

2003-04 Middle Atlantic Corporation Year in Review -- Women's Indoor Track

2004 Middle Atlantic Conference Championship At James W. Garrett Sports Complex Selinsgrove, Pa. (Susquehanna University)

1. Moravian	146
2. Elizabethtown	92
3. Susquehanna	82
4. Messiah	60
5. Widener	46
6. DeSales	30
7. Juniata	24
8. Lebanon Valley	20
9. Albright	16
10. Delaware Valley	11

Most Outstanding Performer: Carrie Kerna, Elizabethtown

Rookie of the Year: Suzanne Tamlyn, Moravian

Coach of the Year: Doug Pollard, Moravian

Middle Atlantic Conference Championship Results

55 Meter Dash

1. Recker, Erin (MOR)	7.32
2. Tamlyn, Suzanne (MOR)	7.36
3. Minnig, Jen (SUS)	7.41
4. Gaillard, Monique (WID)	7.48
5. Rotzell, Kirsten (MOR)	7.52
6. Lichti, Erin (ETOWN)	7.60

200 Meter Dash

1. Tamlyn, Suzanne (MOR)	26.28
2. Day, Nicole (WID)	26.31
3. Gaillard, Monique (WID)	26.86
4. Recker, Erin (MOR)	26.97
5. Kerna, Carrie (ETOWN)	26.97
6. Minnig, Jen (SUS)	27.15

400 Meter Dash

1. Fairley, Lakeisha (ALB)	59.60
2. Lepley, Emily (SUS)	59.94
3. Burroughs, Betsy (ETOWN)	1:00.71
4. Lockman, Jen (SUS)	1:01.54
5. Hilker, Kelly (LVC)	1:02.18
6. Steadman, Amelia (MESS)	1:03.78

800 Meter Run

1. Lucrezi, Gina (DSU)	2:17.61
2. Amato, Elena (JUN)	2:22.86
3. Hostetter, Jodie (MESS)	2:25.44
4. Bolduc, Jordan (SUS)	2:25.67
5. Smith, Kellie (MOR)	2:26.17
6. Matta, Heather (SUS)	2:26.50

1500 Meter Run

1. Lucrezi, Gina (DSU)	4:41.12
2. St Clair, Melissa (ETOWN)	4:50.01
3. McGarvie, Heather (MOR)	5:02.15
4. Trabulsi, Grace (MESS)	5:05.64
5. Matta, Heather (SUS)	5:08.17
6. Glunt, Katey (JUN)	5:13.39

5000 Meter Run

1. Mullins, Chelsea (MOR)	19:03.55
2. Frye, Danielle (ETOWN)	19:04.83
3. Plissey, Susan (MESS)	19:11.34
4. Hayes, Nancy (JUN)	19:20.24
5. Matticola, Chrissy (ALB)	19:30.28
6. Deihl, Erin (ETOWN)	19:30.33

Middle Atlantic Conference Championship Results

55 Meter Hurdles

1. Kerna, Carrie (ETOWN)	8.21
2. Lepley, Emily (SUS)	8.44
3. Rotzell, Kirsten (MOR)	8.63
4. Benny, Margaret (MOR)	8.84
5. Day, Nicole (WID)	8.99
6. Gaillard, Monique (WID)	9.36

4x200 Meter Relay

1. Susquehanna	1:48.88	(Jen Minnig, Liz Harker, Ashley Eyster, Jen Lockman)
2. Widener	1:48.90	(Monique Gaillard, Nicole Day, Laura Hughes, Williametta Simmons)
3. Moravian	1:49.15	(Suzanne Tamlyn, Amy Reehill, Margaret Benny, Erin Recker)
4. Messiah	1:51.65	(Uma Allimuthu, Julie Griffith, Jessica Mohr, Ashley Beck)
5. Lebanon Valley	1:54.46	(Jamie Reynolds, Kelly Hilker, Bonnie Susan, LaToya Stewart)
6. DeSales	1:56.49	(Lauren McGarity, Stacy Voegeli, Bridget Daniels, Eileen Lavele)

4x400 Meter Relay

1. Elizabethtown	4:13.27	(Betsy Burroughs, Erin Lichti, Lori Havrilak, Carrie Kerna)
2. Susquehanna	4:13.63	(Jen Lockman, Jen Lowther, Jess Pettengill, Emily Lepley)
3. Messiah	4:16.13	(Jodie Hostetter, Amelia Steadman, Rebekah Becker, Ashley Beck)
4. Moravian	4:18.51	(Rebecca Moore, Kathleen McCarron, Margaret Benny, Amy Reehill)
5. Juniata	4:27.51	(Elena Amato, Lynzee Alworth, Juliana Hillegass, Misty Heuston)
6. DeSales	4:32.03	(Kate McNally, Bridget Daniels, Lauren McGarity, Eileen Lavele)

4x800 Meter Relay

1. Elizabethtown	10:04.70	(Kim Whalen, Amanda Santore, Julie Torchia, Melissa St Clair)
2. Susquehanna	10:12.96	(Jordan Bolduc, Kristi Koch, Meghan Johnson, Heather Matta)
3. DeSales	10:17.75	(Kate Billings, Sarah Butler, Sue Kurilla, Gina Lucrezi)
4. Moravian	10:20.88	(Heather McGarvie, Stephanie Beitler, Kellie Smith, Jessica Santiago)
5. Messiah	10:26.66	(Erin Weaner, Caroline Simmons, Susan Plissey, Marissa Brown)
6. Juniata	11:00.73	(Katey Glunt, Sarah Bay, Carol Longenecker, Lia Bella)

Distance Medley

1. Elizabethtown	12:55.07	(Amanda Santore, Kristin Lander, Julie Torchia, Melissa St Clair)
2. Messiah	13:01.81	(Jessica Martinson, Rebekah Becker, Jodie Hostetter, Susan Plissey)
3. Moravian	13:03.41	(Kellie Smith, Amy Reehill, Stephanie Beitler, Chelsea Mullins)
4. Juniata	13:16.91	(Katey Glunt, Juliana Hillegass, Elena Amato, Nancy Hayes)
5. DeSales	13:56.19	(Pam Mazzola, Lauren McGarity, Kate Billings, Desi Symons)
6. Widener	14:25.11	(Laura Hughes, Carlyn Casalvera, Danielle Stein, Sara Goodwin)

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Middle Atlantic Conference Championship Results

High Jump

1. Kerna, Carrie (ETOWN)	5-04.00
2. Stewart, LaToya (LVC)	5-02.00
3t. Boggess, Lynsey (MOR)	5-02.00
3t. Barnett, Shannon (SUS)	5-02.00
5. Sundberg, Kirsten (SUS)	5-02.00
6. Penn, Kristen (DVC)	4-10.00

Pole Vault

1. Weaner, Erin (MESS)	10-00.00
2t. Wagner, Amy (LVC)	10-00.00
2t. Moore, Rebecca (MOR)	10-00.00
4. Hurtack, Leanne (SUS)	9-06.00
5. Mohr, Jessica (MESS)	9-00.00
6. Mason, Jennifer (MESS)	9-00.00

Long Jump

1. Rotzell, Kirsten (MOR)	5.49m
2. McCarron, Kathleen (MOR)	5.21m
3. Simmons, Williamet (WID)	5.20m
4. Moser, Casey (ETOWN)	5.00m
5. Allimuthu, Uma (MESS)	4.97m
6. Kennedy, Kelly (SUS)	4.92m

Triple Jump

1. Rotzell, Kirsten (MOR)	11.27m
2. Allimuthu, Uma (MESS)	10.89m
3. Moser, Casey (ETOWN)	10.86m
4. McCarron, Kathleen (MOR)	10.83m
5. Simmons, Williamet (WID)	10.73m
6. Stewart, LaToya (LVC)	10.40m

Shot Put

1. Hester, Emily (DVC)	11.08m
2. Tinklepaugh, Kathryn (WID)	10.83m
3. Kent, Anna (ETOWN)	10.51m
4. Jensenius, Jacki (SUS)	10.45m
5. Troutman, Kira (JUN)	10.31m
6. Baillet, Tammy (MOR)	10.28m

Weight Throw

1. Anderson, Julie (MOR)	14.50m
2. Shaneberger, Stace (MOR)	13.35m
3. Jensenius, Jacki (SUS)	12.92m
4. Mulligan, Aileen (ALB)	12.74m
5. Denkovich, Andrea (JUN)	11.75m
6. Baillet, Tammy (MOR)	11.10m

NCAA Division III Championship At Kachel Fieldhouse Whitewater, Wis. (Wis.-Whitewater)

1. Wis.-Oshkosh	54.0
2. Wheaton (Mass.)	48.0
3t. Wis.-Stevens Point	42.0
3t. Bates	41.0
5. Wis.-Stout	24.0
6. Illinois Wesleyan	22.0
7t. Wilmington	20.0
7t. Carthage	18.0
7t. Amherst	18.0
10t. College of New Jersey	16
10t. McMurray	16
13. Elizabethtown	14
17t. DeSales	10

NCAA Championship Results

Long Jump Final

1. Darcell Edwards (McMurry)	18-7 1/4 (5.67m)
2. Kammie Holt (Washington, Mo.)	18-4 1/4 (5.59m)
3. Jennifer Stafslie (Wis.-Eau Claire)	18-3 (5.56m)
4. Laura Verdegan (Wis.-Stout)	18-1 (5.51m)
5. Erin Powell (Nebraska Wesleyan)	17-11 1/2 (5.47m)
6. Marquita Mines (Christopher Newport)	17-9 3/4 (5.43m)
7. Lucia Abel (North Park)	17-8 3/4 (5.40m)
8. Ashley Palmer (Lynchburg)	17-5 1/4 (5.31m)
9. Kirsten Rotzell (Moravian)	17-4 (5.28m)

Triple Jump Round 1, Flight 2

1. Doreen Nagawa (Wilmington)	39-5 (12.01m)q
2. Darcell Edwards (McMurry)	39-0 1/2 (11.90m)q
3. Katie Pettigrew (Luther)	37-6 (11.43m)q
4. Audrey Lumley-Sapanski (Williams)	37-3 1/4 (11.36m)q
5. Jennifer Stafslie (Wis.-Eau Claire)	37-2 1/2 (11.34m)q
6t. Lucia Abel (North Park)	36-11 (11.25m)
6t. Meredith Jones (Williams)	36-11 (11.25m)
8. Kirsten Rotzell (Moravian)	36-5 (11.10m)

1500m Final

1. Gina Lucrezi (DeSales)	4:39.78
2. Leah Herlache (Wis.-Stevens Pt.)	4:40.31
3. Megan Craig (Wis.-Stevens Pt.)	4:40.83
4. Marie Brandewiede (Rhodes)	4:40.92
5. Jenn Campbell (Williams)	4:41.87
6. Jessica Winter (Chicago)	4:42.71
7. Marta Scott (Geneseo St.)	4:42.90
8. Johanna Thomas (Mt. Holyoke)	4:47.34
9. Amanda Laytham (Ithaca)	4:56.23

5000m Final

1. Carter Hamill (Amherst)	16:46.63
2. Beth Vesey (TCNJ)	17:17.30
3. Melissa St. Clair (Elizabethtown)	17:18.19
4. Jackie Mulrooney (Wis.-Platteville)	17:18.75
5. Gina Morgan (Nebraska Wesleyan)	17:19.64
6. Kristin Igielski (Carroll)	17:21.81
7. Neoma Palmer (Bowdoin)	17:22.16
8. Julia Rudd (Wis.-La Crosse)	17:34.46
9. Elizabeth Brown (Trinity, Conn.)	17:39.38
10. Martha Buckley (M.I.T.)	18:03.05

55m Hurdles Round 1 Heat 1

1. Sheana Grigsby (Carthage)	8.12Q
2. Rebecca Peterson (St. Olaf)	8.32q
3. Aislinn Sowash (Haverford)	8.36q
4. Rachel Hutchins (Loras)	8.45q
5. Jessica Trombly (Tufts)	8.46
6. Emily Lepley (Susquehanna)	8.46
7. Sheena Berkley (Wis.-La Crosse)	8.51
8. Libby Hoffman (Otterbein)	8.51

55m Hurdles Final

1. Andria Gentile (Cortland St.)	8.41
2. Jennifer Stafslie (Wis.-Eau Claire)	8.36
3. Rebecca Peterson (St. Olaf)	8.32
4. Sheana Grigsby (Carthage)	8.12
5. Carrie Kerna (Elizabethtown)	8.30
6. Aislinn Sowash (Haverford)	8.36
7. Raegan Schultz (Central)	8.39
8. Rachel Hutchins (Loras)	8.45

NCAA All-American

Gina Lucrezi, DeSales	1500m
Melissa St. Clair, Elizabethtown	5000m
Carrie Kerna, Elizabethtown	55m Hurdles
Kirsten Rotzell, Moravian	Long Jump (HM)

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Middle Atlantic Conference All-Academic

Shannon Barnett, Susquehanna W. Track
Jordan Bolduc, Susquehanna W. Track
Amelia Davies, Susquehanna W. Track
Ashley Eyster, Susquehanna W. Track
Liz Harker, Susquehanna W. Track
Leanne Hurtack, Susquehanna W. Track
Jacki Jensenius, Susquehanna W. Track
Meghan Johnson, Susquehanna W. Track
Casey Kauffman, Susquehanna W. Track
Kristi Koch, Susquehanna W. Track
Jen Minnig, Susquehanna W. Track
Ellen Mull, Susquehanna W. Track
Nicole Reed, Albright W. Track
Dena Shibib, Albright W. Track
Deborah Delaney, Juniata W. Track
Katey Glunt, Juniata W. Track
Nancy Hayes, Juniata W. Track
Carol Longnecker, Juniata W. Track
Jennifer Marshalek, Juniata W. Track
Stefanie Rynkewitz, Juniata W. Track
Maria Welch, Juniata W. Track
Kate Billings, DeSales W. Track
Gina Lucrezi, DeSales W. Track
Lindsey Serfecz, DeSales W. Track
Jill Brobst, Elizabethtown W. Track
Betsy Burroughs, Elizabethtown W. Track
Danielle Frye, Elizabethtown W. Track
Liz Heppard, Elizabethtown W. Track
Anna Kent, Elizabethtown W. Track
Carrie Kerna, Elizabethtown W. Track
Ashley Klees, Elizabethtown W. Track
Kristin Lander, Elizabethtown W. Track
Erin Lichti, Elizabethtown W. Track
Casey Moser, Elizabethtown W. Track
Melissa St. Clair, Elizabethtown W. Track
Amanda Santore, Elizabethtown W. Track
Crystal Tracy, Elizabethtown W. Track
Kim Whalen, Elizabethtown W. Track
Lisa Landis, Lebanon Valley W. Track
Amy Wagner, Lebanon Valley W. Track
Julie Anderson, Moravian W. Track
Bryn Lipovsky, Moravian W. Track
Heather McGarvie, Moravian W. Track
Alicia Hernandez, Moravian W. Track
Alexis Vergalla, Moravian W. Track
Rebecca Moore, Moravian W. Track
Eileen Weber, Moravian W. Track
Jennifer Brief, Moravian W. Track
Chelsea Mullins, Moravian W. Track
Stephanie Beitler, Moravian W. Track
Kellie Smith, Moravian W. Track
Alison Stoyko, Moravian W. Track
Margaret Benny, Moravian W. Track
Lauren Bahnatka, Moravian W. Track
Sarah Muller, Moravian W. Track
Carlyn Casalvera, Widener W. Track
Sara Goodwin, Widener W. Track
Laura Hughes, Widener W. Track
Elizabeth James, Widener W. Track
Williametta Simmons, Widener W. Track