

2002-03 Middle Atlantic Corporation Year in Review -- Men's Indoor Track

2003 Middle Atlantic Conference Championship At James W. Garrett Sports Complex Selinsgrove, Pa. (Susquehanna University)

1. Elizabethtown	127
2. Moravian	92
3. Widener	80
4. Susquehanna	73
5. Messiah	45
6. Lebanon Valley	40
7. DeSales	34
8. Juniata	29
9. Albright	7
10. Delaware Valley	0

Most Outstanding Performer: Joe Moore, Moravian

Middle Atlantic Conference Championship Results

55 Meter Dash

1. Joe Moore (Moravian)	6.65
2. Tom Kuhn (Lebanon Valley)	6.76
3. Doayne Sumner (Lebanon Valley)	6.76
4. Ben Enders (Susquehanna)	6.92
5. Joe Thomas (DeSales)	6.99
6. Kyle Sanders (Susquehanna)	7.81

200 Meter Dash

1. Joe Moore (Moravian)	22.82
2. Scott Silvoy (Moravian)	23.06
3. Ryan Flynn (Widener)	23.15
4. Aaron Lyle (Elizabethtown)	23.41
5. Jason Jenkins (Widener)	23.46
6. Kyle Sanders (Susquehanna)	23.55

400 Meter Dash

1. Scott Silvoy (Moravian)	50.05
2. Lou Corominas (DeSales)	50.25
3. Ben Mellish (Lebanon Valley)	50.45
4. Kyle Sanders (Susquehanna)	51.11
5. Doe Slanger (Widener)	51.37
6. Darren DeAngelis (Elizabethtown)	51.97

800 Meter Run

1. Greg Wetzel (Elizabethtown)	1:58.32
2. Sean Mulcahy (Elizabethtown)	1:59.39
3. Shane Cartwright (Susquehanna)	1:59.85
4. John Walsh (DeSales)	2:00.17
5. Michael Zwatty (Elizabethtown)	2:00.78
6. Dan Hennessy (Widener)	2:00.88

1500 Meter Run

1. Steve Sanko (Elizabethtown)	4:00.53
2. Sean Mulcahy (Elizabethtown)	4:01.24
3. Matt Doumaux (Widener)	4:05.99
4. Bobby Dressler (Messiah)	4:07.16
5. Matt Rockwell (Elizabethtown)	4:07.37
6. Ryan Sheppard (DeSales)	4:09.36

5000 Meter Run

1. Steve Sanko (Elizabethtown)	15:07.44
2. Dustin Scott (Elizabethtown)	15:11.47
3. Matt Enders (Widener)	15:14.64
4. Ed Doreau (Messiah)	15:28.95
5. David Macharia Yuo (Widener)	15:34.31
6. Mike Vidumsky (DeSales)	15:39.90

Middle Atlantic Conference Championship Results

55 Meter Hurdles

1. Dusty Lehr (Juniata)	7.82
2. Jordan Newell (Lebanon Valley)	7.92
3. Rennie Mills (Widener)	7.97
4. Derrick Washington (Elizabethtown)	8.07
5. Steve Voss (Messiah)	8.12
6. Aaron Fairbanks (Susquehanna)	8.13

4x200 Meter Relay

1. Widener	1:32.54
(Ryan Flynn, Jason Jenkins, Tyreak Saviour, Doe Slanger)	
2. Susquehanna	1:33.18
(Kyle Sanders, Ben Enders, Brad Riedl, Jason Warner)	
3. Moravian	1:33.28
(Joe Moore, Grant Curry, Eric Paul, Scott Silvoy)	
4. Lebanon Valley	1:33.64
(Tom Kuhn, Doayne Sumner, Mitch Nyman, Ben Mellish)	
5. Elizabethtown	1:34.60
(Aaron Lyle, Darren DeAngelis, Al Uliana, Derrick Washington)	
6. Albright	1:35.55
(Josh Madkins, Matt Yoder, Kevin Bliss, Bona Sumner)	

4x400 Meter Relay

1. Widener	3:31.56
(Doe Slanger, Ryan Flynn, Jason Jenkins, Tyreak Saviour)	
2. DeSales	3:31.62
(James Van Dien, Bryan McGuire, Greg Cardullo, Lou Corominas)	
3. Susquehanna	3:33.57
(Daren Lake, Sean Capkin, Aaron Fairbanks, Kyle Sanders)	
4. Messiah	3:35.78
(Steve Voss, Stephen MacDonald, Ryan Harris, Chris Mikaya)	
5. Elizabethtown	3:36.46
(Darren DeAngelis, Jason Patterson, Robert Hickox, Al Uliana)	
6. Juniata	3:37.34
(Dusty Lehr, Nick Wolfe, Jeremy Lampert, Chris Sheaffer)	

4x800 Meter Relay

1. Elizabethtown	8:07.03
(Nate Moore, Greg Wetzel, Michael Zwatty, Sean Mulcahy)	
2. DeSales	8:19.50
(Tom Pescatore, Ryan Sheppard, John Walsh, Rick Carminati)	
3. Moravian	8:29.41
(Greg Rarick, Joe Grady, Patrick Grogan, Sean McDonnell)	
4. Widener	8:34.23
(T.J. Coll, Dan Hennessy, Kevin Cunningham, Paul Little)	
5. Susquehanna	8:39.08
(Leif Kauffman, Steve Romberger, Anthony Losorelli, Pat Abello)	
6. Messiah	8:41.97
(Bobby Dressler, John Myers, Adam Eppler, Micah Fickett)	

Distance Medley

1. Elizabethtown	10:43.70
(Chris Williams, Mike Galli, Nick Patterson, Jose Miranda)	
2. Widener	10:45.22
(Kevin Cunningham, John Boyle, T.J. Coll, Paul Little)	
3. Moravian	10:49.39
(Joe Grady, Eric Paul, Sean McDonnell, Greg Rarick)	
4. Messiah	10:51.49
(Brandon Newbould, Ryan Harris, Ed Doreau, Josh Evans)	
5. DeSales	11:02.33
(John Henry, Bryan McGuire, Tom Pescatore, Frank Campbell)	
6. Juniata	11:07.04
(Chris Sheaffer, Nick Wolfe, Jeremy Lampert, Justin Fritzius)	

High Jump

1. Jason Patterson (Elizabethtown)	6-04.00 (1.93m)
2. Chris Mikaya (Messiah)	6-04.00 (1.93m)
3. Jordan Newell (Lebanon Valley)	6-04.00 (1.93m)
4. Dusty Lehr (Juniata)	6-02.00 (1.87m)
5. Keith Miller (Messiah)	6-02.00 (1.87m)
6. Adam Loser (Juniata)	6-00.00 (1.82m)

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Middle Atlantic Conference Championship Results

Pole Vault

1. Rob Daniele (Susquehanna)	14-09.00 (4.49m)
2. Dusty Lehr (Juniata)	13-06.00 (4.11m)
3. Joe Moses (Elizabethtown)	13-06.00 (4.11m)
4. Michael El Kazzaz (Moravian)	13-06.00 (4.11m)
5. Eric Bennett (Elizabethtown)	13-00.00 (3.96m)
6. Casey Hoffman (Moravian)	13-00.00 (3.96m)

Long Jump

1. Joe Moore (Moravian)	7.18m (23-06.75)
2. Hylton Kipe (Messiah)	7.05m (23-01.75)
3. Jason Patterson (Elizabethtown)	6.89m (22-07.25)
4. Grant Curry (Moravian)	6.79m (22-03.50)
5. Scott Haldeman (Susquehanna)	6.59m (21-07.50)
6. Duane Park (Susquehanna)	6.54m (21-05.50)

Triple Jump

1. Jason Patterson (Elizabethtown)	14.57m (47-09.75)
2. Hylton Kipe (Messiah)	13.99m (45-10.75)
3. Scott Haldeman (Susquehanna)	13.84m (45-05.00)
4. Jeremy Weber (Juniata)	12.99m (42-07.50)
5. Derrick Washington (Elizabethtown)	12.44m (40-09.75)
6. Duane Park (Susquehanna)	12.34m (40-06.00)

Shot Put

1. John Rauer (Widener)	14.10m (46-03.25)
2. Mike Sobotor (Susquehanna)	13.78m (45-02.50)
3. William Shue (Albright)	13.72m (45-00.25)
4. Matt Hill (Susquehanna)	13.13m (43-01.00)
5. Tom Kuhn (Lebanon Valley)	13.12m (43-00.50)
6. John Lesoine (Moravian)	13.11m (43-00.25)

Weight Throw

1. Matt Bowers (Moravian)	15.27m (50-01.25)
2. Matt Hill (Susquehanna)	14.48m (47-06.25)
3. John Lesoine (Moravian)	14.44m (47-04.50)
4. Clayton Devine (Widener)	14.27m (46-10.00)
5. Jeff Shahan (Widener)	14.02m (46-00.00)
6. John DiSabatino (Widener)	13.61m (44-08.00)

NCAA Championship At Indoor Tennis and Track Center Greencastle, Ind. (DePauw University)

1. Wis.-La Crosse	71.0
2. Wis.-Oshkosh	34.0
3. Nebraska Wesleyan	27.0
4. Gustavus Adolphus	23.0
5. College of New Jersey	22.0
6. McMurry	16.5
7. Wis.-Stevens Point	15.0
7. Trinity (Conn.)	15.0
7. Duquesne	15.0
10. Wheaton (Mass.)	12.0
10. Muhlenberg	12.0
10. Monmouth (Ill.)	12.0
10. Keene State	12.0
16. Moravian	10.0
52. Elizabethtown	2.0

NCAA Championship Results

Long Jump Round 1, Flight 1

1. Danny Donaldson (Greenville)	22'8" (6.91m)
2. Joe Moore (Moravian)	22'7.75" (6.90m)
3. Blake Gulino (Springfield)	22'5.75" (6.85m)
4. Derek McGough (Rensselaer)	22'4.5" (6.82m)
5. Hylton Kipe (Messiah)	21'11.75" (6.70m)
6. Todd Bjerkaas (Washington, Mo.)	21'4.75" (6.52m)

Long Jump Final

1. Joe Moore (Moravian)	23'5.5" (7.15m)
2. Herc Hyland (Wis.-La Crosse)	22'8" (6.91m)
3. Danny Donaldson (Greenville)	22'8" (6.91m)
4. Blake Gulino (Springfield)	22'5.75" (6.85m)
5. Karim Cockrell (College of New Jersey)	22'5.25" (6.84m)

NCAA Championship Results

Long Jump Final

6. Kolade Agbaje-Williams (Lawrence)	22'5" (6.83m)
7. Derek McGough (Rensselaer)	22'4.5" (6.82m)
8. Kevin Dixon (Defiance)	22'4.5" (6.82m)
9. Hylton Kipe (Messiah)	21'11.75" (6.70m)

Triple Jump Round 1, Flight 1

1. Matt Mertz (Christopher Newport)	47-6 1/2 (14.49m)
2. DeAndre Bovan (Dubuque)	47-2 1/2 (14.39m)
3. Jason Patterson (Elizabethtown)	46-9 1/2 (14.26m)
4. Adeoye Mabogunje (Chicago)	46-5 1/2 (14.16m)
4. Chris Walters (Wis.-La Crosse)	46-5 1/2 (14.16m)
6. Ken Myers Jr. (Gallaudet)	43-10 1/2 (13.37m)

Triple Jump Final

1. Lee Seeberger (Nebraska Wesleyan)	48-10 (14.88m)
2. Dwaine Alleyne (Rensselaer)	48-5 1/4 (14.76m)
3. Matt Mertz (Christopher Newport)	47-6 1/2 (14.49m)
4. DeAndre Bovan (Dubuque)	47-2 1/2 (14.39m)
5. Aaron Henderson (Wis.-Whitewater)	46-11 3/4 (14.32m)
6. Ifeanyi Ani (McDaniel)	46-9 1/2 (14.26m)
7. Jason Patterson (Elizabethtown)	46-9 1/2 (14.26m)
8. Adeoye Mabogunje (Chicago)	46-5 1/2 (14.16m)
9. Chris Walters (Wis.-La Crosse)	46-5 1/2 (14.16m)

NCAA All-American

Joe Moore, Moravian	Long Jump
Jason Patterson, Elizabethtown	Triple Jump

Middle Atlantic Conference Top Performances

55m Dash

1. Moore, Joe (Moravian)	6.60
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200m Dash

1. Moore, Joe (Moravian)	22.82
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400m Dash

1. 50.05 Silvoy, Scott (Moravian)	50.05
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800m Run

1. Mulcahy, Sean (Elizabethtown)	1:58.10
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1500m Run

1. Sanko, Steve (Elizabethtown)	3:58.30
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3000m Run

1. 8:50.05 Little, Paul (Widener)	8:50.05
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5000m Run

1. Gleason, Ryan (Susquehanna)	15:09.16
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55m Hurdles

1. Lehr, Dusty (Juniata)	7.74
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High Jump

1. Loser, Adam (Juniata)	6-06.00 (1.98m)
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Pole Vault

1. Daniele, Rob (Susquehanna)	14-09.00 (4.49m)
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Long Jump

1. Moore, Joe (Moravian)	7.38m (24-02.50)
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Triple Jump

1. Patterson, Jason (Elizabethtown)	14.57m (47-09.75)
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Shot Put

1. Rauer, John (Widener)	14.10m (46-03.25)
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Weight Throw

1. Bowers, Matt (Moravian)	15.27m (50-01.25)
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Pentathlon

1. Fairbanks, Aaron (Susquehanna)	3068
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2002-03 Middle Atlantic Corporation Year in Review

Middle Atlantic Conference All-Academic

Tim Zentz (JUN) Indoor Track
Jeremey Weber (JUN)..... Indoor Track
Dave Bowser (JUN)..... Indoor Track
Josh Martin (LVC)..... Indoor Track
Jordan Newell (LVC) Indoor Track
Mitch Nyman (LVC) Indoor Track
Jeremy Rea (LVC)..... Indoor Track
Jonn Abshire (DSU)..... Indoor Track
Rick Carminati (DSU) Indoor Track
Mike Dinan (DSU)..... Indoor Track
Ryan Gingrich (DSU)..... Indoor Track
Kevan Haas (DSU)..... Indoor Track
John Henry (DSU) Indoor Track
Joe Ryan (DSU) Indoor Track
Ryan Sheppard (DSU)..... Indoor Track
Russ Susko (DSU) Indoor Track
Ed Doreau (MESS)..... Indoor Track
Josh Evans (MESS) Indoor Track
Ben Fugate (MESS) Indoor Track
Hylton Kipe (MESS)..... Indoor Track
Stephen MacDonald (MESS) Indoor Track
Joshua Martin (MESS) Indoor Track
Keith Miller (MESS) Indoor Track
Brandon Newbould (MESS) Indoor Track
Rob Poiesz (MESS)..... Indoor Track
Steve Voss (MESS)..... Indoor Track
Brad Wanamaker (MESS) Indoor Track
Danny Wicks (MESS) Indoor Track
Anthony Bisti (MOR)..... Indoor Track
John Lesoine (MOR) Indoor Track
Eric Paul (MOR) Indoor Track
Scott Silvoy (MOR) Indoor Track
Scott Williams (MOR) Indoor Track
Matt Doumaux (WID)..... Indoor Track
Matt Enders (WID) Indoor Track
Dave Olszewski (WID)..... Indoor Track
Pat Abello (SUS) Indoor Track
Jeremy Apgar (SUS) Indoor Track
Ben Enders (SUS) Indoor Track
Aaron Fairbanks (SUS) Indoor Track
Ryan Gleason (SUS) Indoor Track
Steve Romberger (SUS)..... Indoor Track
Andy Klinsiek (ALB) Indoor Track
Matt Long (ALB) Indoor Track
Joe Sarno (ALB) Indoor Track