must be explained to both teams before the match.
- G. Eighteen holes must be completed by four team players on a course at least 6,400 yards in length to be considered an NCAA event.
- H. Scoring
  - 1. In case of a tie, after totaling up the scores of the top four players of each team, the fifth player's score will be used to break the tie. If after using the fifth player's score the teams remain tied then the scores of the number one players are compared to break the tie. The procedure will continue through players 2, 3, and 4 until the tie is broken. In the event that the teams are still tied, the number one players will playoff starting on a hole selected by the host golf professional.

2. Score card procedure follows U.S.G.A. Rule 6.6.
- I. Failure to comply with Executive Regulations, Article VI, results in match forfeiture or disqualification.
  - J. All players must wear proper golf attire. T-shirts, jeans, or non-golf footwear are not permitted. Failure to comply with this rule will result in disqualification for that match if the violation occurs in an in-season match. If the violation occurs at the MAC championships, the golfer is disqualified for the championship. If the violation occurs during a practice round, the golfer is immediately removed from the course, but may return when properly attired.
  - K. Cold weather policy
    1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
    2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
    3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
    4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
    5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
    6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
    7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
    8. The temperature (real or wind chill) must be above 32° F for the duration of the round or be rescheduled.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's golf coaches who are to be familiar with the contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

### Section I – Sport Committee

- A. A women's golf sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference matches under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the championship meeting Friday night at the MAC tournament and a conference call to discuss sport business the Thursday after the championship (Operating Procedures, Article III, Part C, page 2).

### Section II – Conference Organization

#### Middle Atlantic Conference

Albright

Alvernia

Arcadia

Delaware Valley

Eastern

Fairleigh Dickinson-Florham

Hood

King's

Lebanon Valley

Misericordia

Stevenson

York (Pa.)

### Section III – Championship (Executive Regulations, Articles IV and V, pages 4-5).

- A. The 2024 MAC tournament will be at Golden Oaks Golf Club (Alvernia/Albright host).
- B. The starters will be assigned by the MAC Office so each coach can follow their team.
- C. A team with fewer than four players is not eligible for the team championship; however, players from such a team may compete as individuals. Teams will be charged green fees for incomplete rosters.
- D. The championship tournament shall be stroke play over 36 holes (18 a day) and minimum yardage to meet NCAA standards (i.e., 5,800 yards for a par 72 course).
- E. Each team may enter five players no later than 8 PM on Wednesday night prior to the tournament. Once the tournament starts, the team line up is set and can't be altered. The team with the lowest aggregate score as determined by the best four-of-five scores for each 18-hole round shall be declared the champion. Each

conference will declare a champion and NCAA AQ based on these scores. In the event of a tie, the NCAA tiebreaker will be used to determine a single conference champion (Appendix A of the NCAA Pre-Championship Handbook).

If the 36-hole tournament cannot be completed due to inclement weather, the team champion and AQ will be based on 18 or 27 holes (the whole field must complete 18/27). Golf Stat will be used to determine a champion and the conference AQ if 18 holes cannot be completed. (Amended, AD, May 2023)

- F. The individual champion is determined on the basis of aggregate or gross score. In the event of a tie, a sudden death playoff is held at a starting point determined by the sport committee.
- G. It is the responsibility of the women's golf committee to oversee pairings, assign duties to all coaches for the tournament, and any additional duties that may be necessary at a particular site.
- H. Players tee off on the first day based on the previous year's results (top three teams go first). On the second day, teams tee off based on day one results (best scores go last), but the players retain their original placement.
- I. Rules of Play
  - 1. United States Golf Association Rules apply unless modified by the MAC women's golf committee to fit a specific situation in a tournament.
  - 2. The NCAA Division III Golf Championship Tournament format is followed.
  - 3. Rulings will be made by the course pro in collaboration with the sport committee if no officials are present.
    - a. Coaches do not make rulings.
    - b. Players must sign their scorecard after all scores have been verified, otherwise they will be disqualified. They are official after being entered unless appealed prior to the awards ceremony.
  - 4. Players report to a separate scoring area upon completion of each round and submit their scorecard immediately upon leaving the scoring area. Once the score is entered, it is official unless a protest is filed prior to the awards ceremony.
  - 5. Players may use electronic devices only for checking live scoring or for USGA approved applications. (AD, May 2023)
  - 6. Spectators check in at the head table to sign-off on the rules and receive a wrist band.
  - 7. Spectators must remain 15 yards from players and stay on cart paths and in roughs. There is no communication between spectators and players.
- J. Three weeks prior to the championship, the MAC office sends a letter to schools' athletic directors, sports information directors, and golf coaches with tournament information.
- K. Coaches are required to attend an organizational meeting at 8 PM on the evening prior to the first day of competition. Coaches must be available for assignments to assist in the conduct of the tournament throughout the event.
- L. No player may use caddies or golf carts unless it is a requirement of the host golf course. An exception may be made for the use of a golf cart by a permanently disabled golfer. Push/pull carts can be used, but must be arranged for by the player.

- M. Scores are recorded at the end of the round, results sent to conference SIDs, and posted on the MAC website.
- N. Criteria in Section VI apply.

#### Section IV – Awards (Executive Regulations, Article II, page 1).

- A. An individual champion is determined by the best score in the conference championship
- B. Awardees must remain on-site for the awards ceremony
- C. Conference awards will not be given until all players have finished competition.
- D. Medals are produced for the event, but medals for ties may be produced after and will be shipped to the institution.

#### Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)

- A. Medals are awarded to the top ten finishers.
- B. First Team includes top five finishers; Second Team consists of 6-10 place finishers. There is no Honorable Mention or Third Team.

#### Section VI – Regular Season

- A. Line-up: the order of the line-up is according to ability, starting with the best golfer at number one. Teams exchange line-up cards before the start of the match. Five players may play with the lowest four counting for a gross stroke score. Coaches may play seven and count five, if all involved agree.
- B. The home team has sole authority to cancel a match due to weather, course conditions, or any other factors.
- C. The host team decides the conditions of play regarding placement of the ball.
- D. The home team decides on which hole each twosome, threesome, or foursome starts the match.
- E. The coaches and/or the team captains familiarize the members of the team with the rules of golf and course etiquette.
- F. The pro at the host club settles differences concerning rule interpretations. Special rules affecting play at the home course must be explained to both teams before the match.
- G. Eighteen holes must be completed by four team players on a course that meets NCAA minimum yardage to be counted as an official match.
- H. Scoring
  - 1. In case of a tie, after totaling up the scores of the top four players of each team, the fifth player's score will be used to break the tie. If after using the fifth player's score the teams remain tied then the scores of the number one players are compared to break the tie. The procedure will continue through players 2, 3, and 4 until the tie is broken. In the event that the teams are still tied, the number one players will play off starting on a hole selected by the host golf professional.
  - 2. Score card procedure follows U.S.G.A. Rule 6.6.

- I. Failure to comply with Executive Regulations, Article VI results in match forfeiture or disqualification.
- J. All players must wear proper golf attire. T-shirts, jeans, or non-golf footwear are not permitted. Failure to comply with this rule will result in disqualification for that match if the violation occurs in an in-season match. If the violation occurs at the MAC championship, the golfer is disqualified for the championship. If the violation occurs during a practice round, the golfer is immediately removed from the course, but may return when properly attired.
- K. Cold weather policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - 8. The temperature (real or wind chill) must be above 32° F for the duration of the round or be rescheduled.

Section VII – Statistics (Sports Information Directors, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of men's lacrosse coaches who are to be familiar with it. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair or administrative liaison.

## Section I – Sport Committee

- A. A men's lacrosse sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's business meeting on the second Wednesday after the championship tournament (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Conference Standings
  - 1. Conference standings are determined on the basis of single round-robin play (Executive Regulations, Article V, page 8). Games ending in a tie must be finished per NCAA Rule III, Section V.
  - 2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures #1 through #4 are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Goal differential between and among the tied teams, with a maximum differential of six goals.
- iv. Tied teams' goal differential in conference contests starting with #1, then #2, etc. with a maximum differential of six goals.

3. All institutions must be USILA members.

**B. Conference Championship (Executive Regulations, Article IV and V, pages 4-5)**

1. Schedule (if there is a conflict with women due to facility restraints, the men will play a Tuesday semifinals in even years; the women in odd years). Both semifinal games will be played on the same day unless all four institutions agree otherwise:

Wednesday      #4 at #1  
                         #3 at #2

Saturday          Winners of semi-final games at highest remaining seed

2. The winner of each conference championship receives an NCAA automatic qualifier bid.
3. Criteria in Section VI apply.

**Section IV - Awards (Executive Regulations, Article II, page 1).**

**Section V – All-Conference Selection**

- A. The team consists of three players at attack and defense, four at midfield, a long pole midfielder, a short stick specialist, a face-off specialist, and a goaltender. There will be two at-large positions on the first team selected on the Major Awards calls, moving them from the second team to the first team. (AD, May 2023)
- B. Honorable mention may include up to 14 players. (Amended, May 2022)
- C. An Attackman, Midfielder, Defenseman, Goalie, Specialist, Rookie and Coach of the Year are selected. (Amended, May 2022)
- D. Coaches choose four seniors from the all-conference team to submit to the USILA for the north/south game. One senior will be selected from those four nominees, unless a player is voted into the game by the USILA membership.
- E. The coaches will conduct a conference call to present their players and vote for major awards.

**Section VI – Regular Season**

- A. NCAA rules are followed.

- B. Robert "Buzz" Lynn will assign officials for all conference games through 2023 (Executive Regulations, Article VI, Part I, page 11).
- C. The clock and penalty clock are to be staffed by game day personnel, not members of the team.
- D. The pre-game clock is set to end five minutes prior to the game start time.
- E. A midfield line must be in place.
- F. Non-textured ball is required.
- G. Cold Weather Policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
  - 4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
  - 5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
  - 6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
  - 7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
    - a. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
    - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
    - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## Section VII – Filming Policies

- A. General Guidelines
  - 1. The person doing the filming must have enough training in order to provide quality control (proper scanning of the field, no commentary, and appropriate zoom to discern players and flow of play).

2. The home team is responsible for videotaping all regular season games and uploading them into Hudl by noon the day after the game. For MAC championship tournament games, they must be uploaded by 11 PM the evening after they are played. Spring Break games must be uploaded within 24 hours of return to campus.
3. If the home team experiences technical problems and the away team has also filmed the game, the away team will upload the video.
4. All MAC members have access to every uploaded game.
5. Scrimmages do not have to be uploaded.
6. Game films may not be shared with teams outside of the MAC except for the last game of the season.
7. There is a \$100 fine for missing a deadline or not posting usable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

**B. Filming Procedures**

1. Film from an elevated area (at least ten feet above field) at midfield.
2. Begin recording when the starting lineups and officials are introduced.
3. Pause the recording only at half time, prior to overtime periods, or when any extenuating circumstances stop play (weather delay, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture a 6 v 6 angle and show the player's numbers.
5. Following a goal, and prior to the restart of the match, focus the camera on the scoreboard to indicate time of goal and score of the match.
6. End recording after the teams have shaken hands and returned to the locker room or gathered as a team at one end of the field. Be sure to focus the camera on the scoreboard to indicate the final score.

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Film exchange with a non-conference opponent is permitted prior to the last day of regular season conference play.

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of women's lacrosse coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

## Section I – Sport Committee

- A. A women's lacrosse sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference events under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's business meeting the second Wednesday after the conference tournament (Operating Procedures, Article III, Part C, page 2).

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	Delaware Valley
Eastern	DeSales
Hood	Fairleigh Dickinson-Florham
Messiah	King's (Pa.)
Stevenson	Lebanon Valley
Widener	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Conference Standings
  1. Conference standings are determined on the basis of single round-robin play (Executive Regulations, Article V, page 8).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

1. Head-to-head results between and among the tied teams in traditional season conference contests.
2. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
3. Goal differential between and among the tied teams, with a maximum differential of six goals.
4. Tied teams' goal differential in conference contests starting with #1, then #2, etc. with a maximum differential of six goals.

**B. Conference Championship (Executive Regulations, Articles IV and V, pages 4-5).**

1. Schedule (if there is a conflict with men due to facility restraints, the women will play a Tuesday semifinals in odd years; the men in even years). Both semifinal games will be played on the same day unless all four institutions agree otherwise.

Wednesday      #4 at #1  
                         #3 at #2

Saturday          Winners of semi-final games at highest remaining seed

2. The winner of each conference championship receives an NCAA automatic qualifier bid.
3. Criteria in Section VI apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. The team consists of three attackers, three midfielders, three defenders, a goalie, and two at-large players.
- B. Honorable Mention may include up to 12 players. (Amended, May 2022)
- C. Attacker, Midfielder, Defender, Goalie, Rookie and Coach of the year are named. (Amended, May 2022)
- D. The coaches will conduct a conference call to present their players and vote for major awards.

**Section VI – Regular Season**

- A. Bert Butler assigns officials for all conference games (Executive Regulations, Article VI, Part I, page 11).
- B. USWLA Rules (with NCAA modifications) are followed.
- C. Games are official when 80% completed.
- D. Cold Weather Policy

1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  - a. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.
  - b. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
  - c. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

## Section VII – Filming Policies

### A. General Guidelines

1. The person doing the filming must have enough training in order to provide quality control (proper scanning of the field, no commentary, and appropriate zoom to discern players and flow of play).
2. The home team is responsible for videotaping all regular season games in HD and uploading into Hudl within 24 hours of the game's conclusion. If teams opt into a sport-wide exchange, those deadlines should be followed if they are more restrictive than the MAC deadlines. For MAC championship tournament games, they must be uploaded by 11 PM the evening after they are played.
3. If the home team experiences technical problems and the away team has also filmed the game, the away team will upload the video.
4. Scrimmages do not have to be uploaded.
5. There is a \$100 fine for missing a deadline or not posting usable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

### B. Filming Procedures

1. Film from an elevated area (at least ten feet above field) at midfield.
2. Begin recording when the starting lineups and officials are introduced.
3. Pause the recording only at half time, prior to overtime periods, or when any extenuating circumstances stop play (weather delay, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Following a goal, and prior to the restart of the match, focus the camera on the scoreboard to indicate time of goal and score of the match. All draw controls should include everyone in the circle.
5. End recording after the teams have shaken hands and returned to the locker room or gathered as a team at one end of the field. Be sure to focus the camera on the scoreboard to indicate the final score.
6. Share clips and/or games with Bert Butler for officiating development

Section VIII – Statistics (Sports Information Directors, Section III, page 2).

Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

Section X – Dispute Resolution (Operating Procedures, Article VII, page 5).

This handbook is for the use of outdoor track & field coaches who are to be familiar with its contents. Any comments or suggestions regarding the material should be brought to the attention of the sport committee chair or administrative liaison.

### Section I – Sport Committee

- A. A track & field sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The track & field sport committee is responsible for conducting MAC track & field championship meets under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The track & field sport committee conducts their legislative meeting in November (the Monday before Thanksgiving at a central location). Meetings in February and May are scheduled to review championship guidelines. (Operating Procedures, Article III, Part C, page 2).

### Section II – Conference Organization

#### Middle Atlantic Conference

Albright

Alvernia

Arcadia

Delaware Valley

DeSales

Eastern

FDU-Florham

Hood

King's (Pa.)

Lebanon Valley

Messiah

Misericordia

Stevens

Stevenson

Widener

York (Pa.)

### Section III – Championships (Executive Regulations, Article IV, page 5).

- A. Facility Criteria
  - 1. Only eight-lane facilities may host the MAC men's and women's outdoor championship meet. Facilities must meet the standards in the NCAA rule book, including the presence of a rail.
  - 2. Seating for at least 500 spectators.

3. Ability to take tickets and sell t-shirts.
4. A meeting and hospitality space for officials, coaches, and student workers.
5. Adequate parking, restrooms for spectators, and locker rooms for participants.

B. Future outdoor host sites:

2024 Messiah  
2025 Stevenson  
2026 Widener

\*\*Full rotation is: Messiah, Stevenson, Widener, DeSales, York

- C. Only NCAA varsity teams may compete in the MAC Outdoor Track & Field Championships.
- D. Prior to April 10, the MAC office sends all schools meet information for the MAC Outdoor Track & Field Championships.
- E. Entries timeline for MAC outdoor track & field championships:
1. Entries close at 5 PM on Monday prior to the meet via Direct Athletics. Absolutely no additions or changes will be accepted after this deadline.
  2. Seeding meeting is at 9 AM on Tuesday prior to the meet. Heat and flight sheets are then posted on the conference website.
- F. If a student-athlete is scratched from an event, s/he may not compete in the remainder of the competition.

G. Ticket prices:

	All Session	Friday or Saturday
Adults	\$10	\$6
Students	\$5	\$3
Under 6	Free	Free

H. Meeting accommodations and hospitality (for coaches, workers, and officials) are organized by the host.

I. General equipment needed for the meet include:

1. Scoreboard for a running team score.
2. Cross bars for high jump and pole vault.
3. Rakes for smoothing sand in long/triple jump pit(s).
4. Loud speaker system.
5. Awards stand with labels for each event.

6. Training tables.
7. Water coolers and ice.
8. Tapes for measuring throwing and jumping events.
9. Clipboards, pencils, etc. for officials handling field events.
10. Ropes/markers to go around all field event areas to keep them free of non-competitors.
11. Cart or tractor for moving hurdles.
12. Starting blocks for all sprint/hurdle lanes.
13. Scales for weighing implements.
14. Markers to place on implements which pass inspection.
15. Two fully-automatic, independent timing devices (arranged by conference office).

J. Meet Personnel

1. Physician and athletic trainers.
2. Sport committee.
3. Award presenters.
4. Certified officials (booked by conference office)
  - a. At least two judges are assigned to each field event.
  - b. Two officials assigned to weigh and measure implements.
5. Announcer: announces the start of each event, progress reports, MAC records, upcoming events, results/awards, etc. Team scores are to be announced after awards for each event.
6. Each participating school supplies three student volunteers available throughout the competition. Volunteers will be assigned to various roles, including: two runners from finish line to scorer's table; two helpers at finish line; two on each pit; two to help with each throwing event; and 10-12 to move hurdles, steeple barriers, and starting blocks.

K. Meet Scoring: The top eight finishers in each event will score. Points will be awarded: 10-8-6-5-4-3-2-1. In field events, each contestant shall be allowed three preliminary trials. The best nine competitors at the completion of the preliminary round shall qualify for the finals. Each finalist receives three additional attempts, competing in reverse order of standing. All marks made in trials and finals will count in determining results.

L. Outdoor track & field championship qualifying parameters

1. Standards determined by the average of the last three years qualifying marks and are posted on the MAC website.

2. Indoor track & field performances may not be used to qualify for the outdoor track & field championships.
3. For multi-events, the student-athlete must meet the qualifying point totals
4. Student-athletes may qualify for 1500 with a mile time.
5. Each school may enter only one team for each relay.

#### Section IV – Awards (Executive Regulations, Article II, page 1).

Awards for Rookie, Track Athlete, Field Athlete, Assistant Coach and Coach of the Year will be determined by the coaches in a meeting immediately after the last event. (Amended, 2021-22)

#### Section V – All-Conference (Executive Regulations, Article II, Part E, page 1).

First- through third-place receive medals. Champions are First Team All-MAC, event runners-up are Second Team All-MAC, and third-place finishers are Third Team All-MAC.

#### Section VI – Statistics (Sports Information Directors, Section III, page 2).

#### Section VII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 11-12).

#### Section VIII – Dispute Resolution (Operating Procedures, Article VII, page 5).

#### Section IX – Cold Weather Policy

- A. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
- B. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
- C. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.
- D. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
- E. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
- F. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
- G. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
  1. If the temperature (real or wind chill) is below 25° F, the school must ensure that competitors have apparel that protects as much skin as possible and can access a warming area.

## OUTDOOR TRACK & FIELD

2. If the temperature (real or wind chill) is between 1 – 15° F, competitors must spend at least 15 minutes in a warm area after a maximum of 45 minutes (or half-time) of outdoor exposure.
3. If the temperature (real or wind chill) is below 0° F, the event must be rescheduled.

This handbook is for the use of men's tennis coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport chair or administrative liaison.

## Section I – Sport Committee

- A. A men's tennis sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference matches under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's business meeting on the second Wednesday after the team tournaments (Operating Procedures, Article III, Part C, page 2).
- D. A coach or institutional representative whose team or player is involved in deliberations must exclude him/herself from committee discussions or decisions applicable to his/her own team.

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	DeSales
Eastern	Fairleigh Dickinson-Florham
Hood	King's (Pa.)
Messiah	Lebanon Valley
Stevenson	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  1. Standings in each conference are determined on the basis of single round-robin play. To be eligible for the conference championship, each team must play all other teams in its conference. (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Differential between and among the tied teams in terms of the number of individual matches won (1st), the number of sets won (2nd), and the number of games lost (3rd).
- iv. Tied teams' differential in conference contests starting with #1, then #2, etc., in terms of the number of individual matches won (1st), the number of sets won (2nd), and the number of games lost (3rd).

**B. Team Championship (Executive Regulations, Articles IV and V, pages 4-5).**

1. The top four conference teams play a semifinal-round match (#4 at #1 and #3 at #2) the Wednesday (even years) or Tuesday (odd years) following the cut-off date. The winners of the semifinal-round matches will play the following Saturday at the highest seed.
2. Lineups are entered using the online entry form by 7 p.m. on the final date of regular season competition. All players eligible for the tournament are ranked in order of strength. The online entry form will be locked from any further changes after the entry deadline. Participating teams will be allowed to appeal any lineup up to the time of the pre-championship call. Players may be removed from a lineup for any reason. Each player listed below the removed player/s shall be moved up the appropriate number of spots. Any lineup changes after the entry deadline should be communicated to the opposing coach, referee, and the MAC executive director. If a lineup is challenged, the sport committee has the authority to adjust it.
3. Individual matches are terminated at the point the match is decided.
4. All matches are at the site of the highest seed. The site must have at least six outdoor courts in visible proximity to each other.
5. Each tournament winner earns automatic qualification to the NCAA championship. In order to be eligible for consideration in "Pool C" for NCAA tournament selection, a team must play six spring matches.
6. When possible, two officials are assigned to each match.
7. Criteria in Section VI apply to this tournament.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

- A. Report results to the ITA.**

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. The team consists of six players.**
- B. Honorable Mention may include up to six players.**

- C. Player, Rookie and Coach of the Year are named
- D. The coaches will conduct a conference call to present their players and vote for major awards. Rookie of the Year is voted on separately regardless of the outcome of the all-conference team.

#### Section VI – Regular Season

- A. Conduct all matches under ITA Rules with these exceptions:
  - 1. To permit let calls for balls that roll onto the court during play.
  - 2. Singles sticks are not required.
- B. The home team must submit the match result into the R2 Sports scoring system within 24 hours of the contest completion.(Amended, AD May 2021)
- C. The lineup shall always be, and players must play, based on order of ability. In singles, players must compete with the best player on the team playing at the No. 1 position, the second best at No. 2, and so on through all positions. This rule shall also apply to doubles play with the strongest doubles team at No. 1, etc. Empty positions should not be left vacant unless last-minute injuries or an unforeseen event happens. If a coach uses an improper line-up in a MAC match, the sport committee may forfeit the individual singles and/or doubles matches in question. (Amended, AD May 2021)
  - 1. A coach must file a line-up protest within 48 hours to the MAC executive director and the opposing coach.
  - 2. The sport committee will rule on all line-up complaints. In the event of a tie, the MAC executive director will cast the deciding vote.
- D. The home team provides Wilson US Open X-Duty for all conference matches. New balls are provided for the third set of a match.
- E. Scorecards are mandatory.
- F. All players on the same team must wear similar tennis apparel issued by the school.
- G. Conference tennis matches start at 3:30 PM on weekdays and 1:00 PM on weekends (if less than six courts, start at Noon) unless lights are available.
- H. One official may be retained for conference matches – the two teams may agree not to have one present.
- I. Cold weather policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.

4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
8. If for two of the four hours from match time start, the temperature (real or wind chill) does not exceed 40° F or the sustained wind will be in excess of 20 miles per hour, the match is to be rescheduled. For tournaments, these minimums must be employed for at least half of the projected playing time.

Section VII – Statistics (Support Staff, Sports Information, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 7- 8).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 3).

#### Section X – Postponements

- A. Without permission from the executive director, all teams must complete the conference schedule. Contracts with non-conference teams must stipulate that the conference schedule is to be completed and non-conference matches may be canceled to accommodate that goal. Conference schools do not have to schedule two conference opponents in a row (in a two-day period).
- B. Prior to a contest, the home team is responsible for delaying or postponing the start. After the contest starts, halting the contest is at the discretion of the officials, with the exception of extraordinary circumstances.
- C. If a contest is postponed because of inclement weather or other exigency after a visiting team arrives, or while it is en route, the visiting team is required to travel on the make-up date.
- D. Rescheduled contests are set for the next available date; on trips over 120 miles (one way) the first available weekend date is used.
- E. A delayed contest due to lightning must be resumed in one hour plus the half hour for a clear meter. If the contest reaches a reasonable point of conclusion, it becomes an official contest; if it does not meet these criteria, it is a "no contest" and must be rescheduled.
- F. Maintaining the official conference schedule takes precedence over rescheduled conference contests.
- G. If a campus is closed (inclement weather, emergency, etc.), their teams do not have to compete on those days.
- H. Special predetermined events on campus that impact rescheduling (ID camp, clinics, open houses, etc.) do not constitute an available date.
- I. If a team is delayed (broken down bus, traffic, etc.), immediately communicate the situation to the host. If possible, the visitors should have 40 minutes to prepare for the contest from arrival to contest start.

- J. Postponement dates: at least two days following the cut-off date shall be set aside for postponed contests for each sport. The cut-off date must be at least four days prior to the first day of the championship.
1. Any postponements that occur 10 days or more prior to the cut-off date must be made up prior to the cut-off date.
  2. Any postponements that occur 9 days or less prior to the cut-off date may be made up before the cut-off date, or during the 2 designated postponement dates.
  3. No games may be rescheduled past the cut-off date without the approval of the executive director and the sport committee chair for that sport.

This handbook is for the use of women's tennis coaches who are to be familiar with its contents. Any comments or suggestions regarding the contents should be brought to the attention of the sport chair or administrative liaison.

## Section I – Sport Committee

- A. A women's tennis sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference matches under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coaches meeting the second Wednesday after the team championships (Operating Procedures, Article III, Part C, page 2).
- D. A coach or institutional representative whose team or player is involved in deliberations must exclude him/herself from committee discussions or decisions applicable to his/her own team.

## Section II – Conference Organization

MAC Commonwealth	MAC Freedom
Albright	Arcadia
Alvernia	DeSales
Eastern	Fairleigh Dickinson-Florham
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Messiah	Lebanon Valley
Stevenson	Misericordia
York (Pa.)	Stevens

## Section III – Championships

- A. Standings
  1. Standings in each conference are determined on the basis of single round-robin play. To be eligible for the conference championship, each team must play all other teams in its conference. (Executive Regulations, Article V, page 5).
  2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.
    - b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
    - c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each

other), and in the case of two or more tied teams, procedures (i) through (iv) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.

- i. Head-to-head results between and among the tied teams in traditional season conference contests.
- ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
- iii. Differential between and among the tied teams in terms of the number of individual matches won (1st), the number of sets won (2nd), and the number of games lost (3rd).
- iv. Tied teams' differential in conference contests starting with #1, then #2, etc., in terms of the number of individual matches won (1st), the number of sets won (2nd), and the number of games lost (3rd).

**B. Team Championship (Executive Regulations, Articles IV and V, pages 4- 5)**

1. The top four teams play a first-round match (#4 at #1 and #3 at #2) the Wednesday (odd years) or Tuesday (even years) following the cut-off date. The winners of the first-round matches will play the following Saturday at the highest seed.
2. Lineups are entered using the online entry form by 7 p.m. on the final date of regular season competition. All players eligible for the tournament are ranked in order of strength. The online entry form will be locked from any further changes after the entry deadline. Participating teams will be allowed to appeal any lineup up to the time of the pre-championship call. Players may be removed from a lineup for any reason. Each player listed below the removed player/s shall be moved up the appropriate number of spots. Any lineup changes after the entry deadline should be communicated to the opposing coach, referee, and the MAC executive director. If a lineup is challenged, the sport committee has the authority to adjust it. (Amended, AD May 2021)
3. Individual matches are terminated at the point the match is decided.
4. All matches are at the site of the highest seed. The site must have at least six outdoor courts in visible proximity to each other.
5. Each tournament winner earns automatic qualification to the NCAA championship. In order to be eligible for consideration in "Pool C" for NCAA tournament selection, a team must play six spring matches.
6. When available, the conference office assigns two officials to each match.
7. Criteria in Section VI apply to this tournament.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

- A. Coaches must send results to the ITA.
- B. Medals are awarded for 1-7 single and 1-4 double winners and runners-up.

**Section V – All Conference Selection (Executive Regulations, Article II, Part E, page 1).**

- A. The team consists of six players.

- B. Honorable Mention may include up to six players. (Amended, May 2022)
- C. Player, Rookie and Coach of the Year are named
- D. The coaches will conduct a conference call to present their players and vote for major awards. Rookie of the Year is voted on separately regardless of the outcome of the all-conference team. (Amended, May 2022)

#### Section VI – Regular Season

- A. Conduct all matches under ITA Rules with these exceptions:
  - 1. To permit let calls for balls that roll onto the court during play.
  - 2. Singles sticks are not required.
- B. The home team must submit the match result into the R2 Sports scoring system within 24 hours of the contest completion. (Amended, AD May 2021)
- C. The lineup shall always be, and players must play, based on order of ability. In singles, players must compete with the best player on the team playing at the No. 1 position, the second best at No. 2, and so on through all positions. This rule shall also apply to doubles play with the strongest doubles team at No. 1, etc. Empty positions should not be left vacant unless last-minute injuries or an unforeseen event happens. If a coach uses an improper line-up in a MAC match, the sport committee may forfeit the individual singles and/or doubles matches in question. (Amended, AD May 2021)
  - 1. A coach must file a line-up protest within 48 hours to the MAC executive director and opposing coach.
  - 2. The sport committee will rule on all line-up complaints. In the event of a tie, the MAC executive director will cast the deciding vote.
- D. The home team provides Wilson US Open X-Duty for all conference matches. New balls are provided for the third set of a match.
- E. Scorecards are mandatory.
- F. All players on the same team must wear similar tennis apparel issued by the school.
- G. Conference tennis matches start at 3:30 PM on weekdays and 1:00 PM on weekends (if fewer than 6 courts, start at Noon) unless lights are available.
- H. One official may be retained for each conference match – if the two teams agree, no official is required.
- I. Cold weather policy
  - 1. Because the duration of a contest, including warm ups, vary, and levels of activity differ with each position, the potential for injury is not consistent between and among sports or sites. Equipment such as bats also is more vulnerable to defects as well. It is for these reasons that temperature needs to be considered as a major factor in the safety and well-being of all participants.
  - 2. These are minimal standards. Institutions may agree to use more stringent criteria (these must be publicly posted), but if the host wants to employ the minimum guidelines outlined here, the visitors must oblige.
  - 3. The language in this document relates to competition, but the temperature criteria are also applicable to all practices.

4. Besides the coaches and teams, these guidelines apply to support staff, officials, and other personnel involved in the event.
5. The decision to postpone a contest must be made prior to the visiting team's departure and a mutually agreed upon make-up date will be set at that time. After the visiting team is in transit, the competition will proceed as scheduled.
6. These guidelines are for temperature projections and do not account for the playing surface and weather conditions. Temperature conditions may allow for competition, but it is up to the home site to determine the competitor's safety based on other elements like field conditions, precipitation, etc.
7. The forecast should be attained and compared from <http://www.weather.com> and <http://www.accuweather.com/> to make the most accurate prediction.
8. If for two of the four hours from match time start, the temperature (real or wind chill) does not exceed 40° F or the sustained wind will be in excess of 20 miles per hour, the match is to be rescheduled. For tournaments, these minimums must be employed for at least half of the projected playing time.

Section VII – Statistics (Support Staff, Sports Information, Section III, page 2).

Section VIII – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 7- 8).

Section IX – Dispute Resolution (Operating Procedures, Article VII, page 3).

Section X – Postponements

- A. Without permission from the executive director, all teams must complete the conference schedule. Contracts with non-conference teams must stipulate that the conference schedule is to be completed and non-conference matches may be canceled to accommodate that goal. Conference schools do not have to schedule two conference opponents in a row (in a two-day period).
- B. Prior to a contest, the home team is responsible for delaying or postponing the start. After the contest starts, halting the contest is at the discretion of the officials, with the exception of extraordinary circumstances (lightning).
- C. If a contest is postponed because of inclement weather or other exigency after a visiting team arrives, or while it is en route, the visiting team is required to travel on the make-up date.
- D. Rescheduled contests are set for the next available date; on trips over 120 miles (one way) the first available weekend date is used.
- E. A delayed contest due to lightning must be resumed in one hour plus a half hour of a clear meter. If the contest reaches a reasonable point of conclusion, it becomes an official contest; if it does not meet these criteria, it is a "no contest" and must be rescheduled.
- F. Maintaining the official conference schedule takes precedence over rescheduled conference contests.
- G. If a campus is closed (inclement weather, emergency, etc.), their teams do not have to compete on those days.
- H. Special predetermined events on campus that impact rescheduling (ID camp, clinics, open houses, etc.) do not constitute an available date.
- I. If a team is delayed (broken down bus, traffic, etc.), immediately communicate the situation to the host. If possible, the visitors should have 40 minutes to prepare for the contest from arrival to contest start.

- J. Postponement dates: at least two days following the cut-off date shall be set aside for postponed contests for each sport. The cut-off date must be at least four days prior to the first day of the championship.
1. Any postponements that occur 10 days or more prior to the cut-off date must be made up prior to the cut-off date.
  2. Any postponements that occur 9 days or less prior to the cut-off date may be made up before the cut-off date, or during the 2 designated postponement dates.
  3. No games may be rescheduled past the cut-off date without the approval of the executive director and the sport committee chair for that sport.

This handbook is for the use of men's volleyball coaches who are to be familiar with its contents. Any suggestions or comments regarding the contents should be brought to the attention of the sport committee chair and administrative liaison.

### Section I – Sport Committee

- A. A men's volleyball sport committee, composed of up to five persons, is appointed by the MAC executive director.
- B. The sport committee is responsible for the conduct of all conference games under approved conference policies (Operating Procedures, Article III, Part B, page 2).
- C. The sport committee chair conducts the annual coach's conference call on the second Tuesday after the conference championship (Operating Procedures, Article III, Part C, page 2).

### Section II – Conference Organization

#### MAC

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Alvernia (not sponsoring in 23-24)

Arcadia

Eastern

Hood

King's

Messiah

Misericordia

Stevens

Stevenson

Widener

### Section III – Championship

- A. Standings
  - 1. Standings in the conference are determined by a single round robin. To be eligible for the conference championship, each team must play all other teams.. (Executive Regulations, Article V, page 5). (Amended, March 2022)
  - 2. There are no playoffs for conference ties. Use the following tiebreaking system in descending priority order to qualify team(s) for the MAC championships.
    - a. Ties are to be broken from the top of the standings to the bottom, with the exception of head-to-head results in regular season conference contests (these are to occur prior to applying procedure ii). The progression through a procedure stops at any point where teams cannot be ranked.

- b. If more than two teams are tied, and one of the teams has not played a team in a specific tiebreaker, that particular tiebreaker does not count.
- c. When more than two teams are tied, that ranking, based on wins and losses against each other, qualifies the needed teams (for example: #1 King's 3-1, #2 Misericordia 2-2, #3 DeSales 1-3). If that win/loss ranking can't be determined (for example, all three teams are 2-2 against each other), and in the case of two or more tied teams, procedures (i) through (vi) are used to qualify a team or teams. The remaining teams revert back to the criteria in rank order.
  - i. Head-to-head results between and among the tied teams in traditional season conference contests.
  - ii. Tied teams' traditional season won-loss records versus conference teams starting with #1, then #2, etc.
  - iii. Differential between and among the tied teams in terms of the percentage of sets won (1st) and the percentage of points won (2nd).
  - iv. Differential in conference contests starting with #1, then #2, etc. in terms of the percentage of sets won (1st) and the percentage of points won (2nd).
  - v. In case of ties where more than two teams are involved and they have not played an equal number of matches against each other and/or against common conference opponents from top to bottom, they will be ranked by their entire conference record in terms of the percentage of sets won (1st) and the percentage of points won (2nd).
  - vi. If the above protocol does not determine standings, an annual preseason draw by the MAC Office will be employed to break ties with the higher placed team being placed above the other contenders.

**B. Conference Tournament (Executive Regulations, Articles IV and V, pages 4-5)**

- 1. The top five teams qualify for the tournament: #5 at #4 on Monday; #4/#5 winner at #1 and #3 at #2 are played the Wednesday.
- 2. The winners of the semi-final games meet on Saturday for the conference championship.
- 3. All matches are at the site of the higher seed.
- 4. The winner of the conference championship receives a NCAA automatic qualifier bid.
- 5. The host institution must provide the following:
  - a. An announcer to present team members and starting lineups. Announcing the entire match is not required.
  - b. Play the National Anthem prior to the first match.
  - c. Obtain and train the personnel performing the three ball-exchange system.
- 6. The MAC executive director books certified officials as line judges.
- 7. When appropriate, criteria in Section VI also apply.

**Section IV – Awards (Executive Regulations, Article II, page 1).**

All coaches must be members of the association that names regional and national all-America teams and participate in the process.

**Section V – All-Conference Selection (Executive Regulations, Article II, Part E, page 1)**

- A. The first team consists of seven players with at least a libero, setter, and three hitters; second team has a libero and the next six players with the most votes. The Men's Volleyball coaches conduct the nomination and voting process similar to AVCA All-Region/America procedure. (Amended, May 2021)
- B. Honorable mention may include up to seven players. (Amended, May 2022)
- C. Player and Defensive Player of the Year, Rookie and Coach of the Year are named
- D. The coaches will conduct a conference call after running a pre-ranking process to put their team together. AVCA Process. (Amended, May 2021)

**Section VI – Conference Match Regulations**

- A. The type of match to be played (dual, tri, quad) is stipulated in the contract. Dual matches are the standard league format. Any changes to triangular or quadrangular competition must be agreed to by all parties.
- B. All conference matches must be best of five sets; there is no point cap in any set.
- C. Line judges are assigned by Larry Fetterhoff for all conference matches.
- D. In the absence of a scoreboard, the home team provides visible scorecards; place them opposite the players' benches.
- E. Officials are assigned by Scott and Rose Atkinson for all MAC matches. (Executive Regulations, Article VI, Part L, page 8). Two officials call each match.
- F. The Molten V5M5000-3N Flistatec is the official conference ball.
- G. The gym needs to be fully set up and available for play one hour prior to the match starting time (includes the 25-minute pre-match protocol).
- H. Unless superseded by MAC rules, NCAA standards and rules govern play.
- I. A three-ball playing system is recommended.

**Section VII – Filming Policies**

- A. General Guidelines
  - 1. Each MAC team is responsible for videotaping all of their regular season matches and uploading to Hudl within 24 hours for home and 48 hours for away matches. For MAC championship tournament matches, they must be uploaded by 11 PM the evening after they are played.
  - 2. If the home team experiences technical problems and the away team has also filmed the match, the away team will upload the video.
  - 3. All MAC members have access to every uploaded game.

4. Scrimmages do not have to be uploaded.
5. Match films may be shared with teams outside of the MAC (Amended, 2023, Coaches).
6. There is a \$100 fine for missing a deadline or not posting usable film; subsequent violations, and any in the last two weeks of the season, incur a \$300 fine.

**B. Filming Procedures**

1. Film from behind the back line.
2. Begin recording when the starting lineups and officials are introduced.
3. Pause the recording only between sets or when any extenuating circumstances stop play (power outage, injury, etc.). Otherwise, filming should be continuous to avoid a "choppy or broken up" video.
4. Video should capture the entire court for every point.
5. End recording after the teams have shaken hands and cleared the court.

**Section VIII – Statistics (Support Staff, Sports Information, Section III, page 2).**

Use the NCAA box score forms in all conference matches. The home team is responsible for submitting a complete box score for all matches (excludes tournaments) to the MAC Office immediately after each match.

**Section IX – Sportsmanlike Conduct (Executive Regulations, Article VII, pages 7- 8).**

**Section X – Dispute Resolution (Operating Procedures, Article VII, page 3).**



## HISTORY

Researched and Written by Thomas Hanrahan  
*Director of College Relations, Lebanon Valley College*

Edited July 31, 2023 by Jonathan Hower  
*MAC Associate Executive Director for External Relations*

Since the organization of the Middle Atlantic Conference on December 1, 1912, there have been 61 colleges and universities that have been associated with this intercollegiate athletic association in some form. Of these 61, most have been official members of the conference and/or official members of an individual sports association such as the Middle Atlantic Conference Wrestling Association. However, several schools listed may have only attended meetings and/or participated in conference championships without holding official membership.

Because known conference records are incomplete prior to the 1946-47 academic year, the following institutional list, particularly the information concerning length of membership for many schools, is incomplete at this time.

The first part is a list of the 61 colleges and universities whose names have appeared, in any form, as having had an association with the Middle Atlantic Conference. The second part is a breakdown of information on all 60 schools and their known association(s) with the conference. The third part completes the preface with a brief historical timeline.

The majority of the information for the three sections is derived from: David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*; Middle Atlantic Conference Fact Books from 1968-69 through 2000-01; and numerous conference committee meeting minutes from 1946-47 through 1993-94.

## HISTORY

An Institutional List of Colleges and Universities That Have Been Formally Associated with the Middle Atlantic Conference Since its Founding in 1912

Albright College	Moravian College
Alfred University	Muhlenberg College
Alvernia College	New York University
Arcadia University	Philadelphia College of Textiles & Science (Philadelphia and Jefferson Universities)
Bucknell University	Princeton University
Columbia University	Rider University
Delaware Valley University	Rutgers University
DeSales University	St. Joseph's University
Dickinson College	Seton Hall University
Drew University	Shenandoah University
Drexel University	Stevens Institute of Technology
Eastern University	Stevenson University
Elizabethtown College	Susquehanna University
Fairleigh Dickinson University – Florham Campus	Swarthmore College
Franklin and Marshall College	Temple University
Gettysburg College	The American University
Haverford College	Union College
Hofstra University	University of Delaware
Hood College	University of Pennsylvania
Johns Hopkins University	University of Scranton
Juniata College	Upsala College
King's College	Ursinus College
Lafayette College	Wagner College
LaSalle University	Washington and Jefferson College
Lebanon Valley College	Washington College
Lehigh University	West Chester University
Lycoming College	Western Maryland (McDaniel) College
Manhattan College	Widener University
Manhattanville College	Wilkes University
Messiah University	York College of Pennsylvania
Misericordia University	

## HISTORY

### Institutional Histories as they relate to the Middle Atlantic Conference

The colleges and universities are listed in alphabetical order. The first name listed is the current official college or university name. This is followed, in no particular order, by years of membership, the first year of membership (if known), any institutional name changes while a member of the MAC, type of special membership if applicable, and any other relevant information that may shed light on that institution's association with the conference.

Institutions represented at the first annual meeting of the Middle Atlantic States Collegiate Athletic Conference (MASCAC), held in Philadelphia on April 23, 1922, are italicized. These 13 institutions are sometimes referred in conference documents as the original members of the conference although the Middle Atlantic States Collegiate Athletic Association (MASCAA) preceded the former group by almost a decade.

**Albright College** – Albright has been an official member since at least the 1945-46 academic year. The college is currently a member of the MAC Commonwealth and Middle Atlantic Conference.

**Alfred University** – Alfred was discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Alfred joined the MAC sometime after 1914 but does not give either the year or the source of this information. Alfred University is not mentioned in any conference records.

**Alvernia University** – Alvernia joined the MAC Freedom and Middle Atlantic Conference in July 2008. They switched membership to the MAC Commonwealth in July 2009.

**American University** – American was an official member between 1966-67 and 1973-74 when they departed with ten other larger schools to form the East Coast Conference. American returned to the MAC as an Associate Member (no voting, scheduling or championship participation rights) for two academic years (1980-81 and 1981-82).

**Arcadia University** – Arcadia began membership in the MAC Freedom and Middle Atlantic Conference in July 2007. In July 2008 they moved from the MAC Freedom to MAC Commonwealth. In July 2020, Arcadia moved back to the MAC Freedom.

**Bucknell University** – Bucknell, at the very least, was an official member from 1946-47 through 1973-74 when they departed with ten other larger schools to form the East Coast Conference. Bucknell remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1981-82. Bucknell was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Bucknell joined the MAC sometime after 1914 but does not give either the year or the source of this information. The university was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

**Columbia University** – Columbia was an official member of the conference from 1946-47 through 1954-55 when they left in disagreement over the MAC's first official reorganization. Columbia was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Columbia joined the MAC sometime after 1914 but does not give either the year or the source of this information. He also wrote that although Columbia was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922, they were one of five additional institutions that approved the original plan for the Middle Atlantic States Collegiate Athletic Conference.

**Delaware Valley University** – Delaware Valley became a member of the conference during the 1965-66 academic year. The college is currently a member of the MAC Freedom and Middle Atlantic Conference.

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DeSales University – Formerly Allentown College, DeSales became a member of the conference during the 1997-98 academic year. The university is currently a member of the MAC Freedom and Middle Atlantic Conference. The school became DeSales University in 2001.

Dickinson College – Dickinson was represented at the very first gathering in 1912 and participated in the first conference track and field championship in 1913. Dickinson is listed in official records as having held conference membership at least from 1946-47 through 1992-93 when 10 schools departed to form the Centennial Conference. Dickinson was further discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Dickinson was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922 nor as one of the five institutions who did not attend the meeting but that did approve the original plan. However, Dickinson's F. E. Craver was one of four members on the MAC's Executive Committee in 1925; the first known assembly of this administrative sub-group.

Drew University – Drew became a member of the conference during the 1968-69 academic year. The university left the Middle Atlantic Conference in June 2007 to form the Landmark Conference.

Drexel University – Formerly Drexel Institute of Technology and Drexel Institute of Art, Science and Industry, Drexel was a member of the conference during the 1945-46 academic year and remained until 1973-74 when 11 larger schools departed to form the East Coast Conference. Drexel remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1981-82. Drexel was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Drexel joined the MAC sometime after 1914 but does not give either the year or the source of this information. The university was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Eastern University – Eastern joined the MAC Freedom and Middle Atlantic Conference in July 2008. Moved to MAC Commonwealth in July 2020.

Elizabethtown College – Elizabethtown officially became a member of the conference during the 1950-51 academic year. The school was listed among the membership during the 1949-50 annual meeting minutes but it was noted that they would not join the conference officially until the following academic year. The college left the MAC for the Landmark Conference in June 2014.

Fairleigh Dickinson University, College at Florham (Madison, originally) – Fairleigh Dickinson became a member of the conference during the 1977-78 academic year. The university is currently a member of the MAC Freedom and Middle Atlantic Conference.

Franklin & Marshall College – Franklin & Marshall was represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and competed in the inaugural track and field championship the following day. The college was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Franklin & Marshall is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. Franklin & Marshall was further discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that Frank C. Garwood of F&M was the first known conference officer with a position that pre-dated the 1922 MASCAC formation. Garwood is listed as Secretary-Treasurer in 1917. There are no other records until 1922 when Samuel C. Palmer of Swarthmore College was named to this position. It is not known if Garfield held the position from 1917 to 1921. However, Eavenson does note that Garfield returned to the role of Secretary-Treasurer in 1925. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Gettysburg College – Gettysburg became a member of the Middle Atlantic States Collegiate Athletic Association in 1914 according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. The college was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic

## HISTORY

Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Gettysburg is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Haverford College – Haverford was represented at the first gathering of the Middle Atlantic States Collegiate Athletic Association (MASCAA) on December 11, 1912 at Lafayette College. However, the school did not participate in the inception meeting of the MASCAA on May 16, 1913 nor compete in the inaugural track and field championship the following day. Haverford became a member of the MASCAA in 1914 according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. The college was also represented at the first annual meeting of the Middle Atlantic States Collegiate Athletic Conference (MASCAC) on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Further, Haverford's J. A. Babbitt was one of four members on the MAC's Executive Committee in 1925; the first known assembly of this administrative sub-group. Haverford is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Hofstra University – Formerly Hofstra College, Hofstra became a member of the conference during the 1951-52 academic year and remained until 1973-74. Hofstra returned to the MAC as an Associate Member (no voting, scheduling or championship participation rights) for two academic years (1980-81 and 1981-82). The school became Hofstra University in 1962.

Hood College – Hood joined the MAC Commonwealth and Middle Atlantic Conference in July 2012.

Johns Hopkins University – Johns Hopkins is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. Johns Hopkins was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Johns Hopkins joined the MAC sometime after 1914 but does not give either the year or the source of this information. He also wrote that although Johns Hopkins was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922, they were one of five institutions that approved the original plan for the Middle Atlantic States Collegiate Athletic Conference. Further, Hopkins' J. T. Thompson was one of four members on the MAC's Executive Committee in 1925, the first known assembly of this administrative sub-group.

Juniata College – Juniata is listed in official records as having held conference membership since at least 1945-46. Juniata was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that conference records show that Juniata joined the MAC sometime after 1914 but does not give either the year or the source of this information. The college left the Middle Atlantic Conference in June 2007 to form the Landmark Conference.

King's College – King's became a member of the conference during the 1977-78 academic year. The college is currently a member of the MAC Freedom and Middle Atlantic Conference.

Lafayette College – Lafayette was the host institution for the first gathering of the Middle Atlantic States Collegiate Athletic Conference (MASCAC) on December 11, 1912 according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson also wrote that Lafayette hosted the first annual meeting of the "Association" on May 16, 1913, though official conference minutes list the 1947 gathering as the 25th annual. This would suggest that the April 23, 1922 "inception" meeting in Philadelphia, also discussed in Eavenson's history, is accepted as the first annual meeting. The 13 colleges that attended the Philadelphia meeting are referred in various records as the original 13 members, thus adding credence to this assumption. Nevertheless, Lafayette did host the conference's first sporting event, the first annual track meet, on May 17, 1913. Ironically, there is no record of Lafayette having attended the 1922 Philadelphia meeting, and, as such, they are not recognized by some as an original member. Lafayette was a member of the conference from at least the 1945-46 academic year and remained until 1973-74

## HISTORY

when 11 larger schools departed to form the East Coast Conference. Lafayette remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1990-91.

**LaSalle University** – Formerly LaSalle College, LaSalle became a member of the conference during the 1951-52 academic year and remained until 1973-74 when 11 larger schools departed to form the East Coast Conference. LaSalle remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) for two academic years (1980-81 and 1981-82). The school became LaSalle University in 1984.

**Lebanon Valley College** – Lebanon Valley was the only school not in attendance at the questioned first annual meeting of the “Association,” held at Lafayette College on May 16, 1913, to participate in the first annual track meet the next day. In the *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*, author David B. Eavenson wrote that Lebanon Valley withdrew from the Association sometime in the years after 1914 but does not give either the year or the source of this information. This would of course imply that the college was a member of the conference sometime during this time period. Regardless, Lebanon Valley has been an official member since at least the 1945-46 academic year. The college is currently a member of the MAC Commonwealth and Middle Atlantic Conference. On July 1, 2023, LVC moved to the MAC Freedom.

**Lehigh University** – Lehigh was represented at the very first gathering in 1912 and participated in the first conference track and field championship in 1913 according to David B. Eavenson’s 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson also wrote that although Lehigh was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922, they were one of five institutions that approved the original plan for the Middle Atlantic States Collegiate Athletic Conference. Further, Lehigh’s M. E. Kanaly was one of four members on the MAC’s Executive Committee in 1925, the first known assembly of this administrative sub-group. Lehigh was a member of the conference from at least the 1945-46 academic year and remained until 1973-74 when 11 larger schools departed to form the East Coast Conference. Lehigh was in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1975-76 through 1988-89. They do not appear to have been associated with the conference in any manner during the 1974-74 academic year.

**Lycoming College** – Lycoming became a member of the conference during the 1952-53 academic year. The college was a member of the MAC Freedom until June 2007 before moving to MAC Commonwealth. Lycoming was a member of the MAC Commonwealth until June 2020. The college moved back to the MAC Freedom in July 2020. Lycoming departed for the Landmark Conference on July 1, 2023.

**Manhattan College** – information unknown at this time.

**Manhattanville College** – Manhattanville joined the Freedom Conference as an affiliate member in field hockey in fall 2003. They became full members of the MAC Freedom and Middle Atlantic Conference in July 2007. The college departed the MAC for the Skyline Conference in June 2019.

**Messiah University** – Messiah became a member of the conference during the 1983-84 academic year. The university is currently a member of the MAC Commonwealth and Middle Atlantic Conference.

**Misericordia University** – Misericordia joined the Middle Atlantic Conference as an affiliate in track & field and swimming in June 2007. They became full members of the MAC Freedom and Middle Atlantic Conference in June 2008.

**Moravian College** – Moravian was an official member since at least the 1945-46 academic year. The college left the Middle Atlantic Conference in June 2007 to form the Landmark Conference.

**Muhlenberg College** – Muhlenberg was represented at the very first gathering of the Middle Atlantic Conference at Lafayette College on December 11, 1912. They were also represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and competed in the inaugural track and field championship the following day. In addition, a Muhlenberg official was in attendance at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, the school is sometimes listed as one of the conference’s

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original 13 members. Muhlenberg is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. Muhlenberg was further discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that Muhlenberg's Gurney Afflerbach was named conference Vice President in 1925. After 1925, conference records of officers do not resume until 1946. Afflerbach is listed as MAC President in 1946, 21 years later, and it is logical to presume that Muhlenberg may have been a member during the intervening years. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

New York University – NYU was represented at the very first gathering of the Middle Atlantic Conference at Lafayette College on December 11, 1912. They were also represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and competed in the inaugural track and field championship the following day. In addition, a NYU official was in attendance at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, the school is sometimes listed as one of the conference's original 13 members. NYU is listed in official records as having held conference membership from at least 1946-47 through 1954-55 and having been a "non-qualifying" member during the 1955-56 academic year. Though no definition is given for this term, it likely implied that they would participate in regular season competition but were ineligible for playoffs and championships. Finally, David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987* notes that "NYU was forced to relinquish its membership when its student enrollment passed the thousand mark" sometime after 1914. Eavenson then notes that changes to the conference's constitution allowed NYU to rejoin the MAC. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Philadelphia College of Textiles & Science (Philadelphia and Jefferson Universities) – information unknown at this time.

Princeton University – Princeton was represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Princeton was an official member of the conference from 1946-47 through 1954-55 when they left in disagreement over the MAC's first official reorganization. In addition, Dean Howard McClenahan of Princeton was elected as the conference's first president at the 1922 inception meeting in Philadelphia according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Rider University – Rider was an official member between 1965-66 and 1973-74 when they departed with 10 other larger schools to form the East Coast Conference. Rider remained with the MAC as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1990-91. The school, formerly Rider College, became Rider University in 1994.

Rutgers University – Rutgers was represented at the very first gathering of the Middle Atlantic Conference at Lafayette College on December 11, 1912. They were also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, the school is sometimes listed as one of the conference's original 13 members. Rutgers is listed in official records as having held conference membership from at least 1945-46 through 1961-62. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

Seton Hall University – Formerly Seton Hall College, Seton Hall is listed in official records as having held conference membership from at least 1946-47 through 1955-56.

Saint Joseph's University – Formerly St. Joseph's College, St. Joe's was a member of the conference from at least the 1949-50 academic year and remained until 1973-74 when 11 larger schools departed to form the East Coast Conference. St. Joe's was in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1979-80 through 1981-82. The school became St. Joseph's University in 1980.

Shenandoah University – An affiliate member in MAC Commonwealth field hockey and Middle Atlantic Conference track & field from 2009-11.

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**Stevens Institute of Technology** – Stevens was represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and competed in the inaugural track and field championship the following day. The school was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Stevens is listed in official records as having held conference membership from at least 1946-47 through 1977-78. In addition, John A. Davis of Stevens was elected as the conference's first vice-president at the 1922 inception meeting in Philadelphia according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor. Stevens rejoined the MAC and MAC Freedom on July 1, 2019. They officially announced coming back to the conference on August 19, 2018.

**Stevenson University** – Stevenson joined the MAC Commonwealth and Middle Atlantic Conference in July 2012.

**Susquehanna University** – Susquehanna was represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Susquehanna has been a member since at least 1946-47 according to conference records. The university left the Middle Atlantic Conference in June 2007 to form the Landmark Conference. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

**Swarthmore College** – Swarthmore was represented at the very first gathering of the conference at Lafayette College on December 11, 1912. In addition, Swarthmore was represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and competed in the inaugural track and field championship the following day. The college was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. Swarthmore is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. Also, Samuel C. Palmer of Swarthmore was elected as the conference's first secretary-treasurer at the 1922 inception meeting in Philadelphia according to David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. In 1925, Dr. E. LeRoy Mercer of Swarthmore became MAC president. Dr. Mercer would later become a MAC leader when he returned as athletic director to his alma mater the University of Pennsylvania. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

**Temple University** – Temple was a member of the conference from at least the 1946-47 academic year and remained until 1973-74 when 11 larger schools departed to form the East Coast Conference. Temple remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1985-86.

**Union College** – The only record of an association between Union and the Middle Atlantic Conference can be found on page eight of David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that sometime after 1914, Union, along with several other institutions, became a member of the conference.

**University of Delaware** – Delaware at the very least was an official member from 1945-46 through 1973-74 when they departed with 10 other larger schools to form the East Coast Conference. They remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1974-75 through 1990-91. Delaware was also represented at the inception meeting of the Middle Atlantic States Collegiate Athletic Conference on April 23, 1922 and, as such, is sometimes listed as one of the conference's original 13 members. MASCAC Newsletter, Vol. I, No. 2, April 5, 1947, pp. 1-2. Dr. E. LeRoy Mercer, conference secretary, editor.

**University of Pennsylvania** – Penn was an official member of the conference from 1946-47 through 1954-55 when they left in disagreement over the MAC's first official reorganization. However, the University remained in the conference for 25 years, 1955-56 through 1979-80, as an Associate Member (no voting, scheduling or championship participation rights). Penn's Dr. E. LeRoy Mercer, formerly of Swarthmore College, is credited in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987* as having been a "steadying influence" on the

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conference during some difficult periods. Eavenson goes so far as to state that, “without his guidance perhaps the MAC would never have been.” Mercer, while still at Swarthmore, was elected as president of the conference in 1925 and, beginning when conference records resume in 1946, was listed as secretary-treasurer from 1946-47 through 1952-53. He was named an honorary life member, a conference first, in 1953. It is likely, based on Eavenson's history, that Mercer was involved with the conference from at least 1925 through 1953.

The University of Scranton – Scranton has been an official member since at least the 1945-46 academic year. The university left the Middle Atlantic Conference in June 2007 to form the Landmark Conference.

Upsala College – Upsala was an official member of the conference from 1960-61 through 1994-95. At that time, Upsala was forced to close its doors due to financial exigencies.

Ursinus College – Ursinus is listed in official records as having held conference membership from at least 1945-46 through 1992-93 when 10 schools departed to form the Centennial Conference. The college was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that although Ursinus was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922, they were one of five institutions that approved the original plan for the Middle Atlantic States Collegiate Athletic Conference.

Wagner College – Wagner was an official member of the conference from at least 1946-47 through 1974-75.

Washington & Jefferson College – Washington & Jefferson's sole appearance among conference records is in 1913. The school was represented at the first annual meeting of the Middle Atlantic States Collegiate Athletics Association on May 16, 1913 and likely competed in the inaugural track and field championship the following day.

Washington College – Washington is listed in official records as having held conference membership from at least 1946-47 through 1992-93 when 10 schools departed to form the Centennial Conference.

West Chester University – Formerly West Chester State College and West Chester State Teacher's College, West Chester at the very least was an official member from 1946-47 through 1973-74 when they departed with 10 other larger schools to form the East Coast Conference. They remained in the conference as an Associate Member (no voting, scheduling or championship participation rights) from 1976-77 (two-year hiatus) through 1990-91. The school became West Chester University in 1986.

Western Maryland College (now McDaniel) – Western Maryland is listed in official records as having held conference membership from at least 1946-47 through 1992-93 when 10 schools departed to form the Centennial Conference.

Widener University – Formerly Pennsylvania Military College and Widener College, Widener has been an official member since at least the 1946-47 academic year. The university is currently a member of the MAC Commonwealth and Middle Atlantic Conference. The college was also discussed in David B. Eavenson's 1987 *History of the Middle Atlantic States Collegiate Athletic Conference, 1912-1987*. Eavenson wrote that although Widener was not represented as one of 13 colleges and universities in attendance at the inception meeting of the conference in 1922, they were one of five institutions that approved the original plan for the Middle Atlantic States Collegiate Athletic Conference. The school became Widener University in 1983.

Wilkes University – Formerly Wilkes College, Wilkes has been a member of the conference since at least 1946-47 according to conference records. The university is currently a member of the MAC Freedom and Middle Atlantic Conference. The school became Wilkes University in 1990. Wilkes departed for the Landmark Conference on July 1, 2023.

York College of Pennsylvania – Became an official member of the MAC and MAC Commonwealth on July 1, 2020. York (Pa.) officially announced it was joining the MAC on April 2, 2019.

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### A Historical Timeline of Key Events in the Middle Atlantic Conference

- December 11, 1912 Delegates from nine colleges and universities meet at Lafayette College and form the Middle Atlantic States Collegiate Athletics Association (MASCAA). It is initially organized as a track association.
- May 16, 1913 The Association holds the first annual track meeting, again at Lafayette College.
- May 17, 1913 The Association hosts the first annual track meet at Lafayette College.
- 1917 The Association elects the first Secretary-Treasurer of the conference. Frank C. Garwood of Franklin & Marshall College is the first to hold the office.
- April 23, 1922 The Middle Atlantic States Collegiate Athletic Conference is officially organized in Philadelphia, Pa. Thirteen institutions attended and are often recognized as original members of the conference. Five additional institutions that were not represented at the meeting also approved the original plan. Dean Howard McClenahan of Princeton is named the first MAC President.
- 1925 Dr. E. LeRoy Mercer of Swarthmore, and later of the University of Pennsylvania, takes over the reins of president. He would later become Secretary-Treasurer during his 30+ years of association with the conference in an official capacity. The first MAC Executive Committee, the conference's chief administrative group for several decades, was also formed.
- 1946 Official conference records resume; Gurney F. Afflerbach of Muhlenberg is now president.
- December 6 & 7, 1949 The MAC celebrates at the 25th annual meeting. It is noted that there are 32 member institutions - the largest conference in the country holding membership in the National Collegiate Athletic Association.
- 1956-57 First full year of operation under the reorganized MAC structure whereby active members must schedule 50 percent of the membership and 15 different schools within a three-year period. Also, conference championships are established in cross country, wrestling, swimming, fencing, tennis, golf and track replacing association championships.
- 1957-58 Leagues are established in soccer, basketball, baseball and tennis. The conference has 37 member institutions (including associate memberships) divided into two divisions; 12 members form the University Division and 25 members form the College Division.
- 1964 The NCAA implements the 1.6 Rule in an attempt to enable colleges and universities to establish freshman eligibility for athletic scholarships. The rule would prove to be a sore spot among conference membership. This paved the way for freshman participation.
- 1971 The NCAA permits freshman eligibility for varsity competition. Freshman eligibility had long been a major area of contention for conference schools; however, the passage of this legislation did not entirely mitigate the problem among conference members.
- 1972 Congress enacts Title IX which eventually led to the inclusion of women's athletics as an integral participant in all areas of the MAC. Many conference members had long-running women's programs though they did not participate in either leagues or championships.
- June 4-6, 1974 The first major schism to be focused on this study occurs when the MAC University Division, comprised of 12 members, loses 11 members who leave to form their own conference (East

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Coast Conference). American, Bucknell, Delaware, Drexel, Lafayette, LaSalle, Lehigh, Rider, St. Joseph's, Temple and West Chester all leave. Gettysburg, which opts to join the College Division, is the only University Division institution to remain.

- 1975-76 Though there is no formal league structure yet, the MAC sponsors women's championships for the first time in field hockey, volleyball, basketball, swimming and tennis.
- March 1976 MAC presidents and athletic directors meet to discuss the growing problem in football. As a result, the North and South alignment was continued. It was also determined at this meeting that women's athletics would now be an integral part of the conference and that the MAC would be fully associated with NCAA Division III.
- 1977 Women become members of the MAC Executive Committee for the first time.
- December 18, 1978 David B. Eavenson is named as the first full-time Executive Director of the MAC - 30 years after the position was first discussed.
- May 11, 1981 Messiah became the last school admitted to the MAC before another moratorium was placed on membership.
- June 4, 1981 Keith Spalding, president of Franklin & Marshall College, announced that eight schools would be leaving the MAC in football to form a new conference. Dickinson, Franklin & Marshall, Gettysburg, Johns Hopkins, Muhlenberg, Swarthmore, Ursinus, and Western Maryland all left to form the Centennial Football Conference.
- 1986 Dr. Carol Fritz, Associate Athletic Director at Western Maryland College, was the first woman elected conference president.
- 1988 The Conference entered a new era with the selection of Nathan Salant as its first full time Executive Director with his office at Widener University.
- April 29, 1992 Gordon A. Haaland, president of Gettysburg College, announced that the eight Centennial Football Conference schools, as well as Haverford and Washington, would break from the MAC to form the all-sports Centennial Conference. Bryn Mawr was later added bringing the conference to 11 members on the women's athletics side.
- October 1, 1993 The Middle Atlantic Conference hired its first female Executive Director; Linda E. Hopple, who served through May 2000. She relocated the conference office to Lebanon Valley College. Brad Epps, Jim Miller, and Michael Downey served as her assistants.
- 1999 Spurred by changes in the NCAA championship structure, the MAC formed with three conferences – Freedom, Commonwealth, and Middle Atlantic.
- May 8, 2000 Kenneth W. Andrews replaces Linda Hopple as Executive Director. Michael Downey, Roger McAfee, and Katie Imes work as assistants to the Executive Director, focusing on conference sports information.
- May 9, 2006 Arcadia University and Manhattanville College accept membership in the MAC Freedom and Middle Atlantic Conference, effective July 1, 2007.
- May 6, 2007 Eastern University, Misericordia University, and Alvernia University join the MAC Freedom and Middle Atlantic Conference, effective July 1, 2008.

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- July 2007 Lycoming moves from MAC Freedom to MAC Commonwealth.
- July 2008 Arcadia moves from MAC Freedom to MAC Commonwealth.
- September 1, 2008 The MAC develops a new logo and launches a new web site.
- July 2009 Alvernia moves from MAC Freedom to MAC Commonwealth.
- July 2011 Marie (Godwin) Stroman, originally hired as an intern to coordinate MAC 100, receives a NCAA Matching Alliance Grant and is named Associate Executive Director in July 2013.
- July 2012 Hood College and Stevenson University accept membership in the MAC Commonwealth and Middle Atlantic Conference, effective July 1, 2012.
- September 2012 Pat Ross is hired as MAC Director of Media Relations.
- June 2014 The conference office moves from the former Lebanon Valley College property to private office space on West Main Street in Annville.
- October 13, 2014 Jonathan Hower assumes the position of Director of Media Relations.
- October 13, 2016 The MAC announced the addition of men's and women's ice hockey and men's volleyball as conference sports to begin competing in 2017-18.
- May 9, 2018 Manhattanville announced its departure from the MAC and back to the Skyline Conference following the 2018-19 year. (Left officially on June 30, 2019)
- August 15, 2018 MAC announced the addition of Stevens Institute of Technology as its 17th member. Stevens to officially become member on July 1, 2019 (First year to be 2019-20).
- April 2, 2019 MAC announced the addition of York College of Pennsylvania as its 18th member. York (Pa.) to officially become member on July 1, 2020 (First year to be 2020-21).
- May 7, 2019 MAC announces realignment plans for the 2020-21 season with the addition of York (Pa.). Arcadia and Lycoming will move to the MAC Freedom, and Eastern will join York (Pa.) in the MAC Commonwealth for a nine/nine split.
- June 10, 2019 Kenneth W. Andrews announced his plans to retire after the conclusion of the 2019-20 academic year (Officially on June 30, 2020).
- July 1, 2019 Stevens officially begins membership in the Middle Atlantic Conference and Middle Atlantic Conference Freedom (MAC Freedom).
- July 19, 2019 Erin Dwyer hired as the MAC Assistant Director through NCAA Division III Internship Grant. (Dwyer official began working on August 5, 2019)
- July 23, 2019 MAC launches new brand campaign including new visual identity, key messages and slogan: "Bring Your Best"
- February 18, 2020 Megan Morrison named the MAC's fifth Executive Director (Morrison will resume duties on July 6, 2020).

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- March 16, 2020    MAC cancels all athletic events through the remainder of the academic year due to the COVID-19 pandemic. There were no spring sport champions crowned or major awards given. The NCAA also canceled its winter and spring championships.
- July 1, 2020    York (Pa.) officially begins membership in the Middle Atlantic Conference and Middle Atlantic Conference Commonwealth (MAC Commonwealth). Eastern moves to MAC Commonwealth; Arcadia and Lycoming move back to MAC Freedom.
- July 6, 2020    Megan Morrison begins duties as MAC Executive Director.
- September 24, 2020    MAC suspends competition through December 31, 2020 due to COVID-19 pandemic. [Announcement](#)
- January 26, 2021    MAC announces plans to return to play with basketball beginning Feb. 11, 2021. Condensed cross-conference/conference-only season. Championship crowned, awards given. No NCAA Championships conducted.
- February 8, 2021    MAC announces plans to return to play in men's volleyball beginning Feb. 24, 2021. Condensed conference-only season. Championship crowned, awards given. NCAA Championships were conducted.
- February 18, 2021    MAC announces plans to return to play in all spring sports beginning on March 6, 2021. Condensed cross-conference/conference-only season. Championship crowned, awards given. NCAA Championships were conducted.
- March 22, 2021    MAC announces plans for a shortened non-traditional segment of games for fall sports to be conducted between March 27 - April 28.
- April 25, 2023    Bryton Curtis begins duties as MAC Associate Executive Director of Championships and Sport Administration
- July 1, 2023    Lycoming College and Wilkes University depart the MAC/MAC Freedom for the Landmark Conference. Lebanon Valley College moves from MAC Commonwealth to MAC Freedom.
- July 24, 2023    Jalon Avent begins duties as MAC Associate Executive Director for Communications.
- August 7, 2023    Jenna Dickey begins duties as MAC Assistant Executive Director of Strategic Initiatives and Operations.
- September 1, 2023    MAC announces it will sponsor men's and women's ice hockey as an NCAA automatic qualification sport beginning in 2024-25.

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### Executive Directors

December 18, 1978 - 1988	David B. Eavenson
1988 - 1993	Nathan Salant
October 1, 1993 – May 2000	Linda Hopple
May 8, 2000 – June 30, 2020	Kenneth W. Andrews
July 6, 2020 – Present	Megan Morrison